

# EDUCARE WORKSHOP CALENDAR 2012

TOPIC	DATES	VENUE
<b>ONE DAY WORKSHOPS:</b> [Subject to change]	Cost: <b>Variable</b>	
Health & Wellbeing Workshop	15 <sup>th</sup> August	to be advised
Carers Expo	11 <sup>th</sup> October	to be advised
Christmas Workshop	6 <sup>th</sup> December	to be advised
<b>EDUCARE CARER SESSIONS:</b>	Cost: <b>FREE</b>	
<b>Topics covered include:</b> Accessing Community Services, Centrelink, Legal issues, Stress Management, Practical Skills for Carers, Where to Now!		
<b>Day Sessions:</b>	7 <sup>th</sup> – 21 <sup>st</sup> February	The Hunter Resource Centre,
<b>3 Week Programs – one day per week (9.30am – 2.00pm each session)</b>	25 <sup>th</sup> Oct – 8 <sup>th</sup> November	2 Percy Street, Hamilton
	20 <sup>th</sup> March – 3 <sup>rd</sup> April	East Maitland Bowling Club
	13 <sup>th</sup> – 27 <sup>th</sup> June	Toronto Diggers
	18 <sup>th</sup> July – 1 <sup>st</sup> August	Nelson Bay Bowling Club
	5 <sup>th</sup> – 19 <sup>th</sup> September	Club Singleton
<b>CARER CONNECTIONS:</b>	Cost: <b>FREE</b>	
"Carer Connections" is an initiative of EDuCARE Support Service that aims to create an opportunity for Carers to reconnect. The meetings provide ongoing information, resources and support over a cup of tea.	Wednesday 7 March Thursday 24 May Tuesday 28 August Tuesday 20 November	Cardiff RSL Venues to be Advised
<b>i-care Young Carer Program:</b>		
<b>Limited places – FREE</b>		
Young Carer Activities to be advised		
Young Carers Camp (8 - 12yrs)	4 <sup>th</sup> – 6 <sup>th</sup> May	One Mile Beach
<b>CARERS WEEK ACTIVITIES:</b>		
Movie Day	18 <sup>th</sup> October	Glendale Cinema

**For Enquiries and to RSVP for any Sessions Contact EDuCARE Support Service:**

Phone: 4921 4895 Fax: 4985 5702 Email: [educare-admin@hnehealth.nsw.gov.au](mailto:educare-admin@hnehealth.nsw.gov.au)

Website: [http://www.hnehealth.nsw.gov.au/educare\\_support\\_service](http://www.hnehealth.nsw.gov.au/educare_support_service)

**If you would like to regularly receive our FREE Newsletter & Information on upcoming Workshops & Events for Carers, please contact EDuCARE and we will post or email to you.**

