



Health

Hunter New England
Local Health Network

Clinical Services Directory

Ambulatory Care Services

Updated March 2011

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1. Place your cursor at your selection in the Table of Contents.
2. Simultaneously press Ctrl on your keyboard and click the left button on your mouse.

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DOCUMENT INFORMATION

Document Identification

TITLE: Royal Newcastle Centre - Ambulatory Care Centre Clinics
VERSION: 2.1
FILENAME: Clinical Services Directory
SYNOPSIS: This document describes the range of services within each clinical department in HNELHN.
AUTHOR/S: Wendy Pudney / Sherie Cluff

Revision History

<i>Version</i>	2.1
<i>Date</i>	22/03/2011
<i>Description</i>	4 th draft

Approvals

This document has been prepared by the Hunter New England Health Ambulatory Care Department. The information contained in this document primarily describes the scope of services operating within the Ambulatory Care Centre (ACC) and has been produced to meet the needs of internal and external health care providers. Information is provided for some services which operate outside the ACC is intended to assist appropriate referral of patients to specialist services.

Wendy Pudney.....*WA Pudney*..... Date..20/1/11.....

Background

CLINICAL SERVICES DIRECTORY

Ambulatory Care Services

The Ambulatory Care Centre is located on Level 2 of the Royal Newcastle Centre next to the John Hunter Hospital. As part of the tertiary referral service located on John Hunter campus, the Ambulatory Care Centre offers a comprehensive range of specialist services on an outpatient basis.

Access to all outpatient clinics requires a written referral from a patient's primary health provider to a named specialist, unless otherwise agreed between medical clinicians.

The attached 'External Referral Form' is intended as a guide to referring practitioners, regarding the patient information required for an outpatient appointment to be assigned based on clinic priority.

Guidelines for the use of this Directory

Information contained in this directory has been sourced from the clinical specialties providing outpatient services within the Royal Newcastle Centre and the John Hunter Hospital. Some clinical specialties also conduct outpatient clinics at other Hunter New England Health sites and where possible this information has been included.

Distribution of this Directory to Hunter New England Local Health Network personnel and to General Practitioners providing primary health care in the Hunter New England region is intended to assist appropriate referral of patients to specialist clinics.

Clinical specialties who have contributed to this directory are requested to provide updates to Sherie Cluff, Clinical Support Officer, Ambulatory Care Centre, as changes to their service personnel or clinical profile occur. Updates can be faxed to (02) 4922 3438 or e-mailed to Sherie.Cluff@hnehealth.nsw.gov.au.

As this document is a 'work in progress' and will require continuous updating as personnel and services change, it is important to refer to the date in the 'footer' regarding the currency of the information.

Further information regarding this directory, or feedback regarding the information it contains can be directed to the Operations Manager, Ambulatory Care Centre on (02) 4922 3405.

Section 1: Attachment A

PLEASE NOTE: Not all clinical services listed in this directory are held in the Ambulatory Care Centre. Please refer to individual specialities for telephone and facsimile contact details

ROYAL NEWCASTLE CENTRE - AMBULATORY CARE CENTRE CLINICS

1.1 Referral Guidelines

Referrals for clinics conducted in the RNC Ambulatory Care Centre should be faxed to **REFERRAL MANAGEMENT CENTRE - Fax (02) 4922 3900**

Referral Form – Referrals to specialist outpatient services must be in writing and legible (e.g. letter, facsimile, electronic file) and contain the following information:

- Patient's full name (or alias) and where appropriate (for a minor) the name of the parent or caregiver.
- Patient's postal address, home telephone number and alternative telephone number (eg mobile)
- Patient's date of birth
- **Reason for referral** – this is of key importance to ensure the patient is booked into the correct clinic for their medical condition.
- Specialist's name (refer to 'JHH & RNC Clinical Specialties')
- Patient's clinical history and investigations already done (by the referrer) in relation to this referral.
- Details of current medications
- Patient's Medical Record Number **MRN** (if known)
- Patient's Medicare number (DVA or WorkCover information if applicable)
- If an interpreter is required for the consultation.
- Other information than will assist the triaging of the referral according to clinical need.

Referrals are triaged by individual specialties and appointments are allocated according to clinical need assessed from the information provided on the referral.

A standard referral template is available if required by telephoning the Referral Management Centre on (02) 4922 3912 – Option 4 (General Enquiries) or downloading Attachment B.

Section 2: Attachment B

External Referral Form

OUTPATIENT CLINICS ROYAL NEWCASTLE CENTRE

Bookings cannot be made without a referral. To make a booking, please send referral to the
REFERRAL MANAGEMENT CENTRE - FAX: (02) 4922 3900

External Referral Form

REFERRING DOCTOR DETAILS		Provider No: (Referring Dr's address/site/hospital/stamp here)
Name:		
Signature:		
Date: / /		
Telephone:	Fax:	
PATIENT DETAILS		
Surname:		Ph. H: Ph. W:
Given Names: DOB:		Ph. Mobile:
Address:		Other (eg email):
State:	Post Code	W/Comp. <input type="checkbox"/> Private <input type="checkbox"/> M/Care <input type="checkbox"/> DVA <input type="checkbox"/>

Patient Referred to:

.....
 (Name of doctor / clinician)

SPECIFIC REASON FOR REFERRAL

RELEVANT PAST HISTORY & INVESTIGATIONS PERFORMED FOR CURRENT PROBLEM

(Please forward copies of all investigations already performed in relation to the current problem)

CURRENT MEDICATIONS

Section 3: AUDIOLOGY

CONTACT	Secretary - Annette Ignasok 7.00 am to 3.00 pm, Mon, Tues, Wed only
PHONE	(02) 49213550 for appointments or enquiries
FAX	(02) 49213885 regarding patients aged 3 years and over ONLY
E-MAIL	Susan.Slack@hnehealth.nsw.gov.au
REFERRAL	A written medical referral must be available at or before the appointment time as well as a current Medicare card for each patient.
CLINIC LOCATION	Level 2, John Hunter Hospital (opposite café)

DESCRIPTION

Diagnostic Audiology

The Audiology Department houses several staff groups who provide hearing assessment of various people depending on age and other factors. (Babies are assessed under the SWISH program).

SERVICES AVAILABLE TO 3 YEARS AND OVER

Pure-tone audiometry, impedance audiometry, speech discrimination testing and otoacoustic emissions. Vestibular testing and V-R-O-A are not available. No hearing aid fitting. Australian Hearing provides hearing aids for children and most pension card holders.

PRE VISIT REQUIREMENTS

Written medical referral and current Medicare Card for adults and children over 3 years must be supplied.

RESTRICTIONS

FOR PATIENTS OVER THE AGE OF 3 YEARS. No hearing aid fitting. Australian Hearing provides hearing aids for children and most pension card holders.

FOR ENQUIRIES regarding infant hearing screening please contact Janet Hodge on (02) 4921 3555 SWISH John Hunter Hospital.

Section 4 CARDIOVASCULAR SERVICE OVERVIEW

CONTACT	Team Leader Secretary
PHONE	(02) 49214205
FAX	(02) 49214210
REFERRAL	A written JHH referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Level 3 John Hunter Hospital between Ward F3 and G3

CONTACT	Diagnostic Suite Receptionist
PHONE	(02) 4922 3102 or (02) 4922 3136
FAX	(02) 4922 3278
REFERRAL	A written JHH referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Level 2 Diagnostic Centre, Royal Newcastle Centre

DESCRIPTION

Cardiovascular Department provides services and investigations for patients with heart complaints. Appointments are required for all consultations with a Cardiologist and for all investigations except for electrocardiograms.

SERVICES AVAILABLE

Electrocardiogram;
 Echocardiogram;
 Vascular Ultrasound – also available through Vascular Surgery, Outpatients sonographer;
 Exercise Stress Test;
 Holter Monitor;
 Blood Pressure Monitor;
 Telemetry;
 Tilt Test;
 Transoesophageal Echo;
 Stress Echocardiogram;
 Cardiac Catheterisation;
 EPS and Ablation;
 Pacemaker Implantation; and
 Pacemaker testing.

PRE VISIT REQUIREMENTS

All patients must have a valid referral form. All test request should be on JHH referral. Request pads can be forwarded on request.

RESTRICTIONS

If the patient is unable to attend for the appointment, please ask them to phone (02) 4921 4200 as soon as possible.

STAFF**Department Head:**

Professor Peter Fletcher

Other Staff:

Dr Bruce Bastian

Dr Nicholas Collins

Dr Greg Bellamy

Professor Saxon White

Dr Malcolm Barlow

Dr Stuart Turner

Dr James Leitch

Dr Peter Hayes

Associate Professor Thavaraja Singham

Dr Garry Warner (VMO)

Dr Jonathon Silberberg (VMO)

Dr Rosemary Hackworthy

Dr Rohan Bhagwandeem

Dr Suku Thambar

4.1 CARDIOVASCULAR SURGERY

CONTACT	Unit Secretary - Wendy Taylor/CNS Cardiac Surgery/NUM – Jody Walters/Heather Bevan
PHONE	(02) 49214509
FAX	(02) 49214544
REFERRAL	Via Surgeon's Private Rooms or direct from Cardiologists.
CLINIC LOCATION	AM sessions in Surgical Conference and PM session at South Block most Fridays

DESCRIPTION

The main purpose of the Clinic is to prepare patients for Cardiac Surgery and therefore patients are reviewed by a Physiotherapist, Anaesthetist and Cardiac Surgery registrar, having seen the Surgeon in their Private Rooms.

SERVICES AVAILABLE

Cardiac Surgery CNS;
Cardiac Surgery Physiotherapy;
Cardiac Surgery Anaesthetist; and
Cardiac Surgery Registrar.

PRE VISIT REQUIREMENTS

The patient will have lodged a Request for Admission indicating the Cardiac Surgery they will be having and will have an IPMs waiting list entry indicating this. Patients are selected for this Clinic from this Waiting List.

RESTRICTIONS

The following conditions are generally not dealt with in this clinic:

- Patients having Thoracic surgery are usually directed to the Peri-op Service and therefore do not attend this Clinic. These appointments are made by the Admissions Office of John Hunter Hospital.

STAFF

Department Head:

Other Staff:

Dr Allen James – Cardiothoracic Surgeon
Dr Peng Seah – Cardiothoracic Surgeon
Dr Taranpreet Singh – Cardiothoracic Surgeon
Shane Scaysbrook EEN – Acting Data Base Manager

4.2 ANGIOGRAPHY

CONTACT	Secretary
PHONE	(02) 4922 3635
FAX	(02) 4922 3658
REFERRAL	A written referral/request must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Level 3, Interventional Suite, Royal Newcastle Centre

DESCRIPTION

The suite is available 24 hours a day, seven days a week, with medical and nursing staff on call after hours. It comprises of 2 laboratories with provision for a number of procedures.

SERVICES AVAILABLE

Coronary Angiography;
Coronary Balloon and Stenting;
Primary PTCA;
Electrophysiological Studies and Pathway Ablation; and
Insertion of Permanent Pacemakers and Lead Replacement.

PRE VISIT REQUIREMENTS

Written JHH referral/request form for outpatients to Cardiac Cath Lab (02) 4922 3635.
Urgent referrals to on call doctor/after hours (02) 4922 3635.

RESTRICTIONS

If the patient is unable to attend for the appointment, please ask them to phone (02) 4922 3635 as soon as possible.

STAFF

Department Head:	Professor Peter Fletcher
Other Staff:	Dr Bruce Bastian
	Dr Greg Bellamy
	Associate Professor Thavaraja Singham
	Dr Suku Thambar
	Dr Rohan Bhagwandeem
	Dr Malcolm Barlow
	Dr James Leitch
	Dr Stuart Turner
	Dr Simon Mylabathula
	Dr Nicholas Collins

4.3 BLOOD PRESSURE MONITOR

CONTACT	Cardiovascular Testing Diagnostic Centre
PHONE	(02) 4922 3102 or (02) 4922 3136
FAX	(02) 4922 3278
REFERRAL	A written JHH referral/request must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Diagnostic Suite, Level 2, Royal Newcastle Centre

DESCRIPTION

The technician will apply the blood pressure cuff to the patient's arm; electrodes to the chest and attach a small monitor the size of a "walkman" which will be worn for 24 hours. The monitor will record the patient's blood pressure.

SERVICES AVAILABLE

Please have the patient arrive 10 minutes before the test appointment time. It will take approximately 15 minutes.

PRE VISIT REQUIREMENTS

Nil preparation required. Please ask the patient to wear appropriate attire ie loose short sleeved shirt. During application they will need to be bare from the waist up. A gown will be supplied.

RESTRICTIONS

The patient cannot shower or bathe while wearing the monitor.

STAFF

Department Head: Professor Peter Fletcher
Other Staff: ECG Technician

4.4 CARDIAC REHABILITATION

CONTACT	Dawn Mcivor
PHONE	02 4921 4219
FAX	02 4921 4210
E-MAIL	dawn.mcivor@hnehealth.nsw.gov.au
REFERRAL	Hospital staff, GPs, Patients can refer direct
CLINIC LOCATION	Level 1 and 2 RNC rooms vary according to availability

DESCRIPTION

Cardiac Rehabilitation assists people to reduce their risk of cardiac disease, improve their exercise function and improve quality of life. It is available to those at risk of cardiovascular disease and those people with cardiac disease such as Angina or post myocardial infarction, Post Angiogram or Angioplasty, Post Coronary Bypass Surgery and with Heart Failure.

SERVICES AVAILABLE

Individual Patient assessment and lifestyle risk factor modification plan
Hospital based exercise and education program
Community based exercise and education program
Telephone and Home based program
Heart Failure Nurse Specialist services

PRE VISIT REQUIREMENTS

Telephone or written referral
Patient to bring list of their medications

RESTRICTIONS

None

STAFF

Department Head: Professor P Fletcher Director of Cardiology

Other Staff: Dawn McIvor Clinical Nurse Consultant Cardiology
Karen Robertson Cardiac Rehabilitation Clinical Nurse Specialist (Medical)
Jody Walters Cardiac Rehabilitation Clinical Nurse Specialist (Surgical)
Vicky McCarter Coordinator of the CCARRP program (Coaching/Risk reduction)
Laurie Aitchison Heart Failure Clinical Nurse Specialist

4.5 ECHOCARDIOGRAM

CONTACT	Diagnostic Suite
PHONE	(02) 4922 3102 or (02) 4922 3136
FAX	(02) 4922 3278
REFERRAL	A written referral/request must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Diagnostic Suite, Level 2, Royal Newcastle Centre

DESCRIPTION

The sonographer applies a clean gel and ultrasound transducer (looks like a microphone) over and around the chest – making images of the heart – which are then reviewed by a Cardiologist.

SERVICES AVAILABLE

The procedure takes approximately 60 minutes.

PRE VISIT REQUIREMENTS

Please have the patient arrive 20 minutes before the test time.

RESTRICTIONS

Please ask the patient to wear appropriate attire ie loose short sleeved shirt. During application they will need to be bare from the waist up. A gown will be supplied.

STAFF

Department Head:	Professor Peter Fletcher
Other Staff:	Sonographer or Doctor will perform the test.

4.6 EXERCISE STRESS TEST

CONTACT	Diagnostic Suite
PHONE	(02) 4922 3102 or (02) 4922 3136
FAX	(02) 4922 3278
REFERRAL	A written JHH referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Diagnostic Suite, Level 2, Royal Newcastle Centre

DESCRIPTION

Electrodes are placed on the patient's chest and cardiograph attended whilst resting. Then the patient will stand on the treadmill (walking machine). Whilst still attached to ECG machine, walking will commence. The doctor will record the blood pressure regularly whilst exercising. This shows how your heart is working whilst under stress. The doctor will stop the machine if you develop any symptoms. Then you will be asked to sit in a chair to recover.

SERVICES AVAILABLE

Test takes approximately 45 minutes including set up time.

PRE VISIT REQUIREMENTS

A light meal - no less than 2-3 hours before the test. Bring flat shoes or joggers and appropriate clothes (eg tracksuit or shorts) for exercising in.

RESTRICTIONS

Please have the patient arrive 10 minutes before the test time.

STAFF

Department Head:	Professor Peter Fletcher
Other Staff:	Doctor and Technician

4.7 HOLTER MONITOR

CONTACT	Diagnostic Suite
PHONE	(02) 4922 3102 or (02) 4922 3136
FAX	(02) 4922 3278
REFERRAL	A written JHH referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Diagnostic Suite, Level 2, Royal Newcastle Centre

DESCRIPTION

The technician applies electrodes to the chest, attaches a small monitor about the size of a "walkman" which will be worn for 24 hours. The monitor will record the patient's heartbeat. The patient will need to return the following day to have the monitor removed.

SERVICES AVAILABLE

Please have the patient arrive 10 minutes before the test. It will take approximately 15 minutes.

PRE VISIT REQUIREMENTS

Nil preparation required. Please ask the patient to wear appropriate attire ie loose short sleeved shirt. During application they will need to be bare from the waist up. A gown will be supplied.

RESTRICTIONS

Patient cannot shower or bathe while wearing the monitor.

STAFF

Department Head: Professor Peter Fletcher
Other Staff: Technician

4.8 STRESS ECHOCARDIOGRAM

CONTACT	Cardiovascular Department
PHONE	(02) 4921 4204
FAX	(02) 4921 4210
REFERRAL	A written JHH referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Cardiovascular Department, Level 3, John Hunter Hospital between G3 and F3

DESCRIPTION

The aim of this test is to observe how the heart responds to exercise. A stress echo is a stress test combined with an echocardiogram (cardiac ultrasound). A technician will record an electrocardiogram (ECG) so we can monitor your heart throughout the test. During the stress test the patient's blood pressure, pulse and heart rhythm will be continuously monitored. Ultrasound images of the patient's heart will be acquired before and immediately after the stress test and a report will be sent to their doctor.

SERVICES AVAILABLE

There are 2 ways of performing this test. The first involves exercise on a treadmill. The second method involves a drug called Dobutamine being administered. This drug stimulates the heart in a similar way to exercise. This method is used when the patient is unable to exercise. **The most appropriate method will be determined by the cardiac specialist, according to the answers the patient provides in the questionnaire.**

PRE VISIT REQUIREMENTS

The patient will be asked to complete a questionnaire, returning it to us as soon as possible. Once the completed questionnaire has been received, the patient will be contacted with an appointment date and time as well as any special instructions for that patient.

Please ask the patient to wear loose fitting comfortable clothing and sensible joggers or shoes for the test. The patient will be asked to sign a consent form to allow us to carry out the test.

RESTRICTIONS

If the patient is unable to attend for the appointment, please ask them to phone (02) 4921 4204 as soon as possible.

STAFF

Department Head:	Professor Peter Fletcher
Other Staff:	Doctor and Nurse

4.9 TELEMETRY

CONTACT	Diagnostic Suite
PHONE	(02) 4922 3102 or (02) 4922 3136
FAX	(02) 4922 3278
REFERRAL	A written JHH referral/request must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Diagnostic Suite, Level 2, Royal Newcastle Centre

DESCRIPTION

The patient will need to contact the Cardiovascular Department on (02) 4922 3102 or (02) 4922 3136 to arrange an appropriate day and time for collection of the telemetry machine.

SERVICES AVAILABLE

PRE VISIT REQUIREMENTS

Nil.

RESTRICTIONS

If the patient is unable to attend for the appointment, please ask them to phone (02) 4922 3102 or (02) 4922 3136 as soon as possible.

STAFF

Department Head: Professor Peter Fletcher
Other Staff: Technician

4.10 TILT TEST

CONTACT	Diagnostic Suite
PHONE	(02) 4922 3102 or (02) 4922 3136
FAX	(02) 4922 3278
REFERRAL	A written JHH referral must be received before a clinic appointment will be allocated.
Clinic location	Diagnostic Suite, Level 2, Royal Newcastle Centre

DESCRIPTION

The aim of a tilt test is to find out why you faint or feel dizzy. The test is designed to see if you faint when you stand still for a prolonged period of time. The results of this test will help your doctor find out why you faint or have dizzy turns. On arrival the nurse will measure the patient's height and weight. Then the technician will take the patient into a procedure room. (Relatives and friends wait outside whilst the procedure is being performed). The patient will have a blood pressure monitor cuff and electrode stickers attached to their body and will be strapped securely to the tilt table and connected to several machines. The patient is then tilted on the table in an upright position while measurements are being taken. If after 40 minutes in this position you do not faint – a medication (GTN) is administered which makes the heart beat faster and is more likely to make you faint. A doctor is present during the test.

SERVICES AVAILABLE

The test takes approximately 60 minutes to perform plus 20 minutes for setting up. (The patient could also be here for 1-2 hours because of delays etc). It is advisable that you do not drive straight after the test.

PRE VISIT REQUIREMENTS

Please have the patient fast for 6 hours before the test (no solids or liquids).

Please have the patient continue all medications.

RESTRICTIONS

Nil.

STAFF

Department Head: Professor Peter Fletcher

Other Staff: Doctor and Technician

4.11 TRANSOESOPHAGEAL ECHO

CONTACT	Cardiovascular Department
PHONE	(02) 4921 4204
FAX	(02) 4921 4210
REFERRAL	A written JHH referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Cardiovascular Department, Level 3, John Hunter Hospital between G3 and F3

DESCRIPTION

On arrival the patient will be given a gown to put on. A nurse will take them to the procedure room. An IV cannula will be put in the patient's arm. The doctor will give the patient some sedation prior to the procedure. After the procedure the patient will be in the Department for at least 1 hour.

SERVICES AVAILABLE

Please have the patient arrive 30 minutes before the test. The test will take approximately 30 - 40 minutes.

PRE VISIT REQUIREMENTS

Patient to fast for at least 8 hours. We will supply a gown on arrival.

POST OP REQUIREMENTS

From 24 hours post Transoesophageal Echo, patients must NOT drive, drink alcohol, make legal decisions or operate heavy machinery.

The patient cannot have any hot food or fluids for 4 hours post Transoesophageal Echo procedure as the patients throat is sprayed with numbing solution therefore the patient may not feel the temperature of hot food or fluids.

The patient will be in the Cardiovascular Department for 2 hours. One hour for testing and one hour recovery.

The patient is NOT to go home in a taxi, they must be accompanied by a responsible adult to drive them home.

RESTRICTIONS

The patient must not drive for 12 - 15 hours after the procedure. Please have a relative or friend pick up the patient or have them arrange for a taxi. If the patient is unable to attend for the appointment, please ask them to phone (02) 4921 4204 as soon as possible.

STAFF

Department Head:	Professor Peter Fletcher
Other Staff:	Cardiologist
	Advanced Trainee
	Nurse

4.12 VASCULAR ULTRASOUND

CONTACT	Cardiovascular Department
PHONE	(02) 4921 4204
FAX	(02) 4921 4210
REFERRAL	A written JHH referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Cardiovascular Department, Level 3, John Hunter Hospital

DESCRIPTION

The sonographer applies a clear gel and ultrasound transducer over the area to be imaged making pictures of the veins and arteries, which are then reviewed by a Vascular Surgeon.

