



HUNTER NEW ENGLAND
NSW HEALTH

Welcome to Tamworth

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Welcome to Tamworth

Introduction to Tamworth

Tamworth is located in the New England Region of NSW with a population of 54,226 people, covering an area of 9,653.25 square kilometres. Tamworth is a regional capital city and during the month of January, hosts the Country Music Festival, an event that attracts approximately 50,000 visitors from all over the world.

Tamworth is a beautiful, vibrant and prosperous regional city, approximately 500km north of Sydney and 600km south of Brisbane; the city covers 184 sq km and is home to nearly 36,000 people. Tamworth is the "capital city" of the New England North West region of NSW, serving around 178,000 people. The retail industry is one of the larger employers and the range of products and services available compares more than favourably with cities.

While Tamworth's economy continues to diversify, agriculture remains the backbone of the economy. It is estimated that over 307,000 hectares of land is devoted to agricultural production. Core activities include Beef, Sheep, Grain, Dairy, Poultry and Lucerne. Recently Tamworth has hosted an extraordinary growth of boutique agriculture ventures including Olives, Vines, Nuts, Specialised Game Fowl, Fish Farming, Hydroponics, Goats, Alpacas, Buffalo and Berries. Tamworth district is also the largest poultry producer in NSW.

Visitors to this region all year round, not only soak up the music atmosphere, but with landscapes that cover 9,653.25 square kilometres from the Nandewar Range north of Barraba south east to Peel and Great Dividing Ranges Tamworth Region is one of the most progressive and exciting places in inland Australia, combining country living with city style, history, sport and culture.



Newcomers to Tamworth will find the following websites useful:

<http://www.tamworthregion.com.au>

<http://www.nsw.com.au/tamworth/index.html>



Welcome to Tamworth

Getting To Tamworth From Sydney

Tamworth is located some 420 km north west of Sydney on the New England Highway, at the junction of the New England and Oxley highways, an easy five hour drive from Sydney and six from Brisbane. Tamworth is ideally situated on the main inland track from Victoria to Queensland. There are five daily return flights between Sydney and Tamworth and Brisbane, with daily train and bus services.

By Car

<http://www.travelmate.com.au/MapMaker/Mapmaker.asp>, will allow you to obtain printable driving instructions and approximate times between legs of the journey.

Transport Links

- By Air** Tamworth Airport has a daily QantasLink air service to Sydney and Brisbane.
- By Rail** Countrylink Explorer Trains depart daily from and to Sydney.
<http://www.countrylink.info/>
- By Coach** Various coach companies service the Tamworth region departing from Sydney/Melbourne to Brisbane(Greyhound) and the Hunter Valley/Newcastle and Mid North Coast (Kearns) daily.
- By Hire Car** Tamworth is a base for a number of hire care companies including Avis, Budget, Hertz and Thrifty.

Hospital Overview

Tamworth Hospital has 270 beds with a 24 hour Emergency Department (the busiest non-metro ED in NSW with approximately 43,000 presentations p.a (25% admitted and 27% paediatric). The Emergency Department is delineated to Level 5 and is the busiest in rural NSW and offers a great



deal of experience in the management of the widest variety of trauma and critically ill patients. It provides a medical retrieval and tertiary referral service for patients from the entire New England / Northwest geographical area.

There are high level Surgical and Medical services, including a Diagnostic Cardiac Catheterisation laboratory service, Burns Unit, Intensive Care and Coronary Care Unit, Rehabilitation Unit (including Brain Injury), a Diabetes Centre, 25 bed Mental Health Unit, Paediatric Ward, Obstetric Unit, Renal Services, Oncology and Palliative Care, Radiology and Pathology. The ICU boasts 7 ventilated beds and two CVVH.

The Hospital supports a wide range of specialist surgical services including General Surgery, Orthopaedics, Ophthalmology, ENT, Obstetrics and Gynaecology and Urology as well as having specialists in General Medicine, Anaesthetics, Nephrology, Immunology and Infectious Diseases, Rheumatology, Geriatrics and Radiology.

