HNET Psychiatry

NSW GOVERNMENT Health
Hunter New England Local Health District

Psychotherapy Long Case Procedure

RELEVANT CONTACTS

Dr Nick Bendit, Specialist Coordinator of Training (Adult): nick.bendit@health.nsw.gov.au
Philippa Ditton-Phare, Medical Education Support Officer: philippa.dittonphare@health.nsw.gov.au

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IF YOU HAVE A PATIENT that is suitable for a psychotherapy long case with a training registrar, please follow these steps:

1. **Advise Nick Bendit that you have a patient available. Indicate whether there are any issues to be considered, such as gender etc.**

IF YOU ARE A TRAINING REGISTRAR that needs to take on a long case, please follow these steps:

1. **Advise Nick Bendit that you require a long case.**
2. **Nick Bendit will assign an appropriate case and supervisor to you when available.**

IF YOU WOULD LIKE TO BE ACCREDITED AS A PSYCHOTHERAPY SUPERVISOR, please follow these steps:

1. **Advise Nick Bendit by e-mail that you would like to be a psychotherapy supervisor and advise the following information:**
   - **What are your particular area/s of expertise in psychotherapy (e.g. CBT, DBT, Conversational model etc.)**
   - **What is the maximum number of cases could you supervise at any one time?**
   - **Who are you currently supervising for a long case?**

Please visit the HNET website at

www.hnehealth.nsw.gov.au/hnet

for lots of valuable information, including recommended reading and useful links.