SERVICES AVAILABLE

AV fistula duplex;
Carotid and transcranial duplex;
IVC and iliac vein duplex;
Lower limb artery or vein duplex;
Upper limb artery or vein duplex;
Renal and renal transplant duplex;
Mesenteric and abdominal aorta/iliac artery duplex; and
Portal vein duplex.

PRE VISIT REQUIREMENTS

No preparation required for most ultrasounds. Abdominal scans such as Renal Duplex require 8 hours fasting prior to scan.

RESTRICTIONS

Nil.

STAFF

Department Head: Professor Peter Fletcher
Other Staff: Sonographer

4.13 DR BRUCE BASTIAN MOPD CLINIC

CONTACT	Secretary
PHONE	(02) 4921 4202
FAX	(02) 4921 4210
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	MOPD Level 2, North Block, Royal Newcastle Centre

DESCRIPTION

This outpatient clinic is for patients privately referred to Dr Bruce Bastian.

SERVICES AVAILABLE

Consultation with Cardiologist. If required, patients will be referred for further tests.

PRE VISIT REQUIREMENTS

A written referral must be received before a clinic appointment will be allocated.

RESTRICTIONS

Nil.

STAFF

Department Head:	Professor Peter Fletcher
Other Staff:	Dr Bruce Bastian

4.14 PROF FLETCHER MOPD CLINIC

CONTACT	Secretary
PHONE	(02) 4921 4205
FAX	(02) 4921 4210
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	MOPD Level 2, North Block, Royal Newcastle Centre

DESCRIPTION

This outpatient clinic is for patients privately referred to Professor Peter Fletcher.

SERVICES AVAILABLE

Consultation with Cardiologist. If required, patients will be referred for further tests.

PRE VISIT REQUIREMENTS

A written referral must be received before a clinic appointment will be allocated.

RESTRICTIONS

Nil.

STAFF

Department Head: Professor Peter Fletcher

Other Staff:

4.15 DR PETER HAYES MOPD CLINIC

CONTACT	Secretary
PHONE	(02) 4921 4201
FAX	(02) 4921 4210
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	MOPD, Level 2, North Block, Royal Newcastle Centre

DESCRIPTION

This outpatient clinic is for patients privately referred to Dr Peter Hayes.

SERVICES AVAILABLE

Consultation with Cardiologist. If required, patients will be referred for further tests.

PRE VISIT REQUIREMENTS

A written referral must be received before a clinic appointment will be allocated.

RESTRICTIONS

Nil.

STAFF

Department Head:	Professor Peter Fletcher
Other Staff:	Dr Peter Hayes

4.16 DR SUKU THAMBAR MOPD CLINIC

CONTACT	Secretary
PHONE	(02) 4921 4205
FAX	(02) 4921 4210
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	MOPD Level 2, North Block, Royal Newcastle Centre

DESCRIPTION

This outpatient clinic is for patients privately referred to Dr Suku Thambar.

SERVICES AVAILABLE

Consultation with Cardiologist. If required, patients will be referred for further tests.

PRE VISIT REQUIREMENTS

A written referral must be received before a clinic appointment will be allocated.

RESTRICTIONS

Nil.

STAFF

Department Head:	Professor Peter Fletcher
Other Staff:	Dr Suku Thambar

4.17 DR STUART TURNER MOPD CLINIC

CONTACT	Secretary
PHONE	(02) 4921 4201
FAX	(02) 4921 4210
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	MOPD, Level 2, North Block, Royal Newcastle Centre

DESCRIPTION

This outpatient clinic is for patients privately referred to Dr Stuart Turner.

SERVICES AVAILABLE

Consultation with Cardiologist. If required, patients will be referred for further tests.

PRE VISIT REQUIREMENTS

A written referral must be received before a clinic appointment will be allocated.

RESTRICTIONS

Please advise patient to cancel appointments if patient cannot attend by calling (02) 4921 4201.

STAFF

Department Head:	Professor Peter Fletcher
Other Staff:	Dr Stuart Turner

4.18 DR NICHOLAS COLLINS MOPD CLINIC

CONTACT	Secretary
PHONE	(02) 4921 4277
FAX	(02) 4921 4210
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	MOPD, Level 2, North Block, Royal Newcastle Centre

DESCRIPTION

This outpatient clinic is for patients privately referred to Dr Nicholas Collins.

SERVICES AVAILABLE

Consultation with Cardiologist. If required, patients will be referred for further tests.

PRE VISIT REQUIREMENTS

A written referral must be received before a clinic appointment will be allocated.

RESTRICTIONS

Please advise patient to cancel appointments if patient cannot attend by calling (02) 4921 4277.

STAFF

Department Head:	Professor Peter Fletcher
Other Staff:	Dr Nicholas Collins

Section 5: DERMATOLOGY

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral to one of the dermatologists must be received before a clinic appointment will be allocated.
CLINIC LOCATION	MOPD, Level 2, North Block, Royal Newcastle Centre

DESCRIPTION

The dermatology clinic specialises in the treatment of all forms of skin diseases, including skin cancer treatment, melanoma, eczema, psoriasis, acne, diseases of the hair and nail; and skin manifestations of systemic disease.

All clinic patients are seen initially by the dermatology registrars. Most clinics are supervised by a dermatologist.

SERVICES AVAILABLE

Dermatology consultations;

Surgical and non-surgical management of skin cancers;

Phototherapy (narrowband UVB, hand/foot PUVA); and

Patch testing.

Coordination with other medical and surgical departments is provided where necessary as well as the Melanoma Unit. The Melanoma Unit is visited by one of the VMOs.

PRE VISIT REQUIREMENTS

Please provide a current list of medications and background medical conditions.

RESTRICTIONS

Contact dermatology registrar "on-call" for urgent reviews.

All patients will be seen initially by the dermatology registrar.

No workers' compensation or medico legal work.

STAFF**Department Head:**

Dr John Relic

Other Staff:

Dr John Sippe (VMO)

Dr Geoffrey Watt (VMO)

Dr Alan Watson (VMO)

Dr Roderick Gillespie (VMO)

Dr Deborah Holt (VMO)

Dermatology Registrars

Nursing Staff

Section 6: DIABETES EDUCATION

PHONE	(02) 4016 4666
FAX	(02) 4016 4667
REFERRAL	A written referral is required for Medical, Dietitian and Nurse Educator appointments.

CLINIC LOCATIONS	Newcastle Community Health Centre, 670 Hunter Street, Newcastle Royal Newcastle Centre John Hunter Hospital Belmont Hospital Westlakes Community Health Centre Wallsend Campus Maitland Hospital Cessnock Hospital Kurri Kurri Community Health Nelson Bay Community Hospital Raymond Terrace Community Centre
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DESCRIPTION

The Diabetes Service conducts a wide range of programs and services for adults and young people transitioning from paediatric services who have type 1, type 2 or gestational diabetes. Medical staff include Staff Specialists, VMOs, Advanced Trainees and a Career Medical Officer. Diabetes education is provided by Diabetes Nurse Educators and Dietitians. Individual and group education is available at most clinic locations.

SERVICES AVAILABLE**Group Education and Self Management Program for people with Type 2 Diabetes**

This course is suitable for patients with newly diagnosed or existing Type 2 Diabetes who are on diet alone or on diet with oral agents, and who require education. Patients on insulin should attend an Insulin Education Program.

All patients are seen initially by a Diabetes Nurse Educator who conducts a patient assessment and provides self management information relating to lifestyle, healthy eating, blood glucose testing and exercise. Patients are assessed for their suitability for the group program. People who are unsuitable (frail, hearing impaired, vision impairment, cognitive and language difficulties, mental health issues etc) can be seen individually by a Nurse Educator and Dietitian. Group education sessions provide basic information to improve self management and consist of three sessions of three hours each run over a six week period.

A medical review is not available at this course.

Insulin Education Group programs

There are three group education programs for people requiring insulin, all conducted at the Newcastle Community Centre, 670 Hunter Street, Newcastle. The first program is basic education, the second and third listed are more advanced courses:

- **Insulin Education Program (IEP)**

This is a basic initial program for patients with Type 1 diabetes or for patients with Type 2 Diabetes already on insulin or commencing insulin (oral agent failure).

Patients not already on insulin but needing to commence insulin therapy, can be given an individual appointment at any of the Diabetes Centres with a Nurse Educator/Dietitian prior to commencing the group program. Nurses are unable to prescribe insulin so these patients will need written instructions from their referring doctor as to type and dose of insulin. If you are uncertain whether someone needs to start insulin, or you would like the Diabetes Service medical staff to prescribe the initial dose, please refer your patient to the medical clinic at RNC for review.

- **Insulin Self Management program (ISM)**

This is a more advanced course suitable for patients with Type 2 diabetes on or commencing basal/bolus. It is largely based on the basal/bolus regimen of insulin administration and teaches dose-adjusted insulin depending on carbohydrate intake, exercise etc. During the course we try to identify barriers to good diabetes control and may change a patients' insulin regimen.

- **The Empowerment program**

This is a more advanced course suitable for patients with Type 1 Diabetes on intensive insulin therapy including basal/bolus and insulin pumps. It is largely based on the basal/bolus regimen of Insulin administration and teaches dose-adjusted insulin depending on carbohydrate intake, exercise etc. During the course we try to identify barriers to good diabetes control and may change a patients' insulin regimen.

Individual Instruction

Nurse Educators and Dietitians can provide individual instruction (for those not suited to a group – see criteria above) at any of the Centres. Assessment, advice and education regarding lifestyle, diet, weight loss, blood glucose testing, starting insulin, further education; in fact anything diabetes-related can be addressed on an individual basis.

Diabetes Education for Pregnant Women

Education for pregnant women with GDM or existing diabetes can receive diabetes education at John Hunter GDM clinic and can receive group and individual education at Maitland Diabetes Centre.

STAFF

Dr Sham Acharya (Clinical Director, Staff Specialist)

Robyn Beach (Service Manager)

Dr Geoffrey Eather (Staff Specialist)

Dr Kerry Bowen (Staff Specialist)

Dr Tuan Minh Quach (Staff Specialist)

Dr Judy Luu (Staff Specialist)

Dr Christy Sankoorikal (Staff Specialist)

Dr Mary Ho (CMO)

2 x Registrars

Credentialed diabetes educators

Dietitians

Section 7 DIABETES MEDICAL CLINICS

PHONE	(02) 4922 3912
FAX	(02) 4923 9000
REFERRAL	A written referral to one of the doctors must be received before a clinic appointment will be allocated.
CLINIC LOCATIONS	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre Podiatry, Level 1, Royal Newcastle Centre Newcastle Community Health Centre Belmont Hospital The Maitland Hospital

DESCRIPTION

The diabetes clinics specialise in the treatment of all forms of diabetes. Medical staff include: specialist endocrinologists, advanced trainees in endocrinology and a career medical officer. Except in unusual circumstances there is supervision by a Staff Specialist in Endocrinology. Clinics are also available at Belmont hospital. Gestational medical clinics only are held at Maitland. Diabetes education provided by credentialed diabetes educators and dietitians is available at many locations – for further information phone (02) 4016 4666.

SERVICES AVAILABLE

Medical consultations, dietetic review and Medical Nutritional Therapy and Diabetes Educator review are available at the following clinics.

Diabetes Specialist Medical Clinics

Like many speciality services our waiting lists are long. If you think someone needs to be seen urgently, please talk to one of the specialists or call the administrative centre.

Clinics are sited at RNC, Belmont and Hunter Street Newcastle.

High Risk Foot Clinic

Staffed by Podiatrists, a Physician, an Orthopaedic Surgeon and a Diabetes Educator

Clinic sited at the RNC campus

Basic and routine podiatry are best referred privately

Young Peoples Clinic

Designed for younger people with Type 1 and Type 2 Diabetes on insulin and those on insulin pumps

Provides regular review and follow up

Sited at Royal Newcastle Centre

Late afternoon and early evening appointments are available (Thursday)

Clinics for Pregnant Women with Diabetes

Pregnant women who meet the ADIPS criteria for GDM (this means a 75gm OGTT is required to confirm the diagnosis) can be seen at John Hunter & Maitland clinics where there is specialist endocrine & obstetric support. Appointments for JHH clinic are made through the obstetric services on (02) 4921 3600 and for the Maitland clinic on (02) 4016 4666 or fax to (02) 4016 4667.

PRE VISIT REQUIREMENTS

All clinic services are booked through the diabetes medical administrative centre. Phone (02) 4921 3553 fax to (02) 4921 3537.

Please provide a current list of medications, a summary of medical conditions and recent pathology including HbA1c, urine microalbumin, lipids and a copy of any ophthalmology report.

STAFF

Dr Sham Acharya (Clinical Director, Staff Specialist)
Dr Kerry Bowen (Staff Specialist)
Dr Tuan Minh Quach (Staff Specialist)
Dr Geoffrey Eather (Staff Specialist)
Dr Judy Luu (Staff Specialist)
Dr Christy Sankoorikal (Staff Specialist)
Dr Kirsten Murray (VMO) - Tues morning only at Newcastle
Dr Thomas Donnelly (VMO) - Maitland GDM clinics only
Dr Mary Ho (CMO)
2 x Registrars
Nurse Educators
Dietitians

RESTRICTIONS

Contact the Endocrine Registrar "on-call" for urgent reviews.

Patients may be seen by a CMO or registrar in consultation with a specialist. No workers' compensation or medico-legal work. Please discuss with one of the endocrinologists if requesting an appointment for a new patient concerning a RTA driver's licence report.

Section 8 DRUG & ALCOHOL

CONTACT	Appointments Referral Management Centre Tel: (02) 4922 3912 Fax: (02) 4922 3900 Alternatively, Drug and Alcohol Clinical Services Secretaries
PHONE	(02) 4016 4663 or (02) 4016 4664
FAX	(02) 4016 4661
REFERRAL	For all external referrals, a written referral to Dr Gill must be received at or before the appointment time. Referrals to the Nurse Practitioner must be approved by Mr Stephen Ling (page 2974).
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Drug and Alcohol clinic specialises in the assessment and treatment of all substance use disorders. Medical staff include; the Staff Specialist in Addiction Medicine, advanced trainees in Addiction medicine and Registrar medical officers. A clinic is also available with the Nurse Practitioner to follow up patients seen in hospital by that practitioner.

SERVICES AVAILABLE

Medical consultations
Drug and Alcohol Nurse Practitioner consultations

PRE VISIT REQUIREMENTS

RESTRICTIONS

New patients cannot directly book initial appointments without referral from a medical practitioner. If a HNEAHS staff member who is not a doctor wishes to refer a patient they should contact Drug and Alcohol Clinical Services on the above numbers, or the JHH Drug and Alcohol Consultation Liaison Team on the internal number 14147.

STAFF

Department Head:	Associate Professor Adrian Dunlop, Addiction Medicine Specialist
Clinic Staff:	Dr Tony Gill, Addiction Medicine Specialist Mr Stephen Ling, Drug and Alcohol Nurse Practitioner Addiction Medicine Advanced Trainees Registrar, Addiction Medicine Drug and alcohol nurses

Section 9 DEPARTMENT OF CLINICAL RESEARCH

PHONE	(02) 4922 3505
FAX	(02) 4922 3559
E-MAIL	Michelle.Gillam@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	For consultations: Ambulatory Care Centre, Level 2, Royal Newcastle Centre For Procedures: Interventional Suite, Level 3, Royal Newcastle Centre

DESCRIPTION

The Department of Clinical Research conducts clinical studies of new procedures for the investigation or treatment of spinal pain and headache. It also provides to patients the benefits of these procedures once they have been tested and proven.

SERVICES AVAILABLE

A: Consultations for patients with spinal pain (neck pain and back pain), headache and radicular pain (e.g. sciatica);

B: Investigations for patients with these problems, viz:

Medial branch blocks;

Zygapophysial joint blocks;

Sacroiliac joint blocks;

Atlanto-axial joint blocks;

Spinal nerve blocks;

Discography;

C: Minimally invasive pain management,

eg; Radiofrequency neurotomy;

Intradiscal electrothermal therapy;

Intra-articular injection of steroids;

Transforaminal injection of steroids; and

D: Medicolegal assessments;

PRE VISIT REQUIREMENTS

Practitioners wishing to refer patients will be sent a short form to complete that covers essential clinical and administrative requirements, such as claim numbers.

Referrals need to be made to a nominated, specific member of the Group.

RESTRICTIONS

The Department of Clinical Research is not resourced to provide care to all types of patients. It focuses its activities on patients with spinal pain, headache, and radicular pain, who can be managed on a outpatient or day- stay basis. The Group cannot accept referrals of patients who require complex, in-patient management.

Although the Group might provide an assessment of patients with nerve injury or neuropathic pain, it is not

resourced to provide continuing management of patients with these conditions.

The service is self-funding, and can see only patients who are privately insured, are covered by worker's compensations or third party insurance, or who are eligible to enrol in externally funded research studies.

Professor Bogduk sees patients only by special arrangement, for his other responsibilities preclude him from providing continuing care of patients.

STAFF

Department Head:

Executive Director, Professor Nicolai Bogduk MD, PhD, DSc, MMed (Pain Med), FFPM (ANZCA)

Other Staff:

Dr Jay Govind FAFOM, FAFMM, DPH, M Med (Pain Med), Visiting Medical Officers

Dr Peter Lau FRACR, FAFMM, M Pain Med, Visiting Medical Officers

Sister Beverley Bailey, Research Nurse

Section 10 ENDOCRINOLOGY

CONTACT	Unit Secretary
PHONE	(02) 4921 4380
FAX	(02) 4921 4394
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block Level 2, Royal Newcastle Centre

DESCRIPTION:

Department of Endocrinology offers comprehensive services in general and specialist endocrinology.

SERVICES AVAILABLE:

Assessment and management of Pituitary disorders, thyroid and parathyroid disorders, Bone and calcium disorders, osteoporosis, hypogonadism, adrenal disorders and neuroendocrine disorders etc. We also offer Radioiodine therapy for benign and malignant thyroid disorders in collaboration with nuclear medicine. The Department also has thyroid biopsy clinics organised through external links. Advanced trainees are closely supervised.

PRE VISIT REQUIREMENTS

Practitioners are required to send a referral letter explaining the reason for referral and urgency. If the waiting list is too long on a nominated consultant, alternative consultant's name may be suggested back to the referring practitioner. All relevant test results should be enclosed.

RESTRICTIONS

Advanced trainees often assess the patients first followed by Consultant review (Prof Smith) unless in exceptional circumstances. Diabetes related enquiries should be addressed directly to Acute Diabetes Services.

STAFF

Department Head:	Professor Roger Smith
Other Staff:	Dr Shaun McGrath, Consultant VMO
	Dr Elisa Tyson, Consultant VMO
	Dr Shamasunder Acharya, Staff specialist
	Dr Tuan Quach, Staff specialist
	Dr Judy Luu, Staff Specialist
	Dr Christy Sankoorikal, Staff Specialist
	Registrars

Section 11 GASTROENTEROLOGY SERVICE OVERVIEW

CONTACT	Appointments: Referral Management Centre Tel: (02) 4922 3912 Fax: (02) 4922 3900 Clinical Service Unit Toni-Anne Howell
PHONE	(02) 4921 3486
FAX	(02) 4921 3998
E-MAIL	Toni-Anne.Howell@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Gastroenterology Outpatient Clinics provide services for patients with luminal and liver disease. All clinics are multi-disciplinary with access to a dietitian, social worker and surgical opinion as required. Patients may be reviewed by a training registrar under the supervision of a specialist. The department does not provide open access endoscopies.

SERVICES AVAILABLE

Gastroenterology general clinic plus specialised services including Hepatitis C, haemochromatosis, inflammatory bowel disease, Coeliac disease, eating disorders, Endoscopy, ERCP, EUC.

Day only procedures - the department employs a liaison nurse to oversee same day procedures including ascitic taps, blood transfusion, venesection and IV medication infusions.

Research – the department runs a number of trials in which patients will be invited to participate if appropriate.

PRE VISIT REQUIREMENTS

Hep C – (for information contact: Tracey Jones, Nurse Practitioner, Hepatitis C, Gastroenterology Department, Extension-14789).

Abnormal LFTs – Drug and alcohol history, ANA, AMA, SMA, iron studies, copper, caeroplasmin (if age less than 40), hepatitis serology (A, B, C), coeliac serology.

Iron deficiency anaemia – information on dietary intake (red meat at least three times a week), recent venesection, menorrhagia, recent significant blood loss without iron replacement, family history of colorectal cancer.

Laboratory tests – FBC, iron studies, coeliac serology – gluters, TgA, IgA level, FOB x 1

Dyspepsia – all patients with the following alarm symptoms should be referred – haematemesis, melaena, dysphagia, early satiety, weight loss. In the absence of the above symptoms, patients with dyspepsia should have a trial of proton pump inhibitor therapy (PPI). Rapid response within 24 hours is consistent with gastro oesophageal reflux disease as is return of symptoms on ceasing PPIs. GORD usually requires long term management with either PPI, H2RA or lifestyle changes. Patients with a long standing history of gastro oesophageal reflux disease (particularly those with a history of oesophagitis), obesity, male, smokers, a poor history of fruit and vegetable intake should also be referred for gastroscopy.

Diarrhoea – Patients vary in their history of diarrhoea. Consider - recent history of antibiotic use, history of

medications known to cause diarrhoea, laxative abuse. Patients with weight loss, blood in the motions, and/or fever should have urgent referral.

Laboratory tests – FBC, ESR, CRP, TSH, LFTs, Coeliac serology – glutens, TgA, IgA level, FOBx1, stool culture.

RESTRICTIONS

Patients with bright PR bleeding should be referred to a surgeon.

STAFF

Department Head:

Dr Steven Bollipo, Gastroenterologist/Hepatologist

Other Staff:

Professor Anne Duggan, Gastroenterologist

Dr Doug Routley, Gastroenterologist/Hepatologist

Dr Aidan Foy, Hepatologist

Dr Rob Gibson, Gastroenterology/Hepatologist

Dr Stephen Philcox, Gastroenterologist

Tracey Jones Hepatology Nurse Practitioner

Liz Ianna RN, Hepatitis C Treatment Nurse

Robyn Hill, Outreach Hepatitis C Treatment RN

Carla Silva Hepatitis C Social Worker

Olivia Lawrence/Ainslie Daley, Liaison Nurses

Nicole McNabb, Dietitian

Social Worker

Melissa Young, Hepatology Clinical Trials Coordinator

Robert Foster, Advanced Trainee

Toni-Anne Howell, Executive Assistant

Natasha Roach, Administrative Officer

Donna Boyd, Administrative Officer Viral Hepatitis

11.1 GASTROENTEROLOGY VIRAL HEPATITIS SERVICE

CONTACT	Appointments for JHH: Referral Management Centre Tel: (02) 4922 3912 Fax: (02) 4922 3900 Donna Boyd, Clinical Service Unit Appointments for Outreach clinics: Tel: (02) 4921 4789 OR (02) 4921 3478 Fax: (02) 4985 5978
PHONE	(02) 4921 3478
FAX	(02) 4985 5978
E-MAIL	Donna.Boyd@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated for medical review. Referrals for new diagnosis education, counselling or support can be made directly to the Nurse Practitioner or Social Worker.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The viral hepatitis outpatient service provides education, counselling, review, management and treatment programs for people living with or affected by viral Hepatitis B and C. All clinics are multi-disciplinary with access to a Social Worker and referral systems in place to access dietetic and drug and alcohol services.

