

Ten steps to undertaking research:

An interview with Leslie Curry, Yale University,

<https://www.youtube.com/watch?v=0FyCTupSdXM>



Explore what has already been done in your area of interest. Do some initial literature searching on your own to identify existing research, models of care, existing guidelines or practices that could be implemented in your setting or inform your understanding.



Approach the HNE Library service. The librarians are an excellent resource available to help you understand how to search the literature. Go to: <http://www.hnehealthlibraries.com.au/>



Develop a preliminary research question. Your question and project will undoubtedly undergo revisions and changes but articulating the research question you want to answer will help you communicate and engage others.



Identify the key stakeholders. How are you going to engage these key stakeholders?



Identify potential research team members. Who do you need on the team to get this research started and complete the research? You may have a local clinicians and researchers available to support the project or you may need to look further afield. Who else in the district is working in this area? Can you collaborate?



Generate interest and approval locally. Discuss your project and seek “in principle” support from your immediate line manager.



Seek a mentor from the Nursing and Midwifery Research Centre. Consult and explore issues you may not have considered, seek research expertise and support from the Centre. Contact via email: HNELHD-NMRC@hnehealth.nsw.gov.au



Identify opportunities to support your research. Small pilot grants and local funding opportunities offer a pathway to develop and pilot research. Small grants and pilot data will support future application to larger and more competitive grants.



Develop a research proposal and submit an ethics application. All research that involves people needs ethical approval. Contact the HNE Human Research Ethics Committee for ethics approval process. <http://www.hnehealth.nsw.gov.au/ethics/Pages/Research-Ethics-and-Governance-Unit.aspx>



Undertake your research! You are well on your way to generating evidence that will support and improve your clinical practice.