

# HNELHD Nurse / Midwife Consultant Clinical Research Internship

*Are you interested in building your clinical research capacity?*

The Nurse / Midwife Consultant Clinical Research Internship is being led by the HNELHD Nursing & Midwifery Research Centre and will be delivered in partnership with academics from the University of Newcastle and University of New England. The Clinical Research Internship is particularly targeted towards CNC/CMCs working in HNELHD and the program will support successful applicants in building research skills and literacy through participation in applied clinical research and mentoring. Research interns will develop their skills in researching clinical practice issues, translational research methods and implementation science. Interns will be engaged in accessing and critiquing existing research and integrating research into everyday clinical practice. Workshops will be held in both Newcastle and Tamworth if there are sufficient numbers.

## Program Support, workload and commitment

Successful interns will need to be supported by their managers in order to dedicate a minimum of 1 day per fortnight to the program to participate in face to face workshops, research activities and ongoing mentoring. Interns will be expected to spend one day a fortnight of allocated time working on their research project or attending face to face workshops for a period of up to 12 months. Mentoring will be provided over the 12 month period and will include regular communication and contact with an allocated mentor. Interns can bring their own clinical issues / projects or can choose to work on already existing projects.

**NB: Potential projects are listed below.**

## The Research Internship Program

1. Six Face-to-Face workshop days conducted over 6 months at James Fletcher Hospital Campus or via ZOOM (rural only).
2. One day a fortnight dedicated to working on your research project, or working with an existing research team to work on a joint project.
3. Ongoing support and mentoring through to project completion.

***NB: Funding is available (if required) to back fill for the six workshop days.***

**Internship commencing 26 March 2021 | EOIs close 5pm 12 February**

Some of the content covered in the face to face workshops:

- How to transfer your clinical issue into a research question
- How to access & analyse local/national data to inform project design

- Literature review skill development
- Developing your study protocol
- Study design approaches
- Ethical approval process made easy
- Project management skills
- Data collection, analysis and interpretation
- Writing for publication

**Complete the EOI form by outlining:**

- Description of the clinical issue you will focus on
- Ensure your availability to attend **ALL** six workshop days (dates on EOI form) and dedicate time (one day) each fortnight for a 12 months period
- Written approval from your Manager for this dedicated research time fortnightly.

The successful applicants will be notified via email by February 22<sup>th</sup> 2021 for the first workshop to commence on 26<sup>th</sup> March 2021.

***Workshop dates are as follows;***

26 March 2021, 16 April 2021, 30 April 2021, 21 May 2021, 11 June 2021 and 25 June 2021.

***Please note: Places are limited so get your EOI in as soon as possible.***

**Some of the potential projects you can be involved in if you do not have your own project / clinical issue.**

- Reducing surgical site infection post caesarean section – an implementation study.
- Implementing a telehealth assisted model of Aged Care Emergency in RACFs – Identifying the barriers and enablers to uptake.
- Empowering patients on discharge from hospital by improving health literacy – an intervention study.
- Evaluating the essentials of care program in HNELHD.
- Evaluating the post discharge Follow-up phone call qualitative data.
- Feasibility study in implementing and evaluating the AIR (Acute Incident Response) project – This is related to providing physiological first aid to staff after an AIR delegate.
- Evaluating the effectiveness of the “Diabetes “Track and Treat” Program for high risk diabetes patients.
- Evaluating the Diabetes Alliance Integrated care model in terms of outcomes for patients.
- Evaluating the Transition to practice program for New Graduates.
- Identifying the barriers and enablers to utilising a visual telehealth assisted model for home dialysis patients.