SERVICES AVAILABLE

Education, counselling, lifestyle management and treatment options are available via the main clinic at JHH or Cessnock Outreach Clinic.

PRE VISIT REQUIREMENTS

All patients must have a baseline assessment completed by their general practitioner. This includes:

HCVAb+ve & HCV RNA PCR +ve,

FBC, UEC, LFT's, Coags, α FP, Fe studies, TSH, HIV/HAV/HBV serology; and

Copies of any previous liver biopsy & abdominal ultrasounds.

Patients should be referred for appropriate drug and alcohol counselling or psychiatric review where appropriate, before review.

RESTRICTIONS

All patients referred for HCV management must be PCR positive not just Antibody positive.

STAFF

Department Head:	Dr Steven Bollipo
Other Staff:	Dr Robert Pickles Dr Brian Hughes Dr Douglas Routley Dr Robert Gibson

Associate Professor Aidan Foy
Advanced Trainee Registrar
Tracey Jones, Hepatology Nurse Practitioner
Liz Ianna, Treatment Education Nurse
Robyn Hill, Outreach Hepatitis C Treatment RN
Carla Silva, Hepatitis C Social Worker
Nicole McNabb Gastroenterology Dietitian
Mel Young, Clinical Trials Coordinator
Donna Boyd, Administration

11.2 EATING DISORDER TREATMENT OPTIONS – or EATING DISORDER PROGRAMMES

CONTACT	Appointments: Intake Officer Tel: (02) 4924 6820 Fax: (02) 4924 6801
PHONE	(02) 4921 3486
FAX	(02) 4921 3998
E-MAIL	anjanette.casey@hnehealth.nsw.gov.au
REFERRAL	Please contact the Centre for a referral form. Referrals can be made from GPs and other health professionals. Self referrals area are also accepted
CLINIC LOCATION	Centre for Psychotherapy, Fletcher House, 72 Watt Street, Newcastle

DESCRIPTION

The Centre for Psychotherapy is part of HNE Mental Health Services and has a close association with the John Hunter Hospital Gastroenterology Unit. Dr Duggan and Dr Gibson at the Department of Gastroenterology John Hunter Hospital provide advice and medical assessment in relation to adult patients with eating disorders in situations where it is unclear to the GP as to whether the patient is sufficiently stable for referral to the Centre for Psychotherapy or whether the patient requires hospitalization.

The Centre for Psychotherapy provides outpatient treatment for adults with eating disorders (anorexia nervosa, bulimia nervosa and eating disorder not otherwise specified). Referred clients who are medically stable attend an initial assessment to explore how they can best be supported. Clients can be seen for individual therapy or in a group program. They also have access to a specialist Dietitian. As the Centre works in a shared cared model, it is a condition of treatment that they see their GP on a regular basis. The service is free of charge

SERVICES AVAILABLE

- Assessment
- Consultation and Supervision for other Health Professionals
- Support for Family and Carers
- Treatment: an individualised treatment plan will be developed in consultation with the treating team and the client. The treating team consists of a therapist, a dietitian and a general practitioner. The treatment plan will aim to cover psychological, nutritional and medical domains (in a coordinated/shared care model), though a greater emphasis may be given to one area depending on perceived need. The treatment may include:
 - Individual therapy
 - Group therapy
 - Dietetic assistance

Models of psychological therapies can include: acceptance commitment therapy, conversational model, psychoanalytic therapy, cognitive behavioural therapy, psychoeducation and motivational enhancement therapy.

PRE VISIT REQUIREMENTS

Clients are required to be medically stable to attend the Centre for Psychotherapy. Note that clients are able to attend the assessment at the Centre before committing to treatment. The following tests/examinations are recommended on referral: Electrolytes, renal function, liver function, iron status, B12, folate, dehydration status, blood pressure and heart rate. Depending on clinical presentation phosphate, magnesium, ECG (if BMI <14) or bone densitometry may be investigated. Information regarding eating disorder behaviours, weight history, BMI, past treatments, medications and other complicating factors are also requested.

IF CLIENTS ARE MEDICALLY UNSTABLE

A Hospital admission may be indicated for adults if the following occur:

- Heart Rate <40 bpm
- BP <90/60 mm
- Low potassium <3.0 mmol/L;
- Other significant electrolyte imbalances;
- Temperature < 36°C;
- Orthostatic change >20bpm increase HR, > 20 mm drop in bp
- If BMI < 14 (note BMI = weight Kg / height m²)
- Rapid weight loss (eg > 1Kg each week on ongoing basis);
- Suicidality with an active intent and plan;
- If the patient has ceased fluid intake;
- If the patient is at high risk of developing refeeding syndrome

HNEAHS hospitals admit adults with eating disorders for short term medical stabilisation only. If weight restoration is required, referrals can be made to private hospitals or Royal Prince Alfred Hospital, Sydney. If urgent medical assistance is required, presentation at accident and emergency should be the first point of call. A pathway of care has been implemented at JHH ED for people presenting with eating disorders. It may be useful to contact the treating doctor at Emergency Department and write a letter detailing your specific concerns.

If you require medical advice regarding an adult: Please call Professor Anne Duggan or Dr Robert Gibson, Gastroenterologists at John Hunter Hospital via the main switch on (02) 4921 3000.

If you require urgent medical advice regarding an adult: Please call the Gastroenterologist on call at John Hunter Hospital via the main switch on (02) 4921 3000.

LOCAL GP RESOURCE

“Treating Adults, Adolescents and Children with Eating Disorders: A General Practitioners Guide” is a local resource which was developed to assist GPs when seeing patients with eating disorders across the Hunter New England area. If you would like a hard or electronic copy, please contact Anjanette Casey on (02) 4924 6820.

RESTRICTIONS

Clients who are medically unstable should be assessed by a medical officer or at accident and emergency.
JHH accident and emergency (see above).

The Centre for Psychotherapy do not treat people with binge eating disorder.

STAFF

Include:

- Clinical Nurse Consultant
- Dietitians
- Occupational Therapist
- Psychologists
- Psychiatrist
- Social Workers

Section 12 GENERAL SURGERY SERVICE OVERVIEW

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION**SERVICES AVAILABLE****PRE VISIT REQUIREMENTS****RESTRICTIONS****STAFF**

Department Head: Dr Vanessa Wills

Other Staff:

12.1 COLORECTAL

CONTACT	Referral Management Centre (02) 4922 3912 Operations Coordinator, RMC (02) 4922 3911 Surgical Unit Secretary (02) 4921 4270
PHONE	(02) 4922 3912
FAX	(02) 4922 3900 Referral Management Centre (02) 4921 4270 Unit Secretary for Colorectal
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Colorectal Outpatient Clinic provides for the surgical management of patients with diseases of the colon, rectum and anus.

SERVICES AVAILABLE

Consultation with a Colorectal Specialist with view to diagnosis of these conditions plus minor outpatient surgical procedures for the management of such conditions as haemorrhoids and abscess.

PRE VISIT REQUIREMENTS

Written referral from GP together with any relevant radiology films and results and any other relevant tests which had been recommended by the GP.

RESTRICTIONS

No specific restrictions though it is emphasised that it is a surgical clinic and patients with gastrointestinal (medical) conditions would be best treated in a gastroenterology clinic.

STAFF

Department Head:

Other Staff:

Dr Santee Santhanam, Colorectal Surgeon has clinics

Dr Pockney

Dr Stephen Smith, Colorectal Surgeon has no clinics – Colorectal specific patients seen in private rooms only

Colorectal Registrar

Stomal Therapy Consultant

12.2 GENERAL SURGERY

CONTACT	Referral Management Centre (02) 49223912 Operations Coordinator, RMC (02) 49223911 Unit Secretary (02) 4921 3229 (Dr Wills, Gani, Karihaloo Team) - (02) 4921 3229 Unit Secretary (Dr Chen, Dr Wright) (02) 4921 4090 Unit Secretary (Dr Shah) – (02) 4921 4270 Professor Deane (02) 4921 4318
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

General surgical outpatients clinics at JHH offer consultative and follow-up services to patients with mainly gastrointestinal and hernia problems, although some other general surgical conditions can be dealt with also. Clinics are run jointly by a consultant and a trainee, and are often also attended for educational purposes by residents and students (patients can indicate their preference for students not to be present).

A proctology clinic exists separate from this clinic, and is run by colorectal surgeons.

An oesophageal cancer clinic also exists and involves surgical teams, dietary and care coordination services.

SERVICES AVAILABLE

Local injections, wound dressings, needle aspiration, etc;

Minor operations clinic;

Sigmoidoscopy, proctoscopy, band ligation;

Stomatherapy CNC; and

Wound care CNC.

PRE VISIT REQUIREMENTS

Please ensure that radiology films and reports and pathology results etc. relevant to the current condition accompany each patient to the clinic.

RESTRICTIONS

The following conditions are generally **not** dealt with in this clinic:

Varicose veins;

Leg ulcers;

Pressure sores;

Breast cancer;

Melanoma;

Musculoskeletal back pain;

Hand surgery;

Incontinence;
Soiling; and
Vasectomy.

Please note that a separate proctology clinic exists and a separate oesophageal cancer clinic also exists.

STAFF

Department Head:

Dr Vanessa Wills, upper gastrointestinal and general

Other Staff:

Dr Stanley Chen, upper gastrointestinal & general

Professor Stephen Deane, gastrointestinal & general

Dr Kalpesh Shah, upper gastrointestinal & general

Dr Timothy Wright, gastrointestinal & general

Dr Costa Karihaloo, gastrointestinal & general

12.3 ENDOCRINE - GENERAL SURGERY

CONTACT	Referral Management Centre (02) 4922 3912 Operations Coordinator, RMC (02) 4922 3911 Unit Secretary (02) 4921 4259
PHONE	(02) 4921 4259
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Endocrine and General surgery clinic offers consultative and follow-up services to patients with mainly endocrine surgery pathologies (thyroid, parathyroid, adrenal and endocrine pancreas). The most common general surgical conditions can be dealt with also (biliary, hernias, gastrointestinal). Clinics are run jointly by a consultant and a registrar, and are often also attended for educational purposes by residents and students (patients can indicate their preference for students not to be present). A multidisciplinary meeting involving Endocrinologist and Endocrine Surgeons is held weekly following clinics.

SERVICES AVAILABLE

- Local injections, wound dressings, needle aspiration, etc
- Ultrasound
- Nasal endoscopy (vocal cord check up)
- Minor operations clinic
- Wound care CNC

PRE VISIT REQUIREMENTS

Please ensure that radiology films, radiology reports, pathology results, etc. relevant to the current condition accompany each patient to the clinic.

RESTRICTIONS

Please note that separate proctology, upper GI, and oesophageal cancer clinic exist.

STAFF

Dr Cino Bendinelli, Endocrine, General and Trauma Surgeon

Section 13 GERIATRIC MEDICINE

CONTACT	Department of Geriatric Medicine
PHONE	(02) 49214830 or (02) 4924 6546
FAX	(02) 4921 4811 or (02) 4924 6006 (for Associate Professor Ward)
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2 Royal Newcastle Centre/ Toronto Polyclinic/Nelson Bay Polyclinic (Tomaree Community Health)/ Rankin Day Hospital/Wallsend Hospital/ Raymond Terrace Community Health/Newcastle Community Health

DESCRIPTION

Geriatric Medicine Outpatient Clinics provide services for geriatric patients with medical problems. This could be any of the syndromes in older people, eg:

- Memory impairment;
- Falls;
- Incontinence;
- Gait / mobility problems; and
- Also medication review, etc.

All patients are seen by a Physician or a Senior Registrar.

Dr Krishnan holds a Medical/Geriatric clinic at Day Hospital at Rankin Park every Wednesday afternoon. These clinics are utilised to follow-up patients from John Hunter Hospital/Belmont District Hospital. Dr Krishnan also accepts referrals from GP's. Leonie Hayes at RPU takes the referrals for new patients and will discuss these with Dr Krishnan before making any appointments. Leonie Hayes can be contacted on (02) 49214830.

SERVICES AVAILABLE

Refer to the Aged Care Assessment Team and Central Dementia Unit as needed for further services.
Rapid Response Team based at Day Hospital.

PRE VISIT REQUIREMENTS

Patients should bring their medications and if they have memory impairment, should be accompanied by a carer.

If being seen for memory problems:

- Dementia Screening, eg: full blood count, Urea, Electrolytes, LFTs, TFTs,
- Phosphates, B12/Folate, Creatinine, Vitamin D, Calcium and CT scan of brain.
- Mini Mental Status Examination.

RESTRICTIONS

Nil.

STAFF

Department Head:	Dr Andrew Scane
Area director:	Dr John Ward
Other Staff:	Associate Professor John Ward
	Dr Tilak Weerasinghe
	Dr Bernie Walsh
	Dr Andrew Scane
	Dr Jan Carter
	Dr John Van der kallen
	Dr David Kellett
	Dr Tracey Brown
	Dr Chitra Krishnan
	Dr Chandrasekhara Padmakumar

Section 14 GENERAL MEDICINE

CONTACT	Follow up Appointments: Referral Management Centre Ph (02) 4922 3912 Fax (02) 4922 3900 Clinical Unit Enquiries and new referrals: Shelagh Garfield
PHONE	(02) 4921 3541
FAX	(02) 4921 3537
REFERRAL	A written referral must be received before a clinic appointment will be allocated. Consultant will specify when patient is to be booked in.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2 Royal Newcastle Centre/Toronto Polyclinic/Nelson Bay Polyclinic/ Rankin Park Limb Centre/ Rankin Park Day Hospital/Belmont Hospital Ocean Centre/Wallsend Hospital

DESCRIPTION

General Medicine Clinics are primarily for follow-up of medical patients post discharge. Only those patients identified by the consultant as requiring follow-up in clinic should be booked in – by a member of the inpatient medical team contacting OPD. Patients seen in ED and discharged by the registrar for that team may also be booked in – by that registrar.

SERVICES AVAILABLE

PRE VISIT REQUIREMENTS

New Referrals can only be booked in after discussion with the consultant. If a new referral is faxed through to Shelagh Garfield in DOM the letter will be reviewed by the consultant and if suitable for the clinic, the case booked in by Shelagh.

Suitable referrals are typically cases with multiple active problems which would require multiple subspecialists to manage.

Additionally, diagnostic problems, or difficult management problems, may be referred eg resistant hypertension.

RESTRICTIONS

Only the consultant, or the medical team working with the consultant, can determine that a case is suitable for follow-up in the General Medicine outpatient clinic.

STAFF

Department Head:	Dr Robert Pickles
Other Staff:	Dr Patrick Oakley
	Dr Sham Acharya
	Dr Scott Twaddell

Section 15 HUNTER NEW ENGLAND BONE BANK

CONTACT	Mrs Stephanie Beeton (Co-ordinator)
PHONE	(02) 4922 3674
FAX	(02) 4922 3685
E-MAIL	Stephanie.Beeton@hnehealth.nsw.gov.au
REFERRAL	Orders for allograft require Bone Bank request and consent forms to be completed. Two days notice is requested for orders.
CLINIC LOCATION	Level 3, Interventional Suite, Royal Newcastle Centre

DESCRIPTION

Provision of a femoral head collection program for patients undergoing primary total hip replacement. After a quarantine period the bone is made available for patients requiring bone grafts.

SERVICES AVAILABLE

Live donor femoral head collection program;
Supply of femoral heads and other allograft to orthopaedic surgeons in the public and private hospital sector; and
Skull Flap storage for craniectomy patients.

PRE VISIT REQUIREMENTS

Completion of Donor Consent and Medical History form for donors.
Completion of Recipient Consent and Release / Request form for recipients.

RESTRICTIONS

Completed consent form for donors and recipients.

STAFF

Department Head: Mrs Stephanie Beeton
Other Staff: Ms Helen Sandaver
Ms Kerri Gill
Ms Karen Burns

Section 16 IMMUNOLOGY & INFECTIOUS DISEASES SERVICE OVERVIEW

PHONE	Enquiries: (02) 4922 3444 or (02) 4922 3445
FAX	(02) 4922 3428
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Medical Outpatients, Level 2, Royal Newcastle Centre

DESCRIPTION

Integrated clinics in Immunology, Allergy, Infectious Diseases & HIV Medicine are available with follow-up services as required for the individual patients needs.

SERVICES AVAILABLE

Immunology – interventions and monitoring;
 Infectious Diseases – assessment, diagnosis and management;
 HIV Medicine – monitoring, treatment and management; and
 Allergy assessment, testing diagnosis & management.

PRE VISIT REQUIREMENTS

All patients require a valid written referral.
 All patients will be seen by a Physician or Registrar.

RESTRICTIONS

Refer to individual services.

STAFF

Department Head:	Dr Mark Loewenthal, Infectious Diseases
Other Staff:	Associate Professor Dr Glenn Reeves, Immunologist Associate Professor Michael Boyle, Immunologist Dr Theo de Malmanche, Immunologist Professor Robert Clancy, Immunologist Dr Katherine Patchett, Immunologist Dr John Ferguson, Infectious Diseases & Microbiology Dr Alexander Tierney, Infectious Diseases Dr Robert Pickles, Infectious Diseases Dr Brian Hughes, Infectious Diseases Dr Mark Birch, Infectious Diseases Physician HIV/AIDS and Nursing Staff Dietitian Social Worker Occupational Therapist Physiotherapist Pharmacist

16.1 IMMUNOLOGY CLINICS

CONTACT	<p><u>Enquiries:</u> (02) 4922 3444 or (02) 4922 3445 (for urgent appointments)</p> <p><u>Clinic Appointments:</u> (02) 4922 3912 (via Referral Management Centre)</p> <p><u>Infusion Lounge Appointments:</u> (02) 4922 3461</p> <p><u>Scleroderma/Lupus Support Centre:</u> (02) 4921 4095 (HAPS)</p>
FAX	(02) 4922 3428
REFERRAL	A written referral is required for a clinic appointment to be allocated.
CLINIC LOCATION	Medical Outpatients, Level 2, Royal Newcastle Centre

DESCRIPTION

Immunology clinics are provided for patients with autoimmune, immune deficiency and connective tissue disorders.

SERVICES AVAILABLE

Interventions: Intravenous infusions via Ambulatory infusion clinic; and

Monitoring: Follow up provided by Scleroderma CNC for persons with scleroderma & lupus. (This service provided through Hunter Area Pathology Service – all enquiries to (02) 4921 4095).

Education & Information: Autoimmune Resource & Research Centre (ARRC) (02) 4921 4095

PRE VISIT REQUIREMENTS

All patients require a valid written referral.

All patients will be seen by a Physician and may be seen also by a Registrar.

RESTRICTIONS

Nil.

STAFF

Department Head:	Dr. Michael Boyle, Immunologist and Chair, Division of Immunology & Infectious Diseases Unit
Other Staff:	<p>Associate Professor Dr Glenn Reeves, Immunologist</p> <p>Dr Theo de Malmanche, Immunologist</p> <p>Professor Robert Clancy, Immunologist</p> <p>Dr Katherine Patchett, Immunologist</p> <p>Immunology Registrar</p> <p>Immunology Dietitian</p>

16.2 INFECTIOUS DISEASES

PHONE	Enquiries: (02) 4922 3444 or (02) 4922 3445 Appointments: (02) 4922 3912 (Referral Management Centre)
FAX	(02) 4922 3428
REFERRAL	A written referral is required for a clinic appointment to be allocated.
CLINIC LOCATION	Medical Outpatients, Level 2, Royal Newcastle Centre

DESCRIPTION

Infectious Diseases outpatient clinics provide assessment, diagnosis, and management of patients with infections or communicable diseases.

SERVICES AVAILABLE

Interventions:

- Management of infected wounds;
- Ambulatory infusions of intravenous antimicrobials;
- Vaccinations;
- Q fever clinics; and
- Provide support to Hepatitis C Service.

PRE VISIT REQUIREMENTS

- Copies of private pathology testing & x-rays / scans to accompany patients where available.
- All patients require a valid written referral.
- All patients will be seen by a Physician and Registrar.

RESTRICTIONS

Nil.

STAFF

Department Head:	Dr Mark Loewenthal, Infectious Diseases Physician
Other Staff:	Dr John Ferguson, Infectious Diseases Physician Dr Alexander Tierney, Infectious Diseases Physician Dr Robert Pickles, Infectious Diseases Physician Dr Brian Hughes, Infectious Diseases Dr Mark Birch, Infectious Diseases CNC Infection Control & Prevention CNC HIV/AIDS

16.3 HIV MEDICINE

PHONE	All enquiries: (02) 4922 3444
FAX	(02) 4922 3428
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Medical Outpatients, Level 2, Royal Newcastle Centre

DESCRIPTION

Monitoring, treatment, & management of HIV disease by multidisciplinary team. An Immunologist or Infectious Diseases Physician sees all patients. Specialist advice for blood borne virus exposure.

SERVICES AVAILABLE

Interventions:

HIV viral load and CD4 cell count testing;
 Combination antiretroviral therapy;
 Infusions of IV antimicrobial drugs & chemotherapy;
 Vaccinations as indicated;
 Nutrition advice and supplementation for lipodystrophy and wasting;
 Outreach service is available if require; and.
 Provision of Post Exposure Prophylaxis (PEP).

HIV Research:

Access to clinical drug trials of new antiretroviral therapies.

PRE VISIT REQUIREMENTS

Prior laboratory confirmed HIV antibody test.
 All patients require a valid written referral where possible.
 All patients will be seen by a Physician.

RESTRICTIONS

STAFF

Department Head: Dr Michael Boyle, Immunologist & Director
Other Staff: Dr Mark Loewenthal, Infectious Diseases Physician
 Dr John Ferguson, Infectious Diseases Physician
 Dr Alexander Tierney, Infectious Diseases Physician
 Dr Robert Pickles, Infectious Diseases Physician
 Dr Brian Hughes, Infectious Diseases & Hepatitis C
 Dr Mark Birch, Infectious Diseases
 CNC HIV/AIDS
 Social Worker
 Dietitian
 Occupational Therapist

Physiotherapist

Pharmacist

16.4 ALLERGY

PHONE	All enquiries: (02) 4922 3444 or (02) 4922 3445
FAX	(02) 4922 3428
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Medical Outpatients, Level 2, Royal Newcastle Centre

DESCRIPTION

Allergy Outpatient Clinics provide assessment, testing, diagnosis, and management of people with allergic disorders or symptoms e.g. allergic rhinitis, chronic urticaria, food & latex allergy, and anaphylaxis.

