

Belmont Midwifery Group Practice Homebirth fact sheet

2022

Birth at home with the Belmont Midwifery Group Practice



Belmont Midwifery Group Practice

Belmont Midwifery Group Practice (BMGP) provides midwife-led continuity of care for well and healthy women.

Women who live within a 35 minute drive from John Hunter hospital have the opportunity to have a known midwife and to birth either at home or in a stand-alone birth centre at Belmont Hospital.

Homebirth

- Since our first homebirth on Christmas Day 2007 BMGP has been providing care for women to birth in their own home with the caring support of a midwife.

Approximately 70-100 families choose to birth at home each year, supported by BMGP midwives.

Belmont is the largest provider of homebirth services in the state of NSW.

Birthing at home has excellent evidence for safety and satisfaction.

Hunter New England Health and the NSW Government supports the provision of pregnancy and homebirth care by qualified midwives.

Who is it for?

- BMGP supports homebirth for well and healthy women.
- Homebirth is available whether this is your first baby or if you've birthed before.

Benefits of birthing at home:

- **Safety** - BMGP midwives work within guidelines that support best practice for safe birthing outcomes.
- You and your partner know your midwives.
- Evidence is clear that choosing to birth at home significantly reduces the rate of birth interventions such as a caesarean (C-section), induction of labour, having an epidural and instrumental birth.
- **Empowering** experience of being in your own birth space.
- **You don't have to go anywhere.** We will come to you for your birth.

Care for women is provided on an individualised basis. If you would like to consider a homebirth, or have any questions, please give us a call on 4923 2108

[Visit Facebook: Friends of Belmont for care & birth stories](#)

How do I access this service?

- Self-referral for Expression of Interest for care– just call us!
- GP referral is required for JHH first trimester ultrasound 10-12 weeks pregnant IMAP assessment

Phone: 02 4923 2108

Consumer reviewed resource

