



## FARMGATE SUPPORT PROGRAM

The Farmgate Support Program provides **free** emotional and mental health support to people living and working in rural & remote communities throughout the Hunter New England Local Health District.

### **We Travel To You**

Visits can be arranged on your farm, home or business OR any other place of convenience like your favourite coffee shop.

### **Who Can Get Help**

Anyone experiencing stress from drought, fires, floods, COVID or other hardships  
Farmers and farming families  
Front line workers/business providers  
Local Businesses  
Contract/seasonal workers

**0477 322 851**

**Email** [HNELHD-FarmgateSupport@health.nsw.gov.au](mailto:HNELHD-FarmgateSupport@health.nsw.gov.au)

**Monday to Friday 8.00am – 4.30pm**