SERVICES AVAILABLE

Interventions:

Skin prick testing;
Spirometry;
Intradermal testing; and
Desensitisation injection program

Monitoring:

Patients on desensitisation schedules;
Intradermal testing for drug allergy;
Education provided for clients and their carers on managing anaphylaxis and EpiPen or EpiPen Jr. administration;
Education on reducing allergen exposure at home; and
Action plans provided for children with egg/milk/peanut anaphylaxis.

Allergy Research:

Clinical drug trials for allergic disorders.

PRE VISIT REQUIREMENTS

All patients require a valid written referral.
All patients will be seen by a Physician and may also be seen by a Registrar.

RESTRICTIONS

Mild to moderate Latex Allergy to be managed by Staff Health in conjunction with GP.
All patients requiring skin prick testing to be seen in clinic by an Immunologist first.

STAFF

Department Head: Dr Michael Boyle, Immunologist and Director
Other Staff: Associate Professor Dr Glenn Reeves, Immunologist
Dr Theo de Malmanche, Immunologist
Dr Katherine Patchett
Professor Robert Clancy

Immunology Registrar
Allergy Clinic Nursing Staff
Allergy Dietitian

Section 17 RADIOLOGY/X-RAY/DIAGNOSTIC SERVICE OVERVIEW

CONTACT	Royal Newcastle Centre – Diagnostic Suite
PHONE	(02) 4922 3100
FAX	(02) 4922 3141
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	John Hunter Hospital, Royal Newcastle Centre Diagnostic Suite, Belmont Hospital, Maitland, Cessnock, Kurri Kurri

DESCRIPTION

Outpatient and Inpatient Imaging and Radiology diagnostic services including interventional Radiology and Radiology reporting.

SERVICES AVAILABLE

Radiology imaging including:

- General X-ray;
- OPG;
- Fluoroscopy;
- CT Scanning;
- Ultrasound;
- Angiography; and
- MRI.

Services to Wards, Operating Theatre, Endoscopy.

PRE VISIT REQUIREMENTS

A request form is required prior to Imaging.

The patient should bring copies and results of other test undertaken that may assist with the current test being requested e.g. pathology, xrays etc.

Specialist procedures require a booking.

Some procedures require admission to hospital for a short period prior to, or after the examination.

Medication history is required at the time of booking for interventional procedures and those requiring the use of IV contrast.

RESTRICTIONS

Some preparation is required for Fluoroscopy bookings that may need to commence 24 hours before the examination.

Some services are site specific.

STAFF

Department Head:	Dr Barry Soans, Director of Radiology
Other Staff:	Sandy Brown, Area Chief Radiographer Leigh Johns, Nurse Unit Manager

Section 18 ONCOLOGY – MATER HOSPITAL

CONTACT **TBA**
PHONE
FAX
E-MAIL
REFERRAL
CLINIC LOCATION

DESCRIPTION

SERVICES AVAILABLE

PRE VISIT REQUIREMENTS

RESTRICTIONS

STAFF

Department Head:

Other Staff:

Section 19 OBSTETRICS & GYNAECOLOGY

CONTACT **TBA**
PHONE
FAX
E-MAIL
REFERRAL
CLINIC LOCATION

DESCRIPTION

SERVICES AVAILABLE

PRE VISIT REQUIREMENTS

RESTRICTIONS

STAFF

Department Head:

Other Staff:

Section 20 NEPHROLOGY SERVICE OVERVIEW

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before an appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Nephrology Department provides a comprehensive secondary, tertiary and supraregional service which includes the diagnosis, investigation and management of patients with renal disease. The Nephrology outpatient service is an integral component of Nephrology specialist practice.

The Nephrology outpatient service provides initial and follow-up consultation for patients with general Nephrology, hypertension, End Stage Renal Disease, dialysis patients and transplant patients.

SERVICES AVAILABLE

Three main outpatient services are provided by the Nephrology department:

Renal Clinic;

Hypertension clinic; and

Vascular disease prevention and research clinic.

Clinics are held Monday to Thursday, urgent appointments are available each day by arrangement with a Nephrologist.

PRE VISIT REQUIREMENTS

Current measurement of blood pressure, renal function, proteinuria and MSU. Usually renal ultrasound or other imaging.

RESTRICTIONS

These clinics do not cater for Paediatric patients.

STAFF

Department Head: Dr Alastair Gillies, Director

Other Staff:

Dr Shane Carney

Dr Rita Cerventes

Dr Emanuel d'Almedia

Dr Ranjit Nanra

Dr Paul Trevillain

De Eswari Vilayur

Renal Registrar/Advanced Trainee

20.1 HYPERTENSION CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before an appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Patients with hypertension (with and without renal disease) see a nephrologist.

SERVICES AVAILABLE

Clinical evaluation of patients with hypertension (Ambulatory blood pressure monitoring).

Evaluation of co-existing vascular disease (plus wave velocity and pulse wave analysis).

The nephrologist with the shortest waiting list usually sees new referrals unless the referring General Practitioner identifies a preferred clinician. Once a patient has been seen by a nephrologist, the nephrologist becomes their primary clinician and will continue to see this patient

Thursday 0800-1200 Dr Alistair Gillies and Dr Shane Carney

PRE VISIT REQUIREMENTS

Nil.

RESTRICTIONS

This clinic does not cater for Paediatric patients.

STAFF

Department Head: Dr Alastair Gillies, Director

Other Staff: Dr Shane Carney

20.2 RENAL CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before an appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Patients with general nephrology, End Stage Renal Disease, dialysis patients and transplant patients.

SERVICES AVAILABLE

Clinical evaluation.

The nephrologist with the shortest waiting list usually sees new referrals unless the referring General Practitioner identifies a preferred clinician. Once a patient has been seen by a nephrologist, the nephrologist becomes their primary clinician and will continue to see this patient.

Monday	1300 – 1700	Dr Eswari Vilayur and Dr Shane Carney
Tuesday	1230 – 1700	Nephrologists in rotation
Wednesday	0800 – 1200	Dr Alastair Gillies and Dr Shane Carney
Wednesday	1300 – 1700	Dr Emanuel d'Almedia and Registrar
Thursday	0800 – 1200	Dr Shane Carney, Dr Rita Cerventes, Dr Alastair Gillies,

PRE VISIT REQUIREMENTS

Current measurement of blood pressure, renal function, proteinuria and MSU. Usually renal ultrasound or other imaging.

RESTRICTIONS

This clinic does not cater for Paediatric patients.

STAFF

Department Head:	Dr Alastair Gillies, Director
Other Staff:	Dr Shane Carney
	Dr Rita Cerventes
	Dr Emanuel d'Almedia
	Dr Ranjit Nanra
	Dr P Trevillian
	Dr Eswari Vilayur
	Renal Registrar/Advanced Trainee

20.3 RENAL CLINIC - SINGLETON HOSPITAL

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before an appointment will be allocated.
CLINIC LOCATION	Lower Ground Floor, Singleton Hospital

DESCRIPTION

Patients with general nephrology, End Stage Renal Disease, severe hypertension, dialysis patients and transplant patients.

SERVICES AVAILABLE

Clinical evaluation.

1st Wednesday of each month 0900 – 1600

PRE VISIT REQUIREMENTS

Current measurement of blood pressure, renal function, proteinuria and MSU. Usually renal ultrasound or other imaging.

RESTRICTIONS

This clinic does not cater for Paediatric patients.

STAFF

Other Staff: Dr Eswari Vilayur

Section 21 NEUROLOGY SERVICE OVERVIEW

CONTACT	Dr David Williams
PHONE	(02) 4921 3490
FAX	(02) 4921 3488
E-MAIL	david.williams@hnehealth.nsw.gov.au
REFERRAL	Written referral is required for consultation. Written request form is required for diagnostic testing.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre/ Neurology CSU (JHH)

DESCRIPTION

The Neurology Department provides services to patients with diseases affecting the peripheral and central nervous system.

SERVICES AVAILABLE

The services provided include consultation, diagnostic investigations, and specialised management of a broad range of neurological disorders through the following clinics:

- Clinical Neurophysiological Diagnosis;
- General Outpatients (John Hunter Hospital);
- Outpatients Clinic (Maitland Hospital);
- Outpatients Clinic (Belmont Hospital);
- Parkinsons Disease Clinic;
- Stroke/TIA Clinic; and
- MS Clinic.

PRE VISIT REQUIREMENTS

See information concerning specific clinics and investigations.

RESTRICTIONS

Adult consultation service only. Neonatal and paediatric EEG available. Paediatric neurophysiological investigations after appropriate consultation.

STAFF

Department Head:	Dr David Williams
Other Staff:	Dr Jeff Blackie
	Dr Jeanette Lechner-Scott
	Dr Chris Levi
	Dr Mark Parsons
	Dr Peter Schofield
	Dr Neil Spratt

21.1 CLINICAL NEUROPHYSIOLOGICAL DIAGNOSIS

CONTACT	Unit Secretary
PHONE	(02) 4921 3490
FAX	(02) 4921 3488
REFERRAL	A completed request form is required for appointment.
CLINIC LOCATION	Neurology CSU (Clinical Support Unit) - JHH

DESCRIPTION

Neurophysiological diagnostic testing.

SERVICES AVAILABLE

Electroencephalography (EEG) - Adult and Paediatric;
Nerve Conduction Studies (NCS) - Adult (and Paediatric after consultation);
Electromyography (EMG) Adult (and Paediatric after consultation);
Visual Evoked Potentials (VEP);
Brainstem Auditory Evoked Potentials (BSAEP);
Somatosensory Evoked Potentials (SSEP);
Central Motor Conduction Studies;
Thermal Threshold Testing (TTT);
24-Hour Ambulatory EEG monitoring **; and
Video EEG monitoring**.

**Neurology consultation required before testing/treatment

PRE VISIT REQUIREMENTS

Completed Request Form with comprehensive clinical information.

Requirements specific to a particular test are communicated to the patient at the time the appointment is made.

RESTRICTIONS

Adult patients unless specified otherwise.

STAFF

Department Head:	Dr David Williams
Other Staff:	Dr Jeff Blackie (Neurologist)
	Dr Chris Levi (Neurologist)
	Dr Robert Smith (Neurologist)
	Dr Ian Wilkinson (Neurologist)
	Camille Fryer (Chief Technician)
	Kellie Sherwood
	Louise Jones
	Trainee

21.2 MULTIPLE SCLEROSIS (MS) CLINIC

CONTACT	Neurology Secretary – Saundre Bentley
PHONE	(02) 4921 3540
FAX	(02) 4921 3488
E-MAIL	saundre.bentley@hnehealth.nsw.gov.au
REFERRAL	A written referral to Dr Lechner-Scott/Williams must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre
DESCRIPTION	Diagnosis, assessment and management of Multiple Sclerosis.

SERVICES AVAILABLE

- diagnostic testing, including lumbar punctures, cognition screening, referral to VEP, SSEP, MRI
- acute and long term disease management, including disease-specific drug therapy
- symptom management, including fatigue, bowel and bladder management
- neuropsychiatry
- MS Australia community support worker
- nurse specialist education and counselling
- pharmaceutical trials and observational studies
- referrals to ms-specialist allied health

PRE VISIT REQUIREMENTS

Referral request with detailed medical history, previous consultations and investigation results.

RESTRICTIONS

Adult patients only.

STAFF

Department Head:	Dr Jeannette Lechner-Scott
Other Staff:	Assoc Prof David Williams
	Dr Lisa Dark
	Susan Agland (MS CNS)
	Mat Cox (Clinical Trial Coordinator)
	Brenda Spencer (Data Manager)
	Saundre Bentley (Clinic Secretary)
	Catherine Byrnes (Neurology Secretary)
	Tanya Kerr (Neuropsychiatry)
	Karen Ribbons (Trial Coordinator)
	Amanda Lydon (MS Australia Community Support Worker)

21.3 NEUROLOGY OUTPATIENTS (ROYAL NEWCASTLE CENTRE)

CONTACT	Neurology Secretaries
PHONE	(02) 4921 3490
FAX	(02) 4921 3488
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

A service for patients with diseases and disorders affecting the nervous system.

SERVICES AVAILABLE

Diagnosis and management of neurological diseases and disorders.

PRE VISIT REQUIREMENTS

Comprehensive referral including copies of other relevant Specialist's reports and test results. Copies of Aged Care Assessment sheets as seen relevant by referrer.

RESTRICTIONS

Adult service only.

STAFF

Department Head:	Dr David Williams
Other Staff:	Dr Jeff Blackie
	Dr Jeanette Lechner-Scott
	Dr Mark Parsons
	Dr David Williams
	Dr Neil Spratt
	Dr Chris Levi
	Neurology Registrar

21.4 NEUROLOGY OUTPATIENTS CLINIC (MAITLAND HOSPITAL)

CONTACT (Service not currently available)

PHONE

FAX

REFERRAL

CLINIC LOCATION

DESCRIPTION

SERVICES AVAILABLE

PRE VISIT REQUIREMENTS

RESTRICTIONS

STAFF

Department Head:

Other Staff:

21.5 NEUROLOGY – PARKINSON'S DISEASE

CONTACT	Neurology Secretaries
PHONE	(02) 4921 3481 or (02) 4921 3490
FAX	(02) 4921 3488
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Diagnosis, assessment and management of Parkinson's Disease.

SERVICES AVAILABLE

As above. Clinical Nurse Specialist follow-up available. Patient education.

PRE VISIT REQUIREMENTS

Referral request with detailed medical history, previous consultations and investigation results.

RESTRICTIONS

Adult patients only.

STAFF

Department Head:	Dr Jeff Blackie
Other Staff:	Dr Elizabeth Pepper (Staff Specialist Neurologist) Evelyn Collins (Clinical Nurse Specialist)

21.6 STROKE/TIA CLINIC

CONTACT	New Patients – Angela Royan, Stroke Case Manager, JHH
PHONE	(02) 4921 3481 (Mon – Fri 8am to 4 pm, please page 5538)
FAX	(02) 4921 3488
E-MAIL	Angela.Royan@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

A multidisciplinary, rapid-response clinic for patients with TIA or minor stroke. Service provided to both GP and Accident & Emergency Department MO's.

SERVICES AVAILABLE

Neurological/Rehabilitation/Geriatric consultation service (dependent on result of Neurological consultation);

Brain imaging with carotid or transcranial ultrasound, and CT scanning; and

Risk factor counselling - Stroke Case Manager.

PRE VISIT REQUIREMENTS

Written referral.

RESTRICTIONS

Adult patients only.

STAFF

Department Head:

Dr Chris Levi

Other Staff:

Dr Mark Parsons, Neurologist

Dr Neil Spratt – Neurologist

Stroke Fellow

Angela Royan (Stroke Case Manager)

Chris Selmes, PhD (Ultrasonographer)

Michelle Russell – Stroke Nurse

Section 22 NEUROSURGERY

CONTACT	Referral Management Centre
PHONE	Appointments: (02) 4922 3912 Problems: RMC Operations Coordinator (02) 4922 3911
FAX	(02) 4922 3900
E-MAIL	Julianne.Loughnan@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated. To help the neurosurgeons in the triaging process of referrals to a more accurate timeframe, GPs should include as much detail as possible about the signs and symptoms of the patient's condition, including reports of imaging (CT, MRI, X-rays) or other investigations (eg Nerve Conduction Studies etc.
CLINIC LOCATION	Surgical Outpatients, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Neurosurgery outpatient clinics provide services for patients with surgical disorders of the brain, spine and peripheral nerves. Patients are treated under the supervision of a Neurosurgeon in conjunction with a Neurosurgical Registrar. All patients are seen by either a Neurosurgical Registrar or consultant Neurosurgeon.

SERVICES AVAILABLE

Consultations only.

PRE VISIT REQUIREMENTS

It would be helpful if patients could bring hard copies of all relevant imaging (CT scan, MRI scan, X-rays etc) including reports.

RESTRICTIONS

Nil.

STAFF

Department Head:	Dr John Christie, VMO
Other Staff:	Mr Michael Edger, VMO Dr Richard Ferch, VMO Dr Peter Spittaler, VMO 3 x Neurosurgical Registrars 1 x Spinal Research/Elective Surgery Registrar Neurosurgical Secretary, Trish Weaver Ph (02) 49213482 Fax (02) 49213488

Section 23 OPHTHALMOLOGY (EYE)

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated. Referrals are promptly triaged by the Senior Ophthalmology Registrar. Referrals are placed on a waiting list and patients are seen accordingly. Each Ophthalmologist has their own specialty so the correct ophthalmologist name is required to be on the referral according to that particular specialty
CLINIC LOCATION	Level 2 South Block Ambulatory Care Centre Royal Newcastle Centre

DESCRIPTION

The Ophthalmology Department staff includes private Ophthalmologists, an accredited senior Ophthalmology Registrar placed from Sydney Eye Hospital every 3 months and an unaccredited Ophthalmology Registrar. There is also a Clinical Nurse Specialist and an Orthoptist. The Ophthalmology Department works within a multidisciplinary team and are responsible for the diagnosis, management and treatment of patients with urgent and routine ophthalmology problems.

SERVICES AVAILABLE

There are regular clinics that patients are booked into. These are either Eye Registrar clinics or an Ophthalmologist (specialist) clinic. The specialty clinics available are:

1. Dr Hollenbach Plastics Clinic
2. Dr. Manning Glaucoma Clinic
3. Dr. Dunlop Uveitis Clinic
4. Dr. Ruddell Cornea/General Clinic

Other patients reviewed in the Eye Clinic on a daily basis include patients from JHH Emergency, consults from JHH/RNC wards, other outpatient clinics, other hospitals, Local doctors and Ophthalmologists private rooms.

The Orthoptist is available to attend Visual Field Tests, Hess assessments, Squint assessments and Retinal photography.

PRE VISIT REQUIREMENTS

Referral.

Patients need to be accompanied to the Ophthalmology Clinic. They may be given eye drops that will blur their vision for several hours. Therefore they will be unable to drive.

RESTRICTIONS

Patients requiring a routine Diabetic Eye examination attend an Optometrist.

Laser procedures are restricted to the Operating Suite. A-Scans for preoperative cataract patients need to be attended in an Ophthalmologists' private rooms.

STAFF

Department Head:	Dr Chris Challinor
Other Ophthalmology Consultants	Dr Eugene Hollenbach (Plastics Clinic)
Who work in Eye Clinic RNC	Dr Anthony Dunlop (Uveitis clinic) Dr Timothy Ruddell (Retinal Clinic) Dr David Manning (Glaucoma Clini
Other Ophthalmology consultants	Dr Joe Davis
On Call	Dr Mehma Manku Dr Maxwell Simpson Dr Jeff Dobinson Dr. Robert Griffiths
Other staff	Eye Registrars x 2 Heather Collins (CNS) Chris Gialouris (Orthoptist)

Section 24 ORAL & MAXILLOFACIAL SURGERY

PHONE	(02) 4922 3343
FAX	(02) 4922 3344
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Consultative clinic for all Oral and Maxillofacial surgical problems.

SERVICES AVAILABLE

Impacted teeth;
Facial trauma/ Fractures;
Oral Malignancy;
Temporomandibular pain dysfunction;
Facial pain investigation and management; and
Medical compromise patients with associated oral surgery problems.

PRE VISIT REQUIREMENTS

X-rays - OPG/or associated view.
CT x-rays for facial trauma.

RESTRICTIONS

Restricted (Patients must be a holder of a current Health Care Card):

Referral for the treatment of tooth related problems:

Surgical removal of impacted teeth;
Apicectomies; and
Occlusal splint therapy.

Unrestricted:

Oral Pathology;
Orofacial infections;
Facial fractures; and
TMJ dysfunctions.

STAFF

Department Head:	Dr Ian Wilson
Other Staff:	Dr Peter Aquilina, Consultant, Oral and Maxillofacial Surgeon Dr Gary Hoffman, Consultant, Oral and Maxillofacial Surgeon Dr Sri Thamby, Consultant, Oral and Maxillofacial Surgeon Karen Wright, Senior Dental Assistant Lisa McCulloch, Senior Dental Assistant

Section 25 ORTHOPAEDICS SERVICE OVERVIEW

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Orthopaedic Outpatients Unit is the main centre for the follow up of Orthopaedic trauma and conditions for Hunter New England Health Service. Patients attending Emergency Departments, including John Hunter Hospital and Mater Emergency Departments continue their management through the clinic. Belmont Hospital and The Maitland Hospital also conduct orthopaedic clinics.

We offer a multitude of services including consultation with Orthopaedic Surgeons, co-ordination of Registrar training, close liaison with Rehabilitation and Rheumatology Specialists, Hand Therapists and expert nursing staff.

We conduct the only Scoliosis Clinic in Australia outside a capital city.

SERVICES AVAILABLE

Professor Joe Ghabrial's Clinic – Orthopaedic conditions including scoliosis. General orthopaedic conditions by arrangement only.

Dr Robert Kuru's Clinic – Spinal conditions only, including scoliosis. Other orthopaedic conditions by arrangement only.

Professor Leon Kleinman's General Clinic – lower limb joint replacements, arthroscopy, osteotomy.

Professor Leon Kleinman's Paediatric Clinic – congenital and acquired diseases, deformities of children's bone and joints.

Professor Leon Kleinman's Foot Clinic – injury and disease of foot and ankle.

Dr Bryce Meads' Hand Clinic – Hand and wrist conditions, injuries, congenital, nerve damage and deformities. Does not see shoulder or elbow conditions.

Dr Stephen Brindley's Hand Clinic – upper limb conditions and trauma, including hand, shoulder and elbow conditions and trauma, nerve damage and congenital deformities.

Dr Myers Hand Clinic – Hand and wrist conditions, injuries, congenital, nerve damage and deformities. Does not see shoulder or elbow conditions.

Dr David Gill's Clinic – General orthopaedic conditions including shoulders. Does not see back conditions.

Dr Geoff Workman's Clinic – Hip and knee conditions, joint replacement follow up, revision joint replacements and post op patients. Does not see children or adolescents.

Dr David Nicholson's Clinic – Foot and ankle conditions and trauma.

Dr Harrington's Clinic – General orthopaedics. Does not see back conditions.

Professor Zsolt Balogh's Clinic – Orthopaedic Trauma and Trauma Specialist – trauma patients/fractures/dislocations. Follow up of trauma patients only admitted through acute or chronic pelvic and acetabulum fractures, non-unions, malunions.

Registrars Clinic – follow up management of orthopaedic trauma from Emergency Departments and the pre

and post op review of elective orthopaedic surgery patients. **Do not see new referrals unless otherwise organised by department (eg. Teaching Clinic).**

PRE VISIT REQUIREMENTS

See specific clinics for details.

RESTRICTIONS

See specific clinics for details.

STAFF

Department Head:

Dr Michael Tarrant – consults room only

Other Staff:

Professor Joe Ghabrial

Professor Leon Kleinman – also consults at Belmont Hospital & Singleton Hospital

Professor Zsolt Balogh

Dr Stephen Brindley

Dr David Gill

Dr Chris Harrington – consults rooms only and in clinic by arrangement.