The Hospital is committed to rural and general practitioner training and was the first in NSW to establish a Rural Training Unit. A University Department of Rural Health commenced undergraduate education training from January 2002. A major medical education complex is on site with a 200 seat lecture theatre, a 300 sqm library, office space for up to 25 full-time employees, a fully established clinical skills laboratory and tutorial and computer rooms.

Tamworth Hospital is a teaching hospital for the successful University of Newcastle Bachelor of Medicine degree programme. It is also a teaching hospital for the Joint Medical Programme, a partnership between the University of Newcastle, University of New England, and Hunter New England Health Service.

The Hospital maintains an extensive range of outpatient services using either local specialists or visitors from Sydney and Newcastle Hospitals. The Hospital is affiliated with Newcastle, NSW and Sydney Universities and provides enthusiastic teaching in many disciplines.

Welcome to Tamworth

The Hospital provides diagnostic services in all major modalities and has a full range of allied health facilities. Radiological facilities include DSI ultrasound and CT are available on site with MRI undertaken privately. Area Pathology services are co-located on the hospital grounds and operate 24 hrs/day 7 days/week.

Tamworth Hospital has had a long tradition of being a centre of excellence for Medical Officer professional development and clinical teaching. Over this time, TRRH has grown into one of the largest regional referral Hospitals in Rural New South Wales providing acute care services to an Area population of 175,000.

Facilities

The Hospital has its own squash court and staff gymnasium. There are tennis courts and a swimming pool on site which hospital employees and their families can access. As would be expected, the Hospital has a Staff cafeteria and Kiosk.

The Hospital has one of the largest regional medical libraries, with a collection of journals and relevant text books. If resources are needed from outside of the area they are easily obtained.

Tamworth Community Health

Tamworth Community Health Centre is located in Johnson House adjacent to Tamworth Base Hospital, providing access to a range of community based health services. These include:

- Child and Family Health services, including Aboriginal Mother and Babies Service, a Child Development Service and a Family Care Cottage.
- Therapy and support services, including Genetic Counseling, Occupational Therapy, Physiotherapy, Psychology, Social Workers and Speech Pathology.
- Community Nursing, Continence Advisor, Diabetic Services, Hearing Services, Aged Care Assessment Team, Alcohol & Other Drugs Service, Palliative Care, Podiatry, Respiratory Services, Sexual Health, Women's Health, Primary Health staff for surrounding communities.

Postgraduate Training

A broad range of registrars work within Tamworth Hospital. We have accredited Registrar posts in surgery, medicine, anaesthetics, orthopaedics, psychiatry, obstetrics, rehabilitation, pathology, paediatrics and emergency medicine. Some of these positions are seconded from other hospitals (such as Anaesthetic Registrars are rotated to Tamworth and come from the Westmead Hospital Training programme) and some are staffed within the hospital.

The Rural Training Unit provides postgraduate training in general practice and offers a wide opportunity for training and education.

Tamworth is the home of the Emergency Life Support (ELS) course and all interns and RMO1s employed by Tamworth Hospital are encouraged and supported to participate in this course.

University Department Of Rural Health

Hunter New England Health has a close working relationship with the University Department of Rural Health – Northern New South Wales (UDRH), which is a Commonwealth funded initiative of the University of Newcastle and is located within the grounds of Tamworth Hospital.

Through its clinical activities, education and training of health and medical professionals and research, the UDRH is committed to improving the access by rural and remote communities across Northern NSW to health practitioners and enhancing innovative health service development, especially in public health.

The UDRH building is within the hospital grounds and includes a library, lecture theatre and office space for up to 25 fulltime employees that allows HNEAHS employees and UDRH students and academics to undertake their education, training and research in a facility on par with urban tertiary institutions.

University Of New England Access Centre

24 Fitzroy Street Tamworth Ph: (02) 6766 3860. www.une.edu.au/ac/tamworth/

The University of New England has an Access Centre at Tamworth for its students. The University of New England has 12,500 external students as well as the internal students, and is conscious of supporting and serving these students.

Each facility is unique to its region and their needs and Tamworth Centre has staff on site to assist with enquiries relating to degree patterns and all other queries relating to studying at UNE.

As well as degree information and advice on all aspects of study at UNE, UNE's Tamworth Centre has three computer labs. There are tutorial rooms and quiet study areas for students wishing to have meetings or do some reading and research. Facilities are also available for hire. The Tamworth Centre also has Video Conferencing facilities available.

