



Returning to Work Course for JMOs



Suitable for Junior Medical Officers (Interns, residents, SRMO, Registrar and Advanced Trainees)

2019 dates 0900-1630hrs
Tuesday, 24th September 2019

Aim

- To update clinical knowledge and skills during a period of absence from clinical work as a JMO; and
- To improve confidence and reduce stress for returning to work.

Outline

Returning to clinical practice after a period of extended leave can be a challenging time for anyone, including JMOs.

This simulation-based course allows participants the opportunity to revise their knowledge on some topics prior to returning to work and will also provide skills stations to practice some technical skills.

Scenarios and discussions will cover assessment and management of the deteriorating patient, common after hours calls, ALS and crisis resource management.

The course will also focus on improving confidence upon returning to work and formulating a structured and achievable return to work plan.

Content

- Course introduction and review of relevant clinical guidelines, e.g. Australian Resuscitation Council Advanced Life Support Guideline and Surviving Sepsis Campaign Guideline
- Skills stations
- Immersive simulation scenarios followed by debriefing sessions which will include revision of applicable clinical topics, e.g. ECG interpretation, CXR interpretation, basic airway skills, assessment of the critically unwell patient
- Summary session and group discussions regarding challenges faced upon returning to work after leave from clinical practice

Cost (includes GST)

Participation in this course has been funded by NSW Health as part of the JMO Wellbeing & Support Program.

Registration & enquiries

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