Dr Jorgen Hellman – consults rooms only

Dr Roland Hicks – consults rooms only

Dr Abraham Isaacs – consults rooms only

Dr Robert Kuru

Dr Bryce Meads

Dr Andrew Myers

Dr Geoff Workman

Dr David Nicholson

Dr Moncrieff – Consults rooms only

Dr Ed Bateman – consults rooms only.

Dr Minas Petrelis – consults at Belmont Hospital only

Dr Jonathan Young – consults at Belmont Hospital only

Registrars

Residents

Hand Therapists

Physiotherapists

CNC

Nursing Staff

Clerical

25.1 DR KLEINMAN'S GENERAL CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Orthopaedic Management of:

Lower Limb Joint Replacements;

Lower limb conditions;

Arthroscopy;

Osteotomy.

SERVICES AVAILABLE

Consultation with Surgeon.

Liaison with other services (physio, occupational therapist).

PRE VISIT REQUIREMENTS

Dependant on condition, x-rays as required.

Relevant history details as required.

RESTRICTIONS

Does not see:

Hands;

Back Conditions;

Upper Limb Joint replacement; or

Revision of joint replacements.

STAFF

Department Head:	Professor Leon Kleinman
Other Staff:	Professor Leon Kleinman's Registrar
	Professor Leon Kleinman's Resident
	Clinic Nurses

25.2 DR KLEINMAN'S PAEDIATRIC CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Management of:

Congenital and acquired Diseases; and
Bone and joint deformities in children.

SERVICES AVAILABLE

Consultation with Surgeon; and
Liaison with other services (physio, occupational therapist).

PRE VISIT REQUIREMENTS

Relevant x-rays as required
Provision of patient history

RESTRICTIONS

No restrictions, see newborn to 16 years of age.

STAFF

Department Head: Professor Leon Kleinman
Other Staff: Professor Leon Kleinman's Registrar
Professor Leon Kleinman's Resident
Clinic Nurses

25.3 DR KLEINMAN'S FOOT CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Management of injury and disease of the Foot and Ankle.

SERVICES AVAILABLE

Consultation with Surgeon;
Investigations;
Liaison with Diabetic Foot and Ankle Clinic;
Liaison with Dr Pollack's Orthotic Clinic; and
Physiotherapy.

Note: Diabetic Foot conditions are seen in the Diabetic High Risk Foot Clinic. Appointments organised through Diabetes Service.

PRE VISIT REQUIREMENTS

Dependant on condition, x-rays as required.
Relevant history details as required.

RESTRICTIONS

Minimal.
All ages – Paediatric and Adult.
This is not a clinic for fracture follow up.

STAFF

Department Head:	Professor Leon Kleinman
Other Staff:	Professor Leon Kleinman's Registrar Professor Leon Kleinman's Resident Clinic Nurses

25.4 DR MEAD'S HAND CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

For follow-up management of hand and wrist injuries presenting to Hunter New England Health Service Emergency Departments;
 New patient consults for wrist and hand conditions;
 Management of congenital hand deformities; and
 Management of nerve injuries.

SERVICES AVAILABLE

Orthopaedic consultant specialising in hands; and
 Hand therapy unit (physio and OT) attends clinic.

PRE VISIT REQUIREMENTS

Depends on presenting problems:
 Carpel tunnel – if possible NCS; and
 X-rays and relevant tests pre visit assists consultation.

RESTRICTIONS

No elbow or wrist injuries except when involving nerve injuries.
 Brachial plexus injuries – sent to Royal North Shore Hospital.

STAFF

Department Head:	Dr Bryce Meads
Other Staff:	Dr Bryce Meads' Registrar
	Dr Bryce Meads' Resident
	Hand Therapists
	Clinic Nurses

25.5 REGISTRAR'S CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Registrars are allocated to teams responsible to several consultants.

Teams change every 6 months.

Registrars are Orthopaedic surgeons in training or awaiting a place on training scheme.

Patients attending Emergency Department go under consultant on call.

Patients follow up with the Registrar working for that consultant.

SERVICES AVAILABLE

Initial follow up in clinic is 10-14 days after initial presentation to Emergency Department, or earlier if required by arrangement;

Hand injuries – Initial follow up in the clinic is 3-7 days post injury or ED attendance by the Hand Surgeon on call or by the Hand Registrar;

Follow up and ongoing management of trauma from General Practitioners;

Follow up management of trauma patients from JHH and Mater Emergency Departments;

Follow up ongoing management of trauma patients from Belmont and Maitland Emergency;

Departments and Emergency Departments outside Hunter New England Local Health Network with prior arrangement (Maitland and Belmont hospitals conduct their own fracture clinics);

Pre and post op follow up of RNC Elective Surgery patients;

Post discharge follow up of patients discharged from John Hunter Hospital;

Post discharge follow up of patients from Belmont Hospital as required;

Education;

X-ray/plaster; and

Physiotherapy etc.

PRE VISIT REQUIREMENTS

Depends on presenting problem.

RESTRICTIONS

Clinics are **not** for initial management of trauma, they are for follow up and ongoing management. **Patients presenting to General Practitioners for management of trauma, if not initially managed by General Practitioner, should be seen at John Hunter or other Hospital Emergency Department.**

STAFF

Department Head:

Dr Michael Tarrant

Other Staff:

Orthopaedics Registrars and Residents

Clinic Nurses and physiotherapists

25.6 DR BRINDLEY'S HAND CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

For follow up management of upper limb trauma including hand, elbow and shoulder injuries presenting to John Hunter and other Hunter New England Emergency Departments.

New patient consults for hand, wrist, elbow and shoulder conditions.

Management of hand and upper limb congenital deformities.

Management of nerve injuries.

SERVICES AVAILABLE

Orthopaedic Consultant specialising in hand and upper limb trauma and conditions.

Hand therapy unit (physio and OT) attends clinic.

PRE VISIT REQUIREMENTS

Depends on presenting problem:

Carpal tunnel – if possible nerve conduction studies.

Shoulders – if possible x-rays and ultrasound.

X-rays and relevant tests pre visit assists consultation.

RESTRICTIONS

Clinics are not for initial management of trauma.

STAFF

Department Head:	Dr Stephen Brindley
Other Staff:	Dr Stephen Brindley's Registrar
	Dr Stephen Brindley's Resident
	Hand Therapists
	Clinic Nurses

25.7 DR GEOFF WORKMAN'S CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Orthopaedic Management of:

Lower Limb Joint Replacement.

Revision Hip and Knee Replacements

Lower limb conditions

Arthroscopy

SERVICES AVAILABLE

Consultation with Surgeon

Liaison with other services (physio, occupational therapist)

PRE VISIT REQUIREMENTS

Dependant on condition, x rays as required.

Relevant history details as required.

RESTRICTIONS

Does not see:

Back conditions

Upper limb conditions

Hands

STAFF

Department Head:

Dr Geoff Workman

Other Staff:

Dr Workman's Registrar

Dr Workman's Resident

Clinic Nurses

25.8 PROFESSOR GHABRIAL'S GENERAL CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Orthopaedic management of:

Spinal orthopaedic trauma and conditions; and

General orthopaedic conditions by arrangement only.

SERVICES AVAILABLE

Consultation with Orthopaedic Consultant specialising in spinal orthopaedic conditions

Liaison with other services (Rehabilitation Specialists, physio and OT).

PRE VISIT REQUIREMENTS

Referral;

Dependent on condition; and

X-rays, MRI, CT scans if possible.

RESTRICTIONS

Does not see other orthopaedic conditions unless organised by Professor Joe Ghabrial.

STAFF

Department Head: Professor Joe Ghabrial

Other Staff: Professor Joe Ghabrial's Registrar

Professor Joe Ghabrial's Resident

Physios and OT

Clinic Nurses

25.9 PROFESSOR GHABRIAL'S SCOLIOSIS CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Orthopaedic management of:

Scoliosis (paediatric and adolescent);

Adolescent Kyphosis;

Spondylololsthesis; and

Other paediatric and adolescent spinal conditions and trauma.

SERVICES AVAILABLE

Consultation with Orthopaedic Consultant specialising in the management of spinal curvature and other paediatric and adolescent spinal conditions; and
Education.

PRE VISIT REQUIREMENTS

Referral; and

X-rays and other relevant tests pre visit assists consultation.

RESTRICTIONS

For spinal conditions only.

Other orthopaedic conditions by arrangement only.

STAFF

Department Head:

Other Staff:

Orthopaedic Registrars

Orthopaedic Residents

Clinic Nurses

CNC

25.10 DR GILL'S CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Orthopaedic management of:

General orthopaedic conditions including shoulders; and
Follow up management of trauma.

SERVICES AVAILABLE

Consultation with Orthopaedic Consultant;
Follow up of post discharge patients; and
Liaison with other services (physio and OT).

PRE VISIT REQUIREMENTS

Dependant on presenting problem:

X-rays, and relevant tests pre visit assists consultation; and
Shoulders – ultrasound evaluation.

RESTRICTIONS

Does not see:

Backs; and
Hand trauma or conditions.

STAFF

Department Head: Dr David Gill
Other Staff: Dr Gill's Registrar
Dr Gill's Resident
Clinic Nurses.

25.11 DR ROBERT KURU'S CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Orthopaedic management of:

Spinal orthopaedic trauma and conditions;

Scoliosis and other paediatric and adolescent spinal conditions; and

General orthopaedic conditions by arrangement only.

SERVICES AVAILABLE

Consultation with Orthopaedic Specialist in spinal orthopaedic conditions.

Liaison with other services (Rehabilitation Specialists, physio and OT).

PRE VISIT REQUIREMENTS

Dependent on condition:

X-rays, CT scans, MRI scans where appropriate.

RESTRICTIONS

Only sees general orthopaedic conditions by arrangement only.

STAFF

Department Head: Dr Robert Kuru

Other Staff:
Dr Robert Kuru's Registrar
Dr Robert Kuru's Resident
Clinic Nurses

25.12 BELMONT ORTHOPAEDIC CLINIC

PHONE	(02) 4923 2246 (02) 4923 2247
FAX	(02) 4923 2179
REFERRAL	A written referral must be received before a clinic appointment will be allocated or result as an outcome of an Emergency Department attendance at Belmont Hospital.
CLINIC LOCATION	Belmont Hospital

DESCRIPTION

The Orthopaedic Outpatients service at Belmont Hospital offers consultation with several orthopaedic surgeons who operate and conduct clinics within the facility.

Follow up management of patients attending Belmont Emergency Department with orthopaedic trauma.

SERVICES AVAILABLE

Consultation with Orthopaedic Consultant:

Dr Jonathan Young;

Dr Minas Petrelis;

Dr Leon Kleinman; or

Fracture Clinic.

PRE VISIT REQUIREMENTS

Contact Belmont Hospital for further information.

RESTRICTIONS

Patients requiring follow up management of hand trauma are seen in the hand clinics held in the Orthopaedic Clinic at the Royal Newcastle Centre.

STAFF

Department Head:	Dr Michael Tarrant
Other Staff:	Professor Leon Kleinman
	Dr Jonathan Young
	Dr Minas Petrelis
	Orthopaedic Registrar
	Clinic Nurses

25.13 DR NICHOLSON'S CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department Attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2 Royal Newcastle Centre

DESCRIPTION

Orthopaedic management of:

General Foot and Ankle conditions including Diabetic Foot problems.

Follow up of foot and ankle trauma

SERVICES AVAILABLE

Consultation with Orthopaedic Consultant:

Follow up of post discharge patients; and

Liaison with other services (physio and OT)

PRE VISIT REQUIREMENTS

Depends on presenting problems:

X rays and relevant tests pre visit assists consultation.

RESTRICTIONS

Does not see:

Backs

Hand and upper limb conditions.

Other lower limb conditions.

STAFF

Department Head:	Dr David Nicholson
Other Staff:	Dr Nicholson's Registrar
	Dr Nicholson's Resident
	Clinic Nurses

Section 26 OTOLARYNGOLOGY (ENT)

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated, or patient attends clinic as a result of an Emergency Department attendance.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Otorhinolaryngology Department is a co-ordinated group of Consultants, with accredited E.N.T. Registrars, specialising in Ear, Nose and Throat problems. Services offered on an inpatient/outpatient basis through various clinics for people with:

- Head and Neck cancers (eg. vocal cord/tongue tumours, goitre, parotid tumours);
- Vocal cord dysfunction (eg. vocal cord nodules);
- Otology (eg. Otitis Externa, Otitis Media, Cholesteatoma); and
- Hearing disabilities (eg. glue ears, impacted wax).

The Otolaryngology Department works as a team with other health care professionals including Nurses, Speech Pathologists, Audiologist, Dietitians, Social Workers and other Allied Health professionals.

SERVICES AVAILABLE

Otolaryngology Clinics;
 Audiology; and
 Investigation, management and follow up of the above. Conditions including assistance in the coordination of multidisciplinary team management where necessary.

PRE VISIT REQUIREMENTS

Various ENT x-rays, CT Scan Sinuses, audiometry.

RESTRICTIONS

STAFF

Department Head:	Dr Robert Eisenberg
Other Staff:	Dr Colin Reid
	Associate Professor Paul Walker
	Dr Kelvin Kong
	Dr Thya Thiruchelvam
	3 accredited registrars
	1 CNC

Section 27 PAEDIATRIC SERVICE OVERVIEW

PHONE	(02) 4921 3750
FAX	(02) 4921 3740
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	John Hunter Children's Hospital, Paediatric Outpatients Department

DESCRIPTION

SERVICES AVAILABLE

Haematology / Oncology
Immunology / Allergy
Dietitians
Respiratory
Dermatology
Diabetes & Endocrine
Neurology
Surgery
Spina Bifida
General Paediatrics
Cleft Palate
Orthopaedics

PRE VISIT REQUIREMENTS

See specific clinics for details.

RESTRICTIONS

See specific clinics for details.

STAFF

Department Head:	Professor Graham Vimpani (Clinical Chair)
Other Staff:	Dr Frank Alvaro Paediatric Oncology Fellow Visiting Paediatric Oncologists (SCH) Denise Wong See Bruce Whitehead Jodi Hilton Respiratory Registrar Associate Professor Trish Crock Dr Bruce King Dr Ian Wilkinson Dr Robert Smith Professor Trish Davidson

Dr Gerard Roy

Dr Raj Kumar

Dr John Stuart

Dr Eric Ho

Dr Laurence Roddick

Dr Murray Webber

Dr Julie Adamson

Nursing Staff

CNC, Educators

Allied Health

Dietetics, Physiotherapy, Social Work, Occupational Therapy

27.1 PAEDIATRIC HAEMATOLOGY/ONCOLOGY

PHONE	(02) 4921 3080
FAX	(02) 4985 5605
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ground Floor, JHH

DESCRIPTION

Haematology/Oncology clinics provide services for patients with haematology/oncology; BMT complaints; and Long term effects clinic.

SERVICES AVAILABLE

Blood monitoring, CVL dressings, Insuflon changes, urinalysis, BP, SAO₂ monitoring; and Monitor bloods – hormones, HT, WT, x-rays.

PRE VISIT REQUIREMENTS

Blood tests required prior to appointment.
Referral.

RESTRICTIONS

No.

STAFF

Department Head: Dr Frank Alvaro
Other Staff: Fellow
CNC
Visiting Paediatric Oncologists (SCH)

27.2 PAEDIATRIC IMMUNOLOGY & ALLERGY

PHONE	(02) 4921 3672
FAX	(02) 4922 3904
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	John Hunter Children's Hospital, Paediatric Outpatients Department

DESCRIPTION

Paediatric Immunology / Allergy.

SERVICES AVAILABLE

Diagnostic and management of children with allergic reactions and diseases and diseases of immune dysfunction particularly immuno-deficiencies. Special interest in food allergies in young children managed in conjunction with JHCH Dietetics Department.

PRE VISIT REQUIREMENTS

Criteria:

- Paediatric patients aged 0 to 16 years
- Suffering Food Allergy (moderate to severe reactions)
- Anaphylaxis to bee sting, ticks and food
- Moderate to severe eczema requiring immuno-suppressive therapy
- Eosinophilic disorders
- Allergic rhinitis
- Auto-immune disorders
- Chronic urticaria
- Primary Immune Deficiency
- Patients review for food challenges

RESTRICTIONS

Asthma and Food-triggered behavioural issues.

STAFF

Department Head:	Dr Rani Bhatia
Other Staff:	Jan Belcher, Clinical Nurse Consultant Emily O'Connor, Dietitian Team Secretary Ph: (02) 4921 3672

27.3 PAEDIATRIC DIETITIANS

PHONE	(02) 4921 3688 (Paediatric Dietetic Department) (02) 4921 3750 (Specialty Clinic Appointments)
FAX	(02) 4922 3904
REFERRAL	A written referral must be received by fax before a clinic appointment will be allocated General Clinic – health professional (GP, Allied Health, Paediatrician, Child Health Nurses)
CLINIC LOCATION	John Hunter Children’s Hospital, Paediatric Outpatients Department

DESCRIPTION

Paediatric dietetic clinics provide nutritional services to neonates, infants, children and adolescents from the entire northern region for speciality clinics such as NICU, Diabetes / Endocrine, Cystic Fibrosis, Allergy, Oncology and Greater Newcastle Sector for general paediatric (obesity, iron deficiency, fussy eating, failure to thrive). A joint feeding clinic with Speech Pathology provided multidisciplinary treatment of infant and child feeding problems.

SERVICES AVAILABLE

Outpatient Clinics:

- Nutritional assessment;
- Nutritional advice / intervention; and
- Monitoring and follow up as required.

Provision of home enteral nutrition for those being regularly reviewed;

Education and update to Area Health Service staff and patient support groups; and
Research.

PRE VISIT REQUIREMENTS

Biopsy for coeliac disease referrals.

SPT for allergy clinic.

Height and weight history (including current measurement and centiles) for growth, overweight and failure to thrive referrals.

Obesity referrals – families will be required to complete and return a questionnaire before an appointment is made.

RESTRICTIONS

Eating disorders referred to CAMHS

Waiting time for general clinic

STAFF

Other Staff:	Deirdre Burgess Carmel Smart (Endocrine) Emily O’Connor (General)
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Virginia McRory
Yvette Anscombe

27.4 PAEDIATRIC RESPIRATORY

PHONE	(02) 4921 3676
FAX	(02) 4921 3599
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	John Hunter Children's Hospital, Paediatric Outpatients Department

DESCRIPTION

Respiratory outpatient clinic provides services for patients with respiratory problems (i.e. chronic lung disorders, Cystic Fibrosis, asthma), sleep disorders, apnoea and SIDS. All patients have a consultation with a respiratory specialist or Paediatrician specialising in asthma and an asthma educator. Cystic Fibrosis patients are seen by respiratory specialist, CF nurse, Dietitian, Physiotherapist, Social Worker and Genetic Counsellor.

SERVICES AVAILABLE

Asthma consultation, education and management;
Pulmonary lung function testing;
Infant lung function testing;
Allergy testing (skin prick) – only if associated with respiratory disease;
Cystic Fibrosis team consultation and management;
Sweat test analysis and education;
Port a cath monthly flushing / heparin lock maintenance;
Apnoea and SIDS (MRIO) monitoring / CP training; and
Sleep Monitoring.

PRE VISIT REQUIREMENTS

Written referral from GP or specialist;
Lung function testing for CF patients & asthma > 5 years;
Chest x-ray & bloods for annual review – CF patients; and
Scored sleep studies for sleep patients.

RESTRICTIONS

Infection control management with CF clinic. All patients are seen by CF team in their own individual room – thus preventing cross infection of bacteria amongst the CF clinic population.

STAFF

Department Head:	Dr Bruce Whitehead
Other Staff:	Dr Jodi Hilton
	Dr Tanya Gulliver
	Dr Joerg Mattes
	Dr Larry Roddick
	Dr Peter Ebeling
	Linda Cheese (Respiratory & CF CNC)

Bernadette Goddard (Asthma CNC)

Denise Wong See (Dietitian)

Rosie Day (Physiotherapist)

Bronwyn Burgess (Genetic Counsellor)

Barbara Anderson (Community Social Worker)

Inpatient Social Worker

Asthma Educator

Team Secretary Ph: (02) 4921 3676

Sleep Unit Secretary: (02) 4921 3935

27.5 PAEDIATRIC DERMATOLOGY

PHONE	(02) 4921 3750
FAX	(02) 4921 3740
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Paediatric Dermatology diagnosis and treatment of any condition involving the skin affecting children.

SERVICES AVAILABLE

Diagnosis and investigation of birthmarks and developmental abnormalities of the skin;

Management of atopic eczema including investigation of allergic triggers;

Diagnosis and treatment of common and other infections of the skin including warts and molluscum; and

Assessment of pigmented lesions of the skin and other growths and tumours of skin.

PRE VISIT REQUIREMENTS

Nil.

RESTRICTIONS

STAFF

Department Head:	Dr John Relic
Other Staff:	Dr Nick Aspers
	Dr Nghi Huyun
	Dr Hussein Kalovche

27.6 PAEDIATRIC DIABETES AND ENDOCRINE CLINIC

PHONE	(02) 4985 5634
FAX	(02) 4922 3904
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	John Hunter Children's Hospital, Paediatric Outpatients Department

DESCRIPTION

Clinic is a tertiary referral service that provides assessment and management of diabetes and endocrine conditions in children and adolescents. Member of NADC (National Association of Diabetes Centres).

SERVICES AVAILABLE

We have a multidisciplinary team which manages growth disorder, pituitary disorders, thyroid disorders, altered pubertal timing, congenital adrenal hyperplasia and Type 1 and Type 2 diabetes.

PRE VISIT REQUIREMENTS

Bring Personal Health Record book on day of visit.

GP Referral.

(If urgent e.g. New Diabetic, please phone Paediatric Endocrinologist On Call via switchboard phone (02) 49213000.

RESTRICTIONS

New patients should be referred by a medical practitioner and be < 18 years or still attending school. Children with obesity but no endocrine disorders should be referred to Obesity clinic.

STAFF

Department Head:	Associate Professor Patricia Crock
Other Staff:	Dr Donald Anderson
	Dr Bruce King
	Elizabeth Nunn, Clinical Nurse Consultant (CNC)
	Helen Phelan, CNC
	Michelle Neylan, Acting Paediatric Diabetes Educator CNC
	Carmel Smart, Diabetes and Endocrine Dietitian
	Deirdre Burges, Diabetes and Endocrine Dietitian
	Mal Fletcher, Social Worker
	Team Secretary Ph: (02) 4985 5634 or (02) 4985 5274

27.7 PAEDIATRIC NEUROLOGY

PHONE	(02) 4921 3750
FAX	(02) 4922 3904
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	John Hunter Children's Hospital, Paediatric Outpatients Department

DESCRIPTION

Neurology Clinic.

Epilepsy Action Education Clinic.

SERVICES AVAILABLE

Neurology services and investigations provided for children with complex epilepsy and neurological conditions including chronic headaches.

PRE VISIT REQUIREMENTS

Bring personal health record;

Referral letter must be faxed to (02) 4922 3904;

Relevant school or medical documents and investigations;

Seizure video (if indicated) (mobile phone video will suffice); and

Medical Imaging films if available (not just report).

RESTRICTIONS

Services Not Available:

Simple Febrile Convulsion;

Development Assessments (unless epilepsy is a co-morbidity);

ADD/ODD; and

Autism.

Please refer any of the above to General Paediatrics.

STAFF

Department Head:

Dr Robert Smith

Other Staff:

Dr Gopinath Subramanian

Clinical Nurse Consultant Janis Brown

Team Secretary Ph (02) 4921 3385

27.8 PAEDIATRIC SURGERY

PHONE	(02) 4921 3750
FAX	(02) 4922 3904
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	John Hunter Children's Hospital, Paediatric Outpatients Department

DESCRIPTION**Paediatric Surgery Clinic:**

AM Clinics: Tuesday and Wednesday

PM Clinics: Monday, Wednesday & Thursday

Paediatric Burns Clinic:

Monday PM and Thursday

Burns clinic appointments will be contacted via the Day Stay unit staff

SERVICES AVAILABLE

General Paediatric surgical conditions;

Paediatric Urology;

Paediatric Gastroenterological conditions; and

Trauma and burns service.

PRE VISIT REQUIREMENTS

Referring letter to the Paediatric Surgeon by name from GP, Paediatrician or other specialist.

RESTRICTIONS Nil.

STAFF

Department Head: Dr Gerard Roy – Tuesday & Wednesday AM Clinics

Other Staff: Professor Trish Davidson – Wednesday PM Clinic

Dr John Cassey, VMO – doesn't have general surgery clinics.
Appointments can be made through private rooms.

Dr Raj Kumar, Paediatric Surgeon – Monday & Thursday PM Clinics

Kerri Sullivan, CNC Paediatric Surgery

Team Secretary Ph (02) 4921 3386

27.9 PAEDIATRIC SPINA BIFIDA CLINIC

PHONE	(02) 4921 3750
FAX	(02) 4922 3904
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	John Hunter Children's Hospital, Paediatric Outpatients Department

DESCRIPTION

Multidisciplinary clinic for children with Spina Bifida and sacral agenesis.

SERVICES AVAILABLE

Paediatrician
Orthopaedic Surgeon
Physiotherapist
Occupational Therapist
Social Worker
Registered Nurse (Continence)
Adult Transition

PRE VISIT REQUIREMENTS

Referral from GP.

RESTRICTIONS

Children are seen to the age of 18 years; and
Transition to adult services at 16 years.

STAFF

Department Head: Caroline Hodge - Paediatrician
Other Staff: Dr Eric Ho – Orthopaedic Surgeon
Dr Sandeep Tewari – Orthopaedic Surgeon
Gail Lovell – Occupational Therapist
Odette Treyvaud – Physiotherapist
Registered Nurse (Continence)
Dr P Gale – Adult Rehab Specialist

27.10 PAEDIATRIC GENERAL CLINIC

PHONE	(02) 4921 3750
FAX	(02) 4921 3904
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	John Hunter Children's Hospital, Paediatric Outpatients Department Belmont Hospital, Paediatric Outpatients Department

DESCRIPTION

Clinic is a referral service which provides assessment and management of paediatric illness and disease.

SERVICES AVAILABLE

Paediatrician; and
Clinic Nurse.

PRE VISIT REQUIREMENTS

Bring personal health record book; and
GP referral.

RESTRICTIONS

Have to be referred.

Belmont Hospital - no faxed referrals accepted. Patients to ring (02) 4923 2030 for an appointment.

STAFF

Department Head:	Dr Bruce Whitehead
Other Staff:	Dr Laurence Roddick at Belmont Hospital Dr Peter Ebeling at Belmont Hospital Dr Donald Anderson Dr Michael Lonergan Dr John Stuart Dr Graham Vimpani Dr Murray Webber Dr Julie Adamson Dr Lynn Samara-Banna Dr Anne Piper Dr Stephen Knipe Team Secretary Ph: (02) 4921 3670

27.11 PAEDIATRIC CLEFT PALATE CLINIC

PHONE	(02) 4921 3750
FAX	(02) 4922 3904
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	John Hunter Children's Hospital, Paediatric Outpatients Department

DESCRIPTION

Cleft Palate Clinic.

SERVICES AVAILABLE

Expertise in cleft management.

PRE VISIT REQUIREMENTS

Current referral to Dr L.Roddick every 12 months – ongoing referrals will not be accepted.

RESTRICTIONS

Only infants, children and adolescents with a cleft will be seen.

STAFF**Department Head:**

Dr Larry Roddick

Other Staff:

Dr Peter Hayward

Professor Paul Walker

Dr Bruce Whitehead

Jana Carr

Dr Matt Edwards

Amy Walker

Aziz Kahn/ Helen Caldwell

Ian Wilson

Catherine Boorer

Team Secretary Ph: (02) 4923 2030

27.12 PAEDIATRIC ORTHOPAEDIC

PHONE	(02) 4921 3750
FAX	(02) 4922 3904
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	John Hunter Children's Hospital, Paediatric Outpatients Department

DESCRIPTION

Clinic provides assessment, management and follow up of all musculoskeletal affections in children and adolescents (0 – 18 years).

SERVICES AVAILABLE

All elective paediatric orthopaedic conditions (cerebral palsy, hip dysplasia, leg length problems, gait problems and syndromes with complex musculoskeletal problems).

PRE VISIT REQUIREMENTS

Nil.

RESTRICTIONS

Age 0-18 only with referrals.

STAFF

Department Head:	Associate Professor Eric Ho
Other Staff:	Dr Sandeep Tewari Paediatric Orthopaedic Team Secretary – Beverley Bamber Ph: (02) 4922 3543

27.13 NEONATAL INTENSIVE CARE UNIT (NICU) CLINIC

PHONE	(02) 4921 4362
FAX	(02) 4921 4408
REFERRAL	From obstetric and other level 3 Hospitals
CLINIC LOCATION	John Hunter Children's Hospital, Paediatric Outpatients Department

DESCRIPTION

The NICU clinic follows babies who are born at less than 32 weeks gestation or less than 1500gm. We also follow babies born to mothers with substance abuse; babies with chronic lung disease and on the home oxygen program in conjunction with the respiratory team; some surgical babies.

SERVICES AVAILABLE

Neonatologist, nurse, physiotherapist, dietitian, speech therapist, Bayleys developmental assessments, social worker, lactation consultant. We provide an immunisation service and coordinate appointments as required to other services, eg cardiologist, ophthalmologist.

PRE VISIT REQUIREMENTS

Referral from obstetrician initially then GP.

RESTRICTIONS

See only babies that have come through the Unit.

STAFF

Department Head:	Dr Chris Wake
Other Staff:	Dr Rebecca Glover, Neurologist
	Dr Paul Craven, Neurologist
	Dr Ian Wright, Neurologist
	Dr Javeed Travadi, Neurologist
	Dr Koert de Waal, Neurologist
	Advanced Neonatal Trainees
	Dietitians
	Speech Therapist
	Physiotherapist
	Occupational Therapists (available for developmental assessments only)
	Team Secretary Ph: (02) 4921 4362 or (02) 4985 5305

Section 28 HUNTER INTEGRATED PAIN SERVICE OVERVIEW

PHONE	(02) 4922 3435
FAX	(02) 4922 3438 (not referrals)
E-MAIL	hips@hnehealth.nsw.gov.au (website: www.hnehealth.nsw.gov.au/pain)
REFERRAL	A medical referral and referral questionnaire must be received before a clinic appointment will be allocated. Referral should be faxed to the Referral Management Centre on: (02) 4922 3900.
CLINIC LOCATION	RNC Administration Suite, 2nd Floor, Royal Newcastle Centre

DESCRIPTION

Promotion & delivery of evidence-based, multidimensional care to those with acute, persistent and cancer pain.

SERVICES AVAILABLE

Development of holistic pain management approaches for individuals;
 Procedural Intervention - nerve blocks (diagnostic & therapeutic);
 Optimisation of Pharmacological Management (including drug trials and detoxification);
 Psychological & psychiatric treatment;
 Modular Approach to Pain – group pain management programmes; and
 The HIPS Website (www.hnehealth.nsw.gov.au/pain) is a useful resource for referrers and the community.

PRE VISIT REQUIREMENTS

Medical referral and Referral Questionnaire.

RESTRICTIONS

Patients who can be well managed by GP (using appropriate guidelines where necessary);
 Previous HIPS patients who have not followed management recommendations; and
 Previous HIPS patients who have completed group pain management programs and for whom no new management approaches are available.

STAFF

Department Head:	Dr Chris Hayes (Pain Medicine Specialist) Caroline Phelan (Acting Operations Manager / Clinical Nurse Consultant, Pain Management)
Other Staff:	Susie Lord, Pain Medicine Specialist Mark Davies, Anaesthetist Peter Armstrong, Anaesthetist Peter Ravenscroft, Pain Medicine Specialist Dianne Pacey, Rehabilitation Physician Andrew Powell, Pain Fellow Stephanie Oak, Psychiatrist Matthew Pols, Psychiatrist

Meredith Jordan, Psychologist

Denise Daunt, Physiotherapist

Ruth White, Physiotherapist

Caroline Phelan, Acting Clinical Nurse Consultant, Pain Management

Lyndsay Wall, Clinical Nurse Specialist

Michelle Chapman, Clinical Nurse Specialist

Kathie Nickerson, Clinical Nurse Specialist

Karen Gardiner, Administration Co-ordinator

Diana Young, Administration Officer

Denise Sandall, Administration Officer

Paula Taylor, Administration Officer

Section 29 PLASTIC SURGERY

CONTACT (Service not currently available)

PHONE

FAX

E-MAIL

REFERRAL

CLINIC LOCATION

DESCRIPTION

SERVICES AVAILABLE

PRE VISIT REQUIREMENTS

RESTRICTIONS

STAFF

Department Head:

Other Staff:

Section 30 REHABILITATION MEDICINE SERVICE OVERVIEW

CONTACT	Dr Geoff Booth, Area Director Rehabilitation Medicine Service
PHONE	(02) 4922 3065
FAX	(02) 4922 3091
E-MAIL	Geoff.booth@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Hunter Brain Injury Service (HBIS), Maitland Hospital, Dungog Hospital, John Hunter Hospital, Nelson Bay Polyclinic, Newcastle East Community Health Centre (SCIS), Royal Newcastle Centre (RNC), Rankin Park Centre (RPC), 'Enable' Rankin Park Campus, Westlakes Polyclinic

DESCRIPTION

The Rehabilitation Medicine Unit is a coordinated group of Consultants in Rehabilitation Medicine who offer services (inpatient and outpatient) for people (patients/carers/families) with disabilities (loss of function) arising from injury/illness.

The Rehabilitation Medicine Unit provides outpatient services through various clinics and specialized services for people with disabilities arising from:

- Neurological conditions (eg Stroke/MS)
- Trauma (eg Spinal Cord Injury, Head Injury, Orthopaedic)
- Musculo-skeletal conditions (eg back pain)
- Amputation (due to vascular disease and trauma)
- Deconditioning (arising from prolonged acute medical/surgical problems)

The Rehabilitation Medicine Unit works as a team with other professionals including Nurses, Physiotherapists, Occupational Therapists, Social Workers, Speech Pathologists, Prosthetists, Orthotists, and other Allied Health Professionals.

Referral may also be made to other more specialised (Tertiary referral) Rehabilitation Services as required.

SERVICES AVAILABLE

- General Rehabilitation Clinics (Royal Newcastle Centre, John Hunter Hospital, Maitland Hospital, Dungog Hospital, Westlakes Polyclinic & Nelson Bay Polyclinic);
- Amputation Clinic (Enable);
- Brain Injury Service; (HBIS)
- Orthotics Clinic;
- Special Pain (non-cancerous) Clinics/Services (Spinal Cord Pain);
- Spinal Cord Injury Service Clinics/Service (SCIS): includes Spinal Cord Pain;
- Stroke Clinics/Service; and
- Tone & Function Clinic (Restricted: Tertiary Referral only)

PRE VISIT REQUIREMENTS

See specific clinics for details.

RESTRICTIONS

See specific clinics for details.

STAFF

Dr Geoff Booth (Senior Staff Specialist) MBBS, DPRM, FACRM, FACOM, FAFRM(RACP), FAFOEM (RACP), FFPMANZCA (Department Head & Director Royal Newcastle Centre, Clinical Director Amputation Clinic, Senior Lecturer School of Medicine & Public Health University of Newcastle)

Dr Michael Pollack (Senior Staff Specialist) MBBS, FAFRM(RACP), FACRM, FFPMANZCA, M.Med.Sci(Clin.Epi) (Director Rehabilitation Medicine, John Hunter Hospital, Rankin Park Centre, & Belmont Hospital Director, Area Director Hunter Stroke Service, Senior Lecturer School of Medicine & Public Health University of Newcastle)

Dr Peter Gale (Senior Staff Specialist) MBBS, FAFRM(RACP), DipMSM (Director, Spinal Cord Impairment Unit)

Dr David Kellett (Staff Specialist) B.Med, FAFRM(RACP) (Director Brain Injury Rehabilitation Service)

Dr Dianne Pacey (Senior Staff Specialist) B.Med, B.Med.Sci, FAFRM(RACP), FFPMANZCA, M.Med Sci (Clin Epi), (Director Rehabilitation Teaching Education & Research, Lecturer School of Medicine & Public Health University of Newcastle)

Dr Rebecca Beiers (VMO) B.Med, B.Med Sci (Hons), FAFRM (RACP) (Director, Maitland Hospital Rehabilitation Service)

30.1 GENERAL REHABILITATION (ROYAL NEWCASTLE CENTRE)

PHONE & FAX	Dr Michael Pollack	PH (02) 4921 4840; FAX (02) 4921 4811
	Dr Peter Gale	PH (02) 4921 4898; FAX (02) 4921 4811
	Dr David Kellett	PH (02) 4921 4830; FAX (02) 4921 4811
	Dr Dianne Pacey	PH (02) 4922 3065; FAX (02) 4922 3091
E-MAIL	Jacqueline.Mann@hnehealth.nsw.gov.au (Dr Pollack)	
	Susan.Hewitt@hnehealth.nsw.gov.au (Dr Gale)	
	Jennifer.Broady@hnehealth.nsw.gov.au (Dr Pacey)	
	Leonie.Hayes@hnehealth.nsw.gov.au (Dr Kellett)	
REFERRAL	A written referral must be received before a clinic appointment will be allocated.	
CLINIC LOCATION	Royal Newcastle Centre	

DESCRIPTION

A Rehabilitation Medicine service for patients with chronic disability arising from:

- Subacute and chronic low back pain/neck pain and other musculo-skeletal disorders;
- Work related injury;
- Neurological conditions; and
- Footwear problems.

A follow-up service for appropriate patients who have been an Inpatient at the Rehabilitation Medicine Units (Royal Newcastle Centre and Rankin Park Centre).

SERVICES AVAILABLE

Investigation, management and follow-up of the above conditions.

PRE VISIT REQUIREMENTS

Comprehensive referral including other relevant Specialist's reports and test results.

RESTRICTIONS

Adult service only.

STAFF

Department Head:	Dr Geoff Booth
Other Staff:	Dr Michael Pollack (attending physician)
	Dr Peter Gale (attending physician)
	Dr Dianne Pacey (attending physician)
	Dr David Kellett (attending physician)
	Nursing staff as required

30.2 GENERAL REHABILITATION (MAITLAND DISTRICT HOSPITAL)

CONTACT	Dr Rebecca Beiers
PHONE	(02) 4939 2176
FAX	(02) 4939 2318
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Maitland District Hospital (Addison Clinic)

DESCRIPTION

A Rehabilitation Medicine service for patients with chronic disability arising from:

- Subacute and chronic low back pain/neck pain and other musculo-skeletal disorders;
- Work related injury;
- Neurological conditions (including TIAs);
- Botulinum Toxin injections for selected patients;
- Amputation.

A follow-up service for patients who have been an Inpatient at the Rehabilitation Medicine Units (Maitland Hospital, Rankin Park Centre, Royal Newcastle Hospital).

SERVICES AVAILABLE

Investigation, management and follow-up of the above conditions.

PRE VISIT REQUIREMENTS

Comprehensive referral including other relevant Specialist's reports and test results.

RESTRICTIONS

Adult service only.

STAFF

Department Head: Dr Rebecca Beiers (VMO)

Other Staff:

30.3 GENERAL REHABILITATION (DUNGOG HOSPITAL)

CONTACT	Dr Michael Pollack/Ms Jane Levick
PHONE	(02) 4995 7000 (Levick): (02) 4921 4840 (Pollack)
FAX	(02) 4995 7005 (Levick): (02) 4921 4811 (Pollack)
E-MAIL	Jane.levick@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Rehabilitation Medicine Clinic, Dungog Hospital, HospitalRoad, Dungog

DESCRIPTION

A three monthly (ie quarterly) general Rehabilitation Medicine clinic dealing with disability arising from neurological and musculo-skeletal disorders including persistent (non cancerous) pain.

SERVICES AVAILABLE

Assessment (including Investigation), management and follow-up of the above conditions.

PRE VISIT REQUIREMENTS

Comprehensive referral including other relevant Specialist's reports and test results.

RESTRICTIONS

Nil.

STAFF

Department Head: Dr Michael Pollack
Other Staff: Ms Jane Levick

30.4 GENERAL REHABILITATION (NELSON BAY POLYCLINIC)

CONTACT	Dr Peter Gale (Sue Hewitt, Secretary)/Vanessa Orton
PHONE	(02) 4921 4898 (Gale) (02) 4984 0730 (Orton)
FAX	(02) 4921 4811(Gale) (02) 4984 0744 (Orton)
E-MAIL	Peter.gale@hnehealth.nsw.gov.au Susan.hewitt@hnehealth.nsw.gov.au Vanessa.Orton@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Nelson Bay Polyclinic, Trevally Street, Nelson Bay

DESCRIPTION

A monthly general rehabilitation clinic, dealing with disability arising from neurologic and musculo-skeletal disorders.

SERVICES AVAILABLE

The Consultant in Rehabilitation Medicine liaises closely with the P/T, O/T, speech pathologist, social worker dietitian and psychologist to develop an integrated treatment plan where appropriate. Referral can be made for orthoses, and assessment can be made for PADP.

PRE VISIT REQUIREMENTS

Comprehensive referral including other relevant Specialist's reports and test results.

RESTRICTIONS

Patients aged over 16 years.

Patients with geriatric medicine syndromes of dementia, incontinence, frequent falls would best be seen by the visiting Geriatrician.

STAFF

Department Head:	Dr Peter Gale
Other Staff:	Team Co-ordinator Occupational Therapist Physiotherapist Speech Pathologist Social Worker Dietitian Psychologist

30.5 GENERAL REHABILITATION (WESTLAKES POLYCLINIC)

CONTACT	Appointments: Dr Peter Gale (Sue Hewitt, Secretary) Rehabilitation Team: Glade Vyslysel, Team Leader Westlakes Community Rehabilitation Team, Westlakes CHC
PHONE	(02) 4935 8100 (Vyslysel) <i>Monday to Thursday 8.30-4.30</i> (02) 4921 4898 (Hewitt)
FAX	(02) 4935 8163 (Vyslysel) (02) 4921 4811 (Hewitt)
E-MAIL	Glade.Vyslysel@hnehealth.nsw.gov.au Susan.hewitt@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Westlakes Polyclinic, 6 James Street, Toronto 2283

DESCRIPTION

A service for patients with disabilities arising from Neurological, musculo-skeletal and vascular disease/injuries, who require a multidisciplinary Rehabilitation Team approach.

SERVICES AVAILABLE

Rehabilitation medicine consultation;
Multidisciplinary Rehabilitation Team assessments and management;
Individual therapies, on the background of ongoing disabling condition;
Falls prevention; and
Coping with Chronic pain programmes.

PRE VISIT REQUIREMENTS

Comprehensive referral including other relevant Specialist's reports and test results.

RESTRICTIONS

Adult service only.

STAFF

Department Head: Dr Peter Gale
Other Staff: Marlene McNally (Coordinator)
Occupational Therapist
Physiotherapist
Social work
Speech pathology

30.6 ENABLE (RANKIN PARK CENTRE) - Amputee Patients

CONTACT	Ashleigh Dyke
PHONE	(02) 4921 4151
FAX	(02) 4921 4155
E-MAIL	ashleigh.dyke@hss.health.nsw.gov.au
REFERRAL	A written referral is required prior to an appointment being made.
CLINIC LOCATION	This clinic is held on the Rankin Park Campus (specific directions will be given with appointment details)

DESCRIPTION

This clinic is held each week on a Tuesday morning.

SERVICES AVAILABLE

The Consultant in Rehabilitation Medicine liaises closely with the Physiotherapists and Prosthetists (public and private) to appropriately manage the prosthetic requirement of patients.

STAFF

Other Staff:	Dr Geoff Booth
	Dr Peter Gale
	Prosthetist/s
	Physiotherapist/s

30.7 BRAIN INJURY

CONTACT	Program Coordinator
PHONE	(02) 4924 5600
FAX	(02) 4924 5610
E-MAIL	Braininjuryservice@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	313 Darby Street, Bar Beach

DESCRIPTION

Rehabilitation Management of disabilities related to acquired brain injury due to trauma.

SERVICES AVAILABLE

Rehabilitation Medicine Consultant, Neuropsychiatry, Neuropsychology, Clinical Psychology, Physiotherapy, Occupational Therapy, Social Work, Nutrition & Dietetics, Speech Pathology, Case Management.

PRE VISIT REQUIREMENTS

Comprehensive written referral with relevant Specialist reports and test results.

RESTRICTIONS

Adult Clinic.

STAFF

Department Head:	Dr David Kellett
Other Staff:	Dr Peter Schofield Case Manager Allied Health Therapists

30.8 ORTHOTICS (INCLUDING FOOTWEAR)

CONTACT	Dr Michael Pollack/Ms Jackie Mann (Secretary) Dr Peter Gale/Ms Sue Hewitt (Secretary)
PHONE	(02) 4921 4840 (Pollack): (02) 4921 4898 (Gale)
FAX	(02) 4921 4811 (Pollack): (02) 4921 4811 (Gale)
E-MAIL	Jacqueline.mann@hnehealth.nsw.gov.au Susan.hewitt@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Level 2, Royal Newcastle Centre

DESCRIPTION

Prescription, assessment and follow-up of orthotic devices and footwear.

SERVICES AVAILABLE

Rehabilitation Medicine assessment, therapy and orthotic/footwear prescription (including follow-up and acquittal) for patients requiring prescribed orthoses and footwear. PADP prescriptions.

PRE VISIT REQUIREMENTS

Medical referral.

RESTRICTIONS

Nil.

STAFF

Department Head:	Dr Michael Pollack
Other Staff:	Dr Peter Gale Orthotist as required

30.9 SPINAL (SCIS)

CONTACT	Dr Peter Gale (Sue Hewitt, Secretary)/ Kylie Jones (Team Leader)
PHONE	(02) 4921 4898 (Gale): (02) 4925 7888 (Jones)
FAX	(02) 4921 4811 (Gale): (02) 4925 7880 (Jones)
E-MAIL	Susan.hewitt@hnehealth.nsw.gov.au Kylie.jones@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Newcastle East Community Health Centre, Hunter Street, Newcastle (Access via King St)

DESCRIPTION

A clinic operating as part of the Spinal Cord Injury Service (SCIS), to address medical issues present in those with a spinal cord injury.

SERVICES AVAILABLE

Medical assessment and therapy in those areas of particular concern to patients with Spinal Cord Injury; eg bladder, bowel, spasticity, pain, dysreflexia, limb function etc. The medical treatment is coordinated with therapies and assistance from the nursing and Allied Health members of the SCIS. Referral can be made from the General Spinal Cord Injury clinic to the associated Spinal Cord Injury Pain Clinic, the Urology and Sexuality Clinic, or the Seating Clinic.

Outreach clinics are offered yearly at Scone and Nelson Bay.

PRE VISIT REQUIREMENTS

Medical referral.

Presence of spinal cord injury (usually patients are already clients of the SCIS).

RESTRICTIONS

Adults only (18+).

STAFF

Department Head:	Dr Peter Gale – General & Pain
Other Staff:	Dr Michael Pollack – General & Pain Dr Chris Hayes – Pain Urologist CNS Allied Health

30.10 STROKE SERVICE

CONTACT	Dr Michael Pollack
PHONE	(02) 4921 4840
FAX	(02) 4921 4811
E-MAIL	Jacqueline.mann@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Level 2, Royal Newcastle Centre

DESCRIPTION

A clinic operating as part of the Hunter Stroke Service focussing on assessment and management of disabilities arising from stroke, and aspects of stroke prevention.

SERVICES AVAILABLE

Assessment, management and follow-up of stroke related disabilities and Tertiary Prevention; and Follow-up of relevant stroke patients who have had an acute inpatient stay at John Hunter, Mater Misericordiae, Belmont or other acute hospitals.

PRE VISIT REQUIREMENTS

Medical referral.

RESTRICTIONS

Adults only (18+).

STAFF

Department Head:	Dr Michael Pollack
Other Staff:	Liaison with Neurologist (Stroke, TIA Neurovascular Clinic) Allied Health Nursing personnel

Section 31 RESPIRATORY SERVICE OVERVIEW

CONTACT	Unit Secretaries
PHONE	(02) 4921 3470
FAX	(02) 4921 3469
REFERRAL	A written referral must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests
CLINIC LOCATION	John Hunter Hospital, Cessnock Hospital, Belmont Hospital and Muswellbrook Hospital

DESCRIPTION

SERVICES AVAILABLE

Asthma Management;
 Cessnock Respiratory Clinic;
 ADAPT Clinic;
 Mantoux – Tuberculin Skin Test (TST)/BCG Clinic;
 Muswellbrook Respiratory Clinic;
 Oxygen Clinic;
 Pulmonary Function Laboratory;
 Pulmonary Rehabilitation Programme Assessments;
 Respiratory Clinic;
 Severe Asthma Clinic;
 Newcastle Sleep Disorders Centre – Sleep Clinic; and
 Belmont Respiratory Clinic.

PRE VISIT REQUIREMENTS

See specific clinics for details.

RESTRICTIONS

See specific clinics for details.

STAFF

Department Head:	Professor Michael Hensley
Other Staff:	Respiratory Physicians
	Professor Peter Gibson
	Associate Professor Nick Saltos
	Dr Keith Murree-Allen
	Associate Professor Peter Wark
	Dr Antonio Ambrogetti
	Dr Khalil Cassim
	Nursing Staff
	CNC
	CNS

RN

31.1 ASTHMA MANAGEMENT SERVICE (AMS)

CONTACT	Vanessa McDonald, Clinical Nurse Consultant Respiratory Kim Cookson, Clinical Nurse Specialist
PHONE	Appointments (02) 4921 3470 Enquires (02) 4921 3480
FAX	Appointments (02) 4921 3469 Enquires (02) 4921 3469
E-MAIL	Vanessa.McDonald@hnehealth.nsw.gov.au Kim.Cookson@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests, if any.
CLINIC LOCATION	Medical Outpatient Department, Level 2, Royal Newcastle Centre

DESCRIPTION

The AMS provides people with the appropriate education, self management skills, clinical assessment and treatment necessary to achieve and maintain control of asthma and to prevent severe asthma episodes. People attend a structured programme of 4 visits over approximately an 8 week period. Patients are reviewed by a respiratory physician and asthma educator. At the completion of the programme, patients are returned to the care of their referring doctor for ongoing asthma management.

SERVICES AVAILABLE

- An assessment of asthma;
- An individualised written asthma management plan prepared with the patient;
- Education about asthma and its treatment;
- Instructions on how to monitor asthma;
- A crisis plan for managing asthma during an acute attack; and
- An information kit.

PRE VISIT REQUIREMENTS

All referrals are to be reviewed by a respiratory physician in the medical outpatients prior to being seen by an asthma educator.

RESTRICTIONS

This is an education and management programme for people with asthma. Referral to the AMS includes review by both physician and educator.

STAFF

Department Head: Professor Michael Hensley

Other Staff: Professor Michael Hensley, Respiratory Physicians
Professor Peter Gibson, Respiratory Physicians
Associate Professor Nick Salto, Respiratory Physicians
Associate Professor Peter Wark, Respiratory Physicians
Vanessa McDonald, Clinical Nurse Consultant

Kim Cookson, Clinical Nurse Specialists

Jon Clarke, Clinical Nurse Specialists

Lisa Bentley, Clinical Nurse Specialists

Sheree Mitchell, Clinical Nurse Specialists

Kathy Chapman, RNL

Lois Gendle, RNL

John McKinley, RNL

Paula Leung, RNL

31.2 CESSNOCK RESPIRATORY CLINIC

CONTACT	Anne Willetts/ Dianne Cass
PHONE	Appointments (02) 4991 0548 Enquires (02) 4921 3470
FAX	(02) 49910514 Appointments
E-MAIL	Anne.Willetts@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests.
CLINIC LOCATION	View St Clinic Cessnock Hospital

DESCRIPTION

The Cessnock respiratory clinic investigates and treats adults with a range of respiratory disorders. Cessnock clinics are held once a month on the last Thursday of the month. The clinic commences at 9am with the last appointment 12noon. The clinic is staffed by a respiratory physician, specialist respiratory nurse and physiotherapist.

SERVICES AVAILABLE

Assessment and management of general respiratory conditions;
Assessment for Home Oxygen;
Assessment and management of patients with excessive daytime sleepiness;
Assessment and management of snoring and sleep apnoea; and
Assessment and Management of Lung Cancer.

PRE VISIT REQUIREMENTS

Referral letters from GP's are required.

RESTRICTIONS

Nil.

STAFF

Department Head: Professor Michael Hensley
Other Staff: Associate Professor Peter Wark

31.3 ADAPT/AIRWAYS CLINIC

CONTACT	Dr Peter Wark
PHONE	(02) 4922 3912 or (02) 4921 3462
FAX	(02) 4922 3900
E-MAIL	Peter.Wark@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Chronic Respiratory Failure clinic provides expert care and assessment of people with or at risk of developing chronic respiratory failure. These patients may have conditions including such as; COPD, Motor Neuron Disease or Muscular Dystrophy.

Patients are reviewed and assessed by a respiratory physician and can be provided with care from trained respiratory nursing staff.

SERVICES AVAILABLE

Assessment of lung function;

Assessment of need for Non invasive ventilation;

Titration and acclimatisation to Non invasive ventilation;

Education for patients and their carers;

Assessment and ongoing review of Non-Invasive Ventilation equipment; and

Co-ordination with Newcastle Sleep Disorders Centre, Palliative Care as well as trained nursing staffing the John Hunter Hospital Respiratory ward.

PRE VISIT REQUIREMENTS

Patient requires a written referral to the respiratory physician.

RESTRICTIONS

Patient is able to attend clinic at the hospital.

Arrangements may be able to be made in extenuating circumstances.

STAFF

Department Head:	Professor Michael Hensley
Other Staff:	Respiratory Physicians
	Professor P Gibson
	Associate Professor Peter Wark
	Associate Professor Nicholas Saltos
	Nursing Staff

31.4 CHRONIC RESPIRATORY FAILURE CLINIC

CONTACT	Dr Peter Wark
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
E-MAIL	Peter.Wark@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Chronic Respiratory Failure clinic provides expert care and assessment of people with or at risk of developing chronic respiratory failure. These patients may have conditions including such as; COPD, Motor Neuron Disease or Muscular Dystrophy.

Patients are reviewed and assessed by a respiratory physician and can be provided with care from trained respiratory nursing staff.

SERVICES AVAILABLE

Assessment of lung function;

Assessment of need for Non invasive ventilation;

Titration and acclimatisation to Non invasive ventilation;

Education for patients and their carers;

Assessment and ongoing review of Non-Invasive Ventilation equipment; and

Co-ordination with Newcastle Sleep Disorders Centre, Palliative Care as well as trained nursing staffing the John Hunter Hospital Respiratory ward.

PRE VISIT REQUIREMENTS

Patient requires a written referral to the respiratory physician.

RESTRICTIONS

Patient is able to attend clinic at the hospital.

Arrangements may be able to be made in extenuating circumstances.

STAFF

Department Head: Professor Michael Hensley

Other Staff: Respiratory Physicians
Dr David Arnold
Dr Peter Gibson
Dr Keith Murree-Allen
Dr Peter Wark
Nursing Staff

31.5 LUNG CANCER CLINIC

CONTACT	For appointments: Oncology OPD Office Staff Or (Lung Cancer Care Co ordination CNC) for more complex or urgent appointments
PHONE	Oncology OPD Office (02) 4921 1700 (Lung Cancer Care Co ordination CNC) (02) 4921 1154
FAX	(02) 4921 1129
REFERRAL	A written referral must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests.
CLINIC LOCATION	Oncology Outpatients Calvary Mater Hospital Corner Edith and Platt Street Waratah

DESCRIPTION

Referral is sought for patients with suspected or diagnosed Lung Cancers for assessment and management of their disease.

SERVICES AVAILABLE

Chemotherapy;
Symptom management;
Management of Complications; and
Referral to services provided by Oncology ambulatory Care unit:
Radiation Oncology;
Psycho-Oncology;
Palliative Care;
Dietitian;
Social Work; and
Occupational Therapy.

PRE VISIT REQUIREMENTS

Refer to GP guidelines for referral of person suspected of lung cancer.

RESTRICTIONS

Nil.

COMMENT

The respiratory service described is one of the clinics involved in the newly formed Hunter Lung Cancer Service. For more information about this service contact Debra Cook (02) 4921 1154.

STAFF

Department Head: Professor Michael Hensley
Other Staff: Dr David Arnold Lung Cancer Care Co ordination CNC
Pat Flemming RN

31.6 MANTOUX – TUBERCULIN SKIN TEST (TST)/BCG CLINIC

CONTACT	Mr Brian Robinson Clinical Nurse Consultant Tuberculosis Service
PHONE	(02) 4922 3912 or (02) 4921 3470 Appointments (02) 4921 3372 Office (02) 4921 3470 Secretary
FAX	(02) 4921 3469
E-MAIL	Brian.Robinson@hunter.health.nsw.gov.au
REFERRAL	No referral required
CLINIC LOCATION	Medical Outpatient Department - Level 2, John Hunter Hospital

DESCRIPTION

The TST/BCG clinic is operated by senior nurses who are accredited to undertake Tuberculin Skin Testing and to administer BCG Vaccine.

SERVICES AVAILABLE

Tuberculin Skin Test Clinic (Tuesday & Friday each week).

The services of this clinic are available to all members of the community.

This service is provided by appointment only and is free of charge.

Clinics are conducted on Tuesday afternoon between 1.00pm and 4.00pm to administer the TST (skin test) and on Friday of the same week from 1.00pm to 4.00pm for evaluation of the result.

BCG Clinic (Friday each week).

Administration of BCG vaccine to persons who have had a negative TST in the past 4 weeks.

Babies 6 months and under do not require a TST prior to BCG.

PRE VISIT REQUIREMENTS

TST & BCG Clinics

Bookings are by appointment only - telephone (02) 4922 3912 or (02) 4921 3470 to make an appointment for the Tuesday Clinic. Persons who have had recent contact with TB are given priority for appointments.

RESTRICTIONS

Factors that can effect the TST:

- Drugs that effect the immune system, eg cortisone, chemotherapy;
- Illness that could prevent immune response, eg measles, HIV/AIDS;
- Previous live vaccine in the last 4 weeks; and
- Allergy to latex.

BCG is not recommended if:

- Any of the above Factors that effect the TST apply;
- Previous history of BCG vaccination;
- TST reaction of 5mm or more; and
- Persons who have had a previous Positive TST do not require further TST.

ADDITIONAL**2 Step Tuberculin Skin Test (2 Step TST)**

A person who have had past exposure to TB may have a false negative reaction to a TST. A second TST 1-5 weeks after the first TST will give a better baseline. A 2 Step TST is recommended for persons who will be having routine follow-up TSTs, eg Health Care Workers (HCWs), TB Contacts and Overseas Travellers.

BCG Vaccine Information

The BCG may offer some protection against TB. In 8 major trials the effectiveness varied from 0-76%. Future TSTs following BCG will often be positive, rendering the TST ineffective in determining infection with TB.

The NSW Department of Health do not advise routine BCG vaccination for HCWs. Their advice is to only offer BCG to HCWs who decline/refuse routine TSTs.

Overseas travellers going to TB endemic countries should have a 2 Step TST. If the 2 Step TST is less than 5mm then they can either have a BCG or have annual TSTs while they remain in TB endemic countries.

If the TST result is 5-9mm BCG is not indicated, annual TSTs are recommended while they remain in TB endemic countries.

If the TST is positive 10mm or greater, BCG is not indicated, chest x-ray is recommended.

NB Travellers who are going overseas at short notice for less than 2 months are better not to have BCG as it takes 2-3 months for protection from TB to develop. Monitoring for TB infection is the best option. They should have a TST, ideally a 2 Step TST (if they have time) prior to departure. If the TST is negative (less than 10mm) they should have the TST repeated 3 months after they leave the TB endemic country.

Persons whose TST becomes positive after they have had a 2 Step TST should have a chest x-ray. Referral to a Chest Physician is recommended to determine if preventive treatment is appropriate.

STAFF**Department Head:**

Professor Michael Hensley

Other Staff:

Mr Brian Robinson, Clinical Nurse Consultant

Ms Margaret Worthing, Registered Nurse

31.7 MUSWELLBROOK RESPIRATORY CLINIC

CONTACT	Sonya Benson
PHONE	Appointments and Enquires (02) 4921 3470
FAX	(02) 4921 3469
E-MAIL	Sonya.Benson@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests.
CLINIC LOCATION	2 nd Floor Muswellbrook Hospital

DESCRIPTION

The Muswellbrook Respiratory Clinic investigates and treats adults with a range a chest and sleep disorders. The clinic is staffed by a respiratory physician and a specialist respiratory nurse. Muswellbrook clinics are held approximately 5 times per year, usually on one Tuesday & Wednesday of even months (February, April, June, August and October - although dates are circulated to local GPs at the beginning of each year) . Bookings are made through the Department of Respiratory and Sleep Medicine at the John Hunter Hospital (02) 4921 3470 or (02) 4922 3150.

SERVICES AVAILABLE

Assessment and management of general respiratory conditions particularly COPD and Asthma;
Assessment for Home Oxygen;
Assessment and management of patients with excessive daytime sleepiness; and
Assessment and management of snoring and sleep apnoea.

PRE VISIT REQUIREMENTS

Referral letters from GP's are required.

RESTRICTIONS

Nil.

STAFF

Department Head: Professor Michael Hensley
Other Staff: Dr Keith Murree Allen
Margaret Worthing RN

31.8 OXYGEN CLINIC

CONTACT	Alyssa Culley (Co-ordinator)
PHONE	(02) 4921 4964 or (02) 4921 4964 Appointments (02) 4921 3470 Enquires
FAX	(02) 4921 3469
REFERRAL	A written referral must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

All patients prescribed or considered for home oxygen therapy should be assessed and reviewed in this clinic. This is held weekly every Tuesday morning. Patients who have been commenced on home oxygen whilst in hospital either at John Hunter Hospital (JHH), Belmont, The Mater or Maitland need to be reviewed within 4-5 weeks to assess whether oxygen is still required. Routine appointments are made through the MOPD at JHH but if urgent appointments are needed Dr Keith Murree-Allen or his registrar can be contacted.

SERVICES AVAILABLE

Patient's oxygen requirements are assessed and the appropriate treatment for home oxygen therapy is recommended. Mostly oxygen is supplied in the form of an oxygen concentrator for use at least 15 hours/day to achieve maximum benefit. This clinic also provides an assessment by the Oxygen and Related Products Centre through a means test to determine subsidisation allowances through PADP.

PRE VISIT REQUIREMENTS

Nil.

RESTRICTIONS

Home oxygen is supplied using the guidelines recommended by the Thoracic Society of Australia and New Zealand. Basically, PaO₂ has to be 55 mm Hg or less, or in the presence of right heart failure, a level of 59 mm Hg is accepted. Often overnight oximetry will be measured as part of the assessment for home oxygen.

STAFF

Department Head:	Professor Michael Hensley
Other Staff:	Dr Peter Wark

31.9 PULMONARY FUNCTION LABORATORY

CONTACT	Laboratory Manager - Respiratory
PHONE	(02) 4922 3102
FAX	(02) 4922 3278
REFERRAL	A written request must be received before testing can commence.
CLINIC LOCATION	Diagnostic Centre, Level 2, Royal Newcastle Centre

DESCRIPTION

The Pulmonary Function Laboratory is part of the Department of Respiratory and Sleep Medicine Diagnostic Services unit. The laboratory provides a comprehensive range of respiratory function tests for the diagnosis and treatment of respiratory disease. The tests are performed by qualified respiratory scientists/technologists with reports being provided by respiratory physicians.

SERVICES AVAILABLE

- Spirometry/ Flow Volume Curves before and after bronchodilator;
- Carbon monoxide transfer factor (TLCO) to assess gas exchange ability of the lungs
- Static lung volumes (TCL, FRC, RV)
- Maximal Respiratory Pressures (MRPs) – to assess respiratory muscle strength
- Airway Challenge Tests including Hypertonic Saline and Exercise for the assessment of bronchial hyper-reactivity and/or upper airway dysfunction
- Induced Sputum for assessment of airway inflammation
- Allergy Skin Prick Tests for detecting atopy
- Cardiopulmonary exercise testing (CPET) to assess cardiopulmonary response to maximal exercise;
- Arterial Blood Gases
- Fitness to Fly assessment simulating in-flight aircraft cabin oxygen
- Overnight Oximetry – 8 hours recording at home
- Exhaled nitric oxide measurements for detecting airway inflammation
- Six-minute walk test (6MWT) to quantify exercise tolerance and detect exercise-induced desaturation.

PRE VISIT REQUIREMENTS

A written request for specific tests along with relevant clinical history must be received prior to testing. Specific pre-test information and instructions are provided when the appointment is made.

RESTRICTIONS

Testing is generally limited to those over 16 years of age. Pulmonary function testing is a strenuous activity requiring comprehension and active participation from the patient. Those unable to provide this should not be referred.

STAFF

Department Head:	Professor Michael Hensley	
Other Staff:	Respiratory Physicians	Scientific Staff

Professor Michael Hensley

Dr Jeff Pretto

Professor Peter Gibson

Ms Allyson Upward

Dr Peter Wark

Mrs Pam Pratt

Associate Professor Nick Saltos

Dr Keith Murree-Allen

Dr David Arnold

Dr Antonio Ambrogetti

31.10 PULMONARY REHABILITATION PROGRAMME ASSESSMENTS

CONTACT	Respiratory Liaison Team
PHONE	(02) 4921 3480 Enquires (02) 4921 3462 Appointments
FAX	(02) 4921 3469 Appointments
E-MAIL	vanessa.mcdonald@hnehealth.nsw.gov.au kim.cookson@hnehealth.nsw.gov.au
REFERRAL	A written referral from a respiratory consultant must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests.
CLINIC LOCATION	

DESCRIPTION

The Pulmonary Rehabilitation Programme is an 8 week programme which consists of exercise, education and self management for people with COPD. The Rehabilitation Assessment Clinic enables a baseline assessment prior to patients commencing the programme. Once people are assessed they will attend a programme twice per week for the duration of 8 weeks. Programmes are conducted throughout the area and following assessment people are referred to a programme based on the most appropriate geographical area. The assessment clinic is held every Thursday.

SERVICES AVAILABLE

The following is conducted in the assessment clinic:

- Review of medical and surgical history;
- Review of current therapies and inhaler techniques;
- Identification of perceived exercise tolerance and goal setting;
- Six minute walk test;
- Spirometry;
- Weight, height and vital signs; and
- Prescription of home exercise programme.

Once assessed people are referred to the described programme for:

- Supervised exercise;
- Disease specific education and self management;
- Ongoing assessment and review of home exercise programme;
- Behavioural Assessment and Change;
- Appropriate follow up; and
- Access to multidisciplinary team for one on one consultation.

PRE VISIT REQUIREMENTS

If not previously seen by respiratory specialist they must be booked into the Thursday morning clinic.

RESTRICTIONS

Nil.

STAFF

Department Head:

Professor Michael Hensley

Other Staff:

Dr Peter Gibson

Dr Peter Wark

Dr David Arnold, VMO

Associate Professor Nick Saltos

Vanessa McDonald, Clinical Nurse Consultant

Kim Cookson, Clinical Nurse Specialist

31.11 RESPIRATORY CLINIC

CONTACT	Unit Secretary
PHONE	Appointments (02) 4922 3900 or (02) 4921 3470 Enquires (02) 4921 3470
FAX	Appointments (02) 4922 3900 or (02) 4921 3470 Enquires (02) 4921 3469
REFERRAL	A written referral must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests.
CLINIC LOCATION	Medical Outpatient Department, Level 2, Royal Newcastle Centre

DESCRIPTION

The general respiratory clinic provides services for patients with all respiratory diseases. Patients are assessed and managed by respiratory physicians.

SERVICES AVAILABLE

Assessment and Management of patients;

Follow up of patients admitted to John Hunter Hospital and other Hunter Area Health Hospitals; and

Point of access for specialised diagnostic and treatment services within the Department of Respiratory and Sleep Medicine, such as the Asthma Management Service, Severe Asthma Clinic, Pulmonary Rehabilitation, Pulmonary Function Laboratory, Cystic Fibrosis Service and the Non Invasive Ventilation Clinic.

URGENT REVIEWS

Urgent review can be negotiated by phoning the respiratory physician.

PRE VISIT REQUIREMENTS

Nil.

RESTRICTIONS

Nil.