TAFE

New England Institute of TAFE

Janison Street

Tamworth NSW 2340

Phone (02) 6768 2445

www.newengland.tafensw.edu.au

Tamworth TAFE is the largest of New England Institute's eleven campuses and specialises in trade training. Tamworth also has special purpose facilities in arts, tourism and hospitality, nursing, welfare, computing, hairdressing and beauty, engineering, transport, veterinary nursing, animal care, children's services, business and administration services, horticulture and aeroskills. Courses from Statement of Attainment to Advanced Diploma level are available.

Accommodation

There are more than 60 places to stay, from five star hotels to apartments, units, bed and breakfasts, farm stays, and caravan parks and camping grounds. Tamworth offers major accommodation chains including Choice(Quality and Comfort Inn), Best Western, Quest, Golden Chain, Country Comfort and Budget, plus Top Tourist and Big 4 Caravan Parks as well as independent facilities such as B & B's and farm stays.

For a comprehensive listing of Australian rental properties, properties for sale and information relating to home loans and lending authorities, visit the Realestate.com website at: <http://www.realestate.com.au> or www.domain.com.au or contact the following agents:

Burke & Smythe	263 Peel St, Tamworth Ph (02) 6766 1411 www.burkesmyth.com.au
Century 21	Property Centre, Tamworth Ph: (02) 6766 3399 www.century21.com.au
Elders Real Estate	465 Peel St, Tamworth Ph: (02) 6766 5566 www.elders.com.au/tamworth
Houses R Us	199 Peel St, Tamworth Ph: (02) 6761 3003 www.houses-rus.com
Kelly's Real Estate	479 Peel Street, Tamworth Ph: (02) 6766 5266 www.kellysrealestate.com.au
LJ Hooker	Cnr Peel & Bourke Sts, Tamworth Ph: (02) 6766 6400 www.ljhooker.com
Maxwell & Pevy	Cnr Peel & Bourke Sts, Tamworth Ph: (02) 67666003 www.maxwellpevy.com.au
Meers & Shelton First National	1/459 Peel St, Tamworth Ph: (02) 6766 1888 www.meershelton.com.au
PRD Nationwide	287 Peel St, Tamworth Ph: (02) 6766 3995 www.prdtam.com.au

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Professionals	411 Peel Street Tamworth Ph: (02) 6766 1655 www.professionalstamworth.com.au
Raine & Horne	239 Peel St, Tamworth Ph:(02) 6766 2828 www.rh.com.au
Ray White	Brisbane St, Tamworth Ph: (02) 6766 1666 www.raywhite.com.au/nsw/tamworth
Tamworth City Real Estate	Level 3/1 Fitzroy St, Tamworth Ph: (02) 6766 6122 www.tamworthcityrealestate.com.au
Virgo Patterson	2/199 Peel St, Tamworth Ph: (02) 6766 7473 www.vprealty.com.au

Welcome to Tamworth

Childcare

Tamworth area has numerous childcare and preschool facilities to cater for the needs of parents requiring care for their children.

