OUR TEAM

We work *only* with people with a spinal cord injury. Our team includes:

- Occupational Therapists
- Physiotherapists
- Registered Nurse
- Social Worker
- Clinical Psychologist
- Rehabilitation Assistant
- Administration Officer
- Service Manager

Medical

Our doctors specialise in spinal cord injury and provide regular check-ups for health and pain management.

Who we work with

We are a member of the NSW State Spinal Cord Injury Service (SSCIS) and work with other organisations to ensure people with spinal cord injury receive the care they need.

We can advise on how to work with the National Disability Insurance Scheme (NDIS) or My Aged Care (MAC) to manage your disability.

I-Care

We provide case management for Lifetime Care and Support and for Workers Care. Our service is always provided free of charge to the patient. Where the injury is compensable, costs are recovered from the insurer.

FIND US ONLINE



HUNTER SPINAL CORD INJURY SERVICE

Enquiries: Phone: (02) 4925 7888 Fax: (02) 4923 6574 Email: <u>HNELHD-SCIS@health.nsw.gov.au</u> 621 Hunter Street Newcastle West NSW 2302 Service Manager: Janece Vandenberg

Referrals: Fast-track referrals to the Referral Information Centre. Phone: 02 49242590 Email: <u>HNELHD-CNRIC@health.nsw.gov.au</u>

Last reviewed with client feedback: 2022



HUNTER SPINAL CORD INJURY SERVICE (HSCIS)



OUR SERVICES

The Hunter Spinal Cord Injury Service (HSCIS) is a community rehabilitation service for:

- Adults adjusting to a new spinal cord injury, as well as their family and carers.
- Adults with an established spinal cord injury who have a health issue or are at risk of going to hospital.

We can help you 'bring it all together'.

HSCIS provide services for several months or up to two years, depending on your needs. We can see you at home, out and about in the community, or in our gym or clinic room.

Catchment Area



Our office is in Newcastle and we cover a large area including the Hunter Valley.

OUR SERVICES

Assessment / Consultation

We can provide expert advice to your GP, nurse or treating team to ensure your spinal cord injury is well managed. HSCIS offer services over the phone or via telehealth.

Issues we manage

- Autonomic Dysreflexia
- Pressure injury
- Mobility
- Respiratory function
- Specialist equipment prescription
- Home modifications
- Continence
- Sexuality and fertility
- Injury, pain and spasm
- Functional change
- Mental health
- Fitness and weight management

Hospital Inreach

We consult with local hospitals to:

- Manage spinal cord injury while in hospital
- Help transition from hospital to home

Community Outreach

We hold clinics across our catchment area to prevent issues that can arise from spinal cord injury. Ask us about a clinic near you.

WHERE WE ARE

Our Facilities



Accessible parking is available via King St. To enter the car park press the green button and ask reception to open the gate.

Visit our premises to see the whole team and access the specialist equipment in our gym or clinic room.

To enter the building press the intercom and ask reception to open the door. We are located on the ground floor, first door on the right. Accessible toilet facilities are available.