STAFF

Department Head:	Professor Michael Hensley
Other Staff:	Professor Michael Hensley Professor Peter Gibson Dr Keith Murree-Allen Associate Professor Peter Wark Associate Professor Nicholas Saltos Dr David Arnold (Belmont)

31.12 SEVERE ASTHMA CLINIC

CONTACT	Vanessa McDonald – Clinical Nurse Consultant - Respiratory
PHONE	Appointments (02) 4922 3912 or (02) 4921 3470 Enquires (02) 4921 3480
FAX	Appointments (02) 4922 3900 Enquires (02) 4921 3469
E-MAIL	vanessa.mcdonald@hnehealth.nsw.gov.au
REFERRAL	A written referral must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests, if any.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The purpose of this clinic is to optimise asthma management and education and to trial add on therapies in people with severe uncontrolled asthma.

SERVICES AVAILABLE

Assessment of asthma control;
Trial of add on therapies under supervised conditions;
Assessment and correction of asthma management skills; and
Regular monitoring of severe asthma.

PRE VISIT REQUIREMENTS

Patients must be referred via respiratory physician.

RESTRICTIONS

Patients will already be on maximal asthma therapy.

STAFF

Department Head:	Professor Michael Hensley
Other Staff:	Professor Peter Gibson Vanessa McDonald Clinical Nurse Consultant Kim Cookson Jon Clarke Kathy Chapman

31.13 NEWCASTLE SLEEP DISORDERS CENTRE – SLEEP CLINIC

CONTACT	Sleep Disorders Centre Office
PHONE	Appointments (02) 4922 3150 Enquiries (02) 4922 3150
FAX	Appointments (02) 4922 3160 Enquiries (02) 4922 3160
REFERRAL	A written referral must be received before a clinic appointment will be allocated, accompanied by imaging & diagnostic tests.
CLINIC LOCATION	Sleep Disorders Centre, Level 2, JHH Campus

DESCRIPTION

The NSDC is a unit of the Department of Respiratory and Sleep Medicine of the John Hunter Hospital. The NSDC sleep clinic investigates and treats adults with the full range of sleep disorders including snoring, sleep apnoea, excessive daytime sleepiness, abnormal sleep behaviour, accidents associated with sleepiness and insomnia. People are assessed and managed by sleep and respiratory physicians, sleep technicians and specialist nurses.

SERVICES AVAILABLE

Services include -

- Overnight diagnostic sleep studies (Polysomnography);
- Overnight titration and review of nasal CPAP (continuous positive airway pressure);
- Overnight initiation and review of Bi-level positive airway pressure treatment (Non-Invasive Ventilation - NIV);
- Inpatient Sleep studies at John Hunter Hospital;
- Overnight oximetry;
- Actigraphy;
- Objective Measurement of daytime sleepiness and vigilance (Multiple Sleep Latency Test, Maintenance of Wakefulness Test); and
- CPAP and NIV clinics, including trials of devices.

PRE VISIT REQUIREMENTS

Nil.

RESTRICTIONS

Nil.

STAFF

Department Head:	Professor Michael Hensley	
Other Staff:	Sleep Physicians	Scientific/Technical Staff
	Professor Michael Hensley	Dr Jeff Pretto
	Dr Keith Murree-Allen	Mr Joe Donoghue
	Dr David Arnold	Mr Stephen Gyulay
	Dr Antonio Ambrogetti	Ms Lucy Fong

Section 32 RHEUMATOLOGY OVERVIEW

PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Rheumatology outpatient clinics provide services for patients with bone, joint, soft tissue or muscle complaints.

SERVICES AVAILABLE

Consultative Services; and
Rheumatology Research: a research nurse is employed.

PRE VISIT REQUIREMENTS

Nil.

RESTRICTIONS

Nil.

STAFF

Department Head:	Dr Gabor Major
Other Staff:	Dr John Glass
	Dr David Mathers
	Dr Stephen Oakley
	Dr John Van Der Kallen (Osteoporosis Only)
	Rheumatology Registrar
	CNC & CNS
	Research Nurse

32.1 RHEUMATOLOGY

PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Rheumatology outpatient clinics provide services for patients with arthritis, bone, joint, soft tissue or muscle complaints.

SERVICES AVAILABLE

Consultative Services; and
Rheumatology Research: a research nurse is employed.

PRE VISIT REQUIREMENTS

Nil.

RESTRICTIONS

Nil.

STAFF

Department Head:	Dr Gabor Major
Other Staff:	Dr John Glass
	Dr David Mathers
	Dr Stephen Oakley
	Dr John Van Der Kallen – Fracture Prevention Clinic Only
	Rheumatology Registrar
	CNC & CNS
	Research Nurse

32.2 RHEUMATOLOGY RESEARCH

CONTACT	Stephen Oakley
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Patients need to be invited into a research program before they can attend this clinic.

SERVICES AVAILABLE

Rheumatology Research: a research nurse is employed.

PRE VISIT REQUIREMENTS

Nil.

RESTRICTIONS

Must be invited into a research program.

STAFF

Department Head:	Dr Gabor Major
Other Staff:	Dr Stephen Oakley
	Dr David Mathers
	Research Nurse
	CNC

32.3 OSTEOPOROSIS

CONTACT	Secretary – (02) 4922 3500
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Ambulatory Care Centre, North Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Review of osteoporosis following minimal trauma fracture.

SERVICES AVAILABLE

Consultative Services.

PRE VISIT REQUIREMENTS

GP or specialist referral.

RESTRICTIONS

Nil.

STAFF

Department Head:

Dr Gabor Major

Other Staff:

Dr John Van Der Kallen

Fracture Prevention Co-ordinator

CNC

32.4 RHEUMATOLOGY – PAEDIATRIC CLINIC

PHONE	(02) 4921 3750
FAX	(02) 4921 3740
REFERRAL	A Tertiary referral must be received before a clinic appointment will be allocated. This is a tertiary referral service and can only receive referrals from other specialists.
CLINIC LOCATION	John Hunter Children’s Hospital, Paediatric Outpatients Department

DESCRIPTION

Rheumatology outpatient clinics provide services for children with arthritis, bone, joint, soft tissue or muscle complaints.

SERVICES AVAILABLE

Consultative Services; and
Rheumatology Research: a research nurse is employed.

PRE VISIT REQUIREMENTS

Nil.

RESTRICTIONS

New patients should be referred by a medical practitioner and be < 18.
This is a tertiary referral service and can only receive referrals from other specialists.

STAFF

Department Head:

Other Staff: Dr Davinder Singh – Grewal
Dr Geoff Chaitow

Section 33 STOMAL THERAPY

CONTACT	CNC Jenny O'Donnell CNC Jill Fairhall
PHONE	(02) 4921 3000 and ask switchboard to page 5937
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Clinical & educational support for patients and carers of patients with stomas/fistulas.

SERVICES AVAILABLE

Consultative services;
Education; and
Clinical support.

PRE VISIT REQUIREMENTS

Referral by telephone as listed above.

RESTRICTIONS

Nil.

STAFF

Department Head:

Other Staff:

Section 34 THE NEWCASTLE TRANSPLANT SERVICE OVERVIEW

CONTACT	Transplant Secretary
PHONE	02 4921 4326
FAX	02 4921 3531
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	South Block, Ambulatory Care Centre, Level 2, Royal Newcastle Centre

DESCRIPTION

The Newcastle Transplant Unit aims to achieve excellent rehabilitation for patients with end stage renal disease by way of kidney transplantation.

The Transplant Unit consists of 4 sections.

- The Transplant Ward
- Transplant Outpatient Clinics
- Transplant Coordination and Education
- Organ Donation Coordination

The Newcastle Transplant Unit is part of the John Hunter Hospital's Department of Surgery and is affiliated with the Department of Nephrology. In conjunction with the Department of Nephrology, the Newcastle Transplant Unit provides patients services through the Northern Nephrology Network.

In the Outpatient Clinic area the Transplant team offer two main services these are:

- Transplant & Live Donor Clinics and
- Access Clinics

SERVICES AVAILABLE

Clinical evaluation of transplant and donor suitability;

Pre transplant and pre kidney donation education;

Post Transplant follow-up care;

Ongoing Transplant surveillance program; and

Vascular Access for Haemodialysis.

PRE VISIT REQUIREMENTS

Potential transplant recipients should have been diagnosed with end stage renal failure.

RESTRICTIONS

Transplant Clinics do not cater for Paediatric patients.

STAFF

Department Head:

Dr Paul Trevillian, Director & Renal Physician

Dr Munish Heer, Transplant Surgeon

Other Staff:

Ann Stein, CNC, Recipient Coordinator and Educator

Deidre Davidson, CNC, Live Donor Coordinator

Transplant Fellow

Tara Csuka, Access Nurse

Sharon Ainsworth, Clinic and Research Nurse
Sally Bennett, Renal Procedures Nurse
Lorraine Thornton, Nursing Unit Manager
Jaime Matthews, Secretary.

34.1 TRANSPLANT/ACCESS

CONTACT	Transplant Secretary
PHONE	(02) 4921 4326
FAX	(02) 4921 3531
REFERRAL	A written referral must be brought to clinic or received beforehand.
CLINIC LOCATION	South Block, Ambulatory Care Centre, Level 2, Royal Newcastle Centre

DESCRIPTION

Transplant and Access Clinic assesses potential renal transplant recipients and donors. They are also reviewed for their ongoing suitability for transplantation. New patients to the program are seen by Professor Adrian Hibberd, Transplant Surgeon, Dr Paul Trevillian, Transplant Physician and Ann Stein CNC, Transplant Recipient Coordinator for education and assessment. Deidre Davidson is the Live Donor Coordinator who assesses and educates potential Live Donor patients.

Patients requiring vascular access are also assessed and reviewed.

Vascular Access patients may be seen in this clinic if necessary.

SERVICES AVAILABLE

Clinical evaluation of transplant and donor suitability.

Pre transplant and pre kidney donation education.

PRE VISIT REQUIREMENTS

Potential transplant recipient should have been diagnosed with end stage renal failure.

RESTRICTIONS

This clinic does not cater for Paediatric patients.

STAFF

Department Head:	Dr Paul Trevillian, Acting Director, Renal Physician
Other Staff:	Professor Adrian Hibberd, Director
	Ann Stein, CNC, Recipient Coordinator and Educator
	Diedre Davidson, CNC, Live Donor Coordinator
	Dr Munish Heer, Transplant Surgeon
	Sharon Ainsworth, Clinic and Research Nurse
	Tara Csuka, Access Nurse
	Jaime Matthews, Secretary
	Transplant Fellow

34.2 ACCESS CLINIC

CONTACT	Transplant Secretary
PHONE	(02) 4921 4326
FAX	(02) 4921 3531
REFERRAL	A written referral to be presented on day of clinic or beforehand.
CLINIC LOCATION	South Block, Ambulatory Care Centre, Royal Newcastle Centre

DESCRIPTION

In the Access Clinic patients are assessed for Vascular Access Surgery, ongoing reviews and procedures for existing renal/dialysis patients.

SERVICES AVAILABLE

Clinical assessment for Vascular Access Surgery.

Ongoing review of fistula/graft function.

Vascular Access revision and repair.

PRE VISIT REQUIREMENTS

Duplex Vascular Scan from Dr. Rosemary Hackworthy, 115 Elder Street, Lambton. (Phone: (02) 4956 2422) Scan to be attend one week to one day prior to clinic appointment.

RESTRICTIONS

Nil.

STAFF

Department Head: Professor Adrian Hibberd

Other Staff:

Section 35 VASCULAR & ENDOVASCULAR SURGERY SERVICE OVERVIEW

PHONE	Referral Management Centre (02) 4922 3912 Operations Coordinator, RMC (02) 4922 3911 Unit Secretary - Dr N Organ, Dr M Sebastian (02) 4921 4081 Unit Secretary – Dr Deshpande (02) 4921 4090 Unit Secretary – Dr P Colman (02) 4921 4509
FAX	Referral Management Centre: (02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Surgical Outpatient Clinic, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Vascular Outpatients Clinic provides services and investigations for patients with vascular disease.

SERVICES AVAILABLE

- Outpatient clinics Dr Arvind Deshpande
 Dr Philip Colman
 Dr Nicole Organ
 Dr Mathew Sebastian
- Endovascular angiography suite
- Vascular ultrasound diagnostic lab

PRE VISIT REQUIREMENTS

All patients must have a valid referral form.

STAFF

Department Head:	Dr Arvind Deshpande
Other Staff:	Dr Nicole Organ Dr Mathew Sebastian Dr Phil Colman Mr Adam Tolfree, Vascular Ultrasonographer

35.1 VASCULAR CLINIC – DR DESHPANDE’S CLINIC

PHONE	Referral Management Centre (02) 4922 3912 Operations Coordinator, RMC, (02) 4922 3911 Unit Secretary, JHH (02) 4921 4090 Private rooms (02) 4950 9999
FAX	(02) 4950 9969
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Surgical Outpatient Clinic, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Vascular Outpatients Clinic offers services for patients with acute and chronic vascular problems. These include patients who require carotid surgery, aortic surgery and peripheral vascular surgery. We offer endovascular as well as open surgery.

SERVICES AVAILABLE

Dr Deshpande specialises in treatment of arterial disease, especially with endovascular therapies

- aortic aneurysms – thoracic and abdominal
- carotid stenosis
- peripheral vascular disease – (claudication, arterial leg ulcers)
- renal artery stenosis.

PRE VISIT REQUIREMENTS

New patients who wish to be seen by Dr Deshpande should be referred to Dr A. Deshpande at PO Box 136, New Lambton NSW 2305 or a referral faxed to his private secretary – Telephone: (02) 4950 9999; Fax: (02) 4950 9969; Email: reception@lmvascular.com.au.

RESTRICTIONS

No varicose veins.

STAFF

Department Head: Dr Arvind Deshpande

35.2 VASCULAR CLINIC – DR PHILIP COLMAN'S CLINIC - OLD PATIENTS ONLY

PHONE	Referral Management Centre (02) 4922 3912 Operations Coordinator, RMC, (02) 4922 3911 Unit Secretary, (02) 4921 4509
FAX	Referral Management Centre: (02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Surgical Outpatient Clinic, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Vascular Outpatients Clinic offers services for patients with acute and chronic vascular problems. These include patients who require carotid surgery, aortic surgery and peripheral vascular surgery. We offer endovascular as well as open surgery.

SERVICES AVAILABLE

Dr Colman specialises in treatment of arterial disease, especially with endovascular therapies

- aortic aneurysms – thoracic and abdominal
- carotid stenosis
- peripheral vascular disease – (claudication, arterial leg ulcers)
- renal artery stenosis

PRE VISIT REQUIREMENTS

Only patients who have been previously treated by Dr Colman are seen in this clinic.

New Patients who wish to be seen by Dr Colman at either his Hamilton, Gateshead, Toronto or Maitland rooms are asked to contact his private secretary – Telephone: (02) 4961 6450; Fax: (02) 4961 6458; email: medical objects or drcolman@tpg.com.au.

RESTRICTIONS

No varicose/ venous problems.

STAFF

Department Head:	Dr Arvind Deshpande
Other Staff:	Dr Philip Colman

35.3 VASCULAR CLINIC – DR ORGAN'S CLINIC

PHONE	Referral Management Centre (02) 4922 3912 Operations Coordinator, RMC, (02) 4922 3911 Unit Secretary, (02) 4921 4081 Private rooms, (02) 4946 2310
FAX	Referral Management Centre: (02) 4922 3900 Private rooms, (02) 4920 6476
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Surgical Outpatient Clinic, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Vascular Outpatients Clinic offers services and investigations for patients with vascular disease
This includes carotid, aortic, renal & lower limb vascular surgery and endovascular treatments.

SERVICES AVAILABLE

Vascular and endovascular surgeon consultations.

PRE VISIT REQUIREMENTS

Should bring x-rays and/or ultrasound reports, list of all medications.

John Hunter referrals should be directed to the Referral Management Centre.

Otherwise new patients who wish to see Dr Organ at her Charlestown rooms are asked to send their referrals to P.O. Box 1224 Warners Bay NSW 2282 or Ph: (02) 4946 2310 or Fax: (02) 4920 6476.

RESTRICTIONS

No varicose veins at John Hunter Hospital.

STAFF

Department Head: Dr Arvind Deshpande

Other Staff: Dr Nicole Organ

35.4 VASCULAR CLINIC – DR SEBASTIAN’S CLINIC

PHONE	Referral Management Centre (02) 4922 3912 Operations Coordinator, RMC, (02) 4922 3911 Unit Secretary, (02) 4921 4081
FAX	Referral Management Centre: (02) 4922 3900
REFERRAL	A written referral must be received before a clinic appointment will be allocated.
CLINIC LOCATION	Surgical Outpatient Clinic, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

The Vascular Outpatients Clinic offers services for patients with acute and chronic vascular problems. These include patients who require carotid surgery, aortic surgery and peripheral vascular surgery. We offer endovascular as well as open surgery.

SERVICES AVAILABLE

Services and investigation for patients with vascular disease.

PRE VISIT REQUIREMENTS

Should bring x-rays and/or ultrasound reports, list of all medications

RESTRICTIONS

No varicose veins.

STAFF

Department Head: Dr Arvind Deshpande

Other Staff: Dr Mathew Sebastian

35.5 THE VASCULAR DIAGNOSTIC LABRATORY

CONTACT	Diagnostic Centre, RNC
PHONE	(02) 4922 3100
FAX	(02) 4922 3141
REFERRAL	A formal Vascular Diagnostic Lab (green form) must be received before an appointment will be allocated.
CLINIC LOCATION	Diagnostic Centre, Level 2, RNC

DESCRIPTION

Vascular diagnostic imaging including physiological assessment, (including exercise ABI & waveform analysis), arterial and venous duplex ultrasound by a specialist vascular ultrasonographer. All investigations are reviewed by a vascular surgeon.

SERVICES AVAILABLE

Physiological assessment

Arterial duplex

- carotid
- mesenteric
- renal
- abdominal
- upper limb
- lower limb

Venous duplex;

- upper limb
- lower limb
- ovarian incompetence

AV fistula duplex

PRE VISIT REQUIREMENTS

Fasting required before some abdominal scans. Diagnostic Centre will advise patients prior to appointment.

RESTRICTIONS

Nil.

STAFF

Department Head:	Dr Arvind Deshpande
Other Staff:	Dr Philip Colman Dr Nicole Organ Dr Mathew Sebastian Mr Adam Tolfree, Vascular Ultrasonographer

35.6 ANGIOGRAPHY & ENDOVASCULAR THERAPY

CONTACT	Non-urgent - Vascular Outpatient referrals Urgent - Vascular Registrar or consultant on call
PHONE	(02) 4922 3912
FAX	(02) 492 23900
REFERRAL	A written referral/request must be received before a clinic appointment will be allocated.

DESCRIPTION

The suite is available 24 hours a day, seven days a week, with medical and nursing staff on call after hours. All non-coronary vascular interventions are performed.

SERVICES AVAILABLE

Diagnostic angiography
Angioplasty
Stents
Stent grafting

PRE VISIT REQUIREMENTS

Review by a vascular surgeon.

STAFF

Department Head:	Dr Arvind Deshpande
Other Staff:	Dr Philip Colman Dr Nicole Organ Dr Mathew Sebastian

Section 36 UROLOGY SERVICE OVERVIEW

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral from GP's only, must be received before the referral is triaged and an appointment allocated.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Urology outpatient clinics provide medical and nursing services, including assessment, investigations, diagnosis and follow up of patients experiencing a diverse range of urological problems, in a multidisciplinary environment.

SERVICES AVAILABLE

Medical clinics

Continence clinics

Urodynamic clinics (referral by Urologists/ Rehabilitation specialists only)

Flexible cystoscopy clinics (referral by Urologists only)

Intravesical Chemotherapy/Immunotherapy clinics (referral by Urologists only)

PRE VISIT REQUIREMENTS

Dependent on the reason, the referral should include:

Relevant radiology, pathology results

Relevant medical history, including medications & smoking history.

NB: Referrals are triaged by specialist medical staff and further investigations may be required before triage is finalised, no appointment will be offered until requested information is received.

RESTRICTIONS

Adult services only provided i.e. 16 years and above.

STAFF

Department Head:

Dr Sandy Grant, Consultant VMO

Other Staff:

Dr Philip Sprott, Consultant VMO

Dr Peter Chong, Consultant VMO

Dr Paul Ainsworth, Consultant VMO

Dr Terrence Doyle, Consultant VMO

Wendy Watts, Clinical Nurse Consultant

Debbie O'Brien, CNS Cancer Care Coordinator

Deborah Barnes & Pam Doughty Clinical Nurse Specialists

Registrars

Dr James Patterson, Consultant VMO (Theatre only) Medical consults available Singleton, Morisset, contact his rooms in Maitland

Dr Gias Ahmed, Consultant VMO (Theatre only) Rooms East Maitland

36.1 MEDICAL UROLOGY CLINIC

CONTACT	Referral Management Centre
PHONE	(02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	A written referral from GP's only, must be received before the referral clinic is triaged and appointment allocated.
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

Medical service for consultation, investigation, diagnosis, treatment and follow-up of urological conditions.

SERVICES AVAILABLE

Urological consultation.

Post operative follow up

Clinics are held alternate Thursday and Friday mornings.

PRE VISIT REQUIREMENTS

Dependent on the reason, the referral should include:

Relevant radiology, pathology results

Relevant medical history, including medications & smoking history.

NB: Referrals are triaged by specialist medical staff and further investigations may be required before triage is finalised and an appointment offered. No appointment will be offered until requested information is received.

RESTRICTIONS

Adult services only provided i.e. 16 years and above.

STAFF

Department Head:

Dr Sandy Grant, Consultant VMO

Other Staff:

Dr Paul Ainsworth, Consultant VMO

Dr Phillip Spratt, Consultant VMO

Dr Terrence Doyle, Consultant VMO

Dr Peter Chong, Consultant VMO

Urology Registrars

Clinical Nurse Specialists & Registered nurses

Clinical Nurse Consultant

36.2 UROLOGY – CONTINENCE CLINIC

CONTACT	Referral Management
PHONE	(02) (02) 4922 3912
FAX	(02) 4922 3900
REFERRAL	GP, Self, Medical, Nursing, Allied Health
CLINIC LOCATION	Ambulatory Care Centre, South Block, Level 2, Royal Newcastle Centre

DESCRIPTION

This clinic provides urinary continence assessment by specialist urology nurses.

SERVICES AVAILABLE

Patients can self-refer;

Undertake urinary continence assessments and promote strategies to cure/improve/manage incontinence;

Teach clean intermittent self-catheterisation – men and women with phone follow up;

Urinary catheterisation – when difficulty experienced by nurses in the community, hostels and nursing homes; and

Phone consults/advice.

PRE VISIT REQUIREMENTS

Time and volume chart recorded for 36 hours.

Record of medications.

Relevant medical history.

RESTRICTIONS

Adult service only 16 years and above.

Do not see patients for routine catheter changes, or acute urinary retention.

Clinics run by urology nurses only.

STAFF

Department Head: Dr Sandy Grant, Consultant VMO

Other Staff: Specialist Urology Nurses