Billabong Cottage 2 Evans Street Westdale NSW 2340 Ph: (02) 6761 5551	Birrelee Multifunctional Aboriginal Children's Services 32 Macgregor Street Tamworth NSW 2340 Ph: (02) 6765 3470 Fax: (02) 6765 9141	Calala's Cubby Educational Centre 49-51 Calala Lane Tamworth NSW 2340 Ph: (02) 6765 3636
Calrossy Pre-School 140 Brisbane Street Tamworth NSW 2340 Ph: (02) 6766 2965	Care for Kids Tamworth 8 Patrick Street Tamworth NSW 2340 Ph: (02) 6761 2331	Coledale Community Group Inc. 2B Kenny Drive PO Box W342 West Tamworth NSW 2340 Ph: (02) 6765 3103
Ki-Dee Cnr Gunnedah & Edinburgh Streets Tamworth NSW 2340 Ph: (02) 6765 4433	Little Nippers Hercules Street Tamworth NSW 2340 Ph: (02) 6762 3550	Peter Pan Pre-School 24-28 Larool Street Tamworth NSW 2340 Ph: (02) 6765 9124
Rainbow Cottage Occasional Child Care Centre 134 Marius Street Tamworth NSW 2340 Ph: (02) 6766 7655	Rumpus Room Child Care Centre Kenny Drive Tamworth NSW 2340 Ph: (02) 6765 7133	St Mark's Pre-School & Long Day Care Centre Presbyterian Church 15 Heugh Street Tamworth NSW 2340 Ph: (02) 6765 8250
St Mary's North Pre-School North Street Tamworth NSW 2340 Ph: (02) 6766 5071	St Peter's Pre-School Vera Street Tamworth NSW 2340 Ph: (02) 6765 7804	Tamworth Family Day Care 81 Denison Street PO Box W510 Tamworth NSW 2340 Ph: (02) 6765 4599
Tamworth Montessori Pre- School 84 Carthage Street Tamworth NSW 2340 Ph: (02) 6766 7750	Tiny Town 172 Brisbane Street Tamworth NSW 2340 Ph: (02) 6766 9844	

Welcome to Tamworth

Schools

The Tamworth region has 35 schools and Open Learning, TAFE and university campuses. Tamworth has an extensive range of primary, secondary, Government, Catholic and Private educational facilities. There is also a TAFE campus at Tamworth.

Primary Schools

Hillvue Public School

Hillvue Road, Tamworth NSW 2340
www.hillvue-p.schools.nsw.edu.au

Oxley Vale Public School

Manilla Road, Tamworth NSW 2340
www.oxleyvale-p.schools.nsw.edu.au

Tamworth Primary School

Napier Street, Tamworth NSW 2340
Phone (02) 6766 2016
www.tamworth-p.schools.nsw.gov.au

Tamworth South Public School

Petra Avenue, Tamworth NSW 2340
www.tamworths-p.schools.nsw.gov.au

Tamworth West Public School

Bridge Street, West Tamworth NSW 2340
www.tamworthw-p.schools.nsw.edu.au

Westdale Public School

Gunnedah Road, Westdale NSW 2340
www.westdale-p.schools.nsw.edu.au

St Edward's Primary School

Hillvue Road, Tamworth NSW 2340
www.stewardstamworth.nsw.edu.au

St Joseph's Primary School

Bridge Street, Tamworth NSW 2340
Phone (02) 6765 4079
St Joseph's is a small K-6 school located in West Tamworth.

St Nicholas Primary School

143-149 Carthage Street, Tamworth NSW 2340
www.schoolstnicholas.org.au

Calrossy Anglican School

William Cowper Campus
242 Moore Creek Road, Tamworth NSW 2340
admin@williamcowper.nsw.edu.au

Carinya Christian School

25 Boronia Drive, Tamworth NSW 2340

www.carinya.nsw.edu.au

Secondary Schools

Farrer Memorial Agricultural High School (Boys only)

585 Calala Lane, Calala via Tamworth NSW 2340

www.farreragri-h.schools.nsw.edu.au

Oxley High School

Piper Street, Tamworth North NSW 2340

Phone (02) 6766 1677

www.oxley-h.scholls.nsw.edu.au

Peel High School

88 Gunnedah Road, Tamworth NSW 2340

www.peel-h.schools.nsw.edu.au

Tamworth High School

Willis Street, Tamworth NSW 2340

www.tamworth-h.schools.nsw.edu.au

McCarthy Catholic College

Tribe Street, Tamworth NSW 2340

www.mccarthy.nsw.edu.au

Calrossy Secondary Day & Boarding Campus for Girls

140 Brisbane Street, Tamworth NSW 2340

www.calrossy.nsw.edu.au

Calrossy Anglican School

William Cowper Campus

242 Moore Creek Road, Tamworth NSW 2340

Phone (02) 6761 000

admin@williamcowper.nsw.edu.au

Carinya Christian School

25 Boronia Drive, Tamworth NSW 2340

Phone 6762 0970

www.carinya.nsw.edu.au

Tamworth – Things To See And Do

The Tamworth area is known as Big Sky country with its wide open spaces and steep slopes coming off the New England Ranges of the Great Dividing Range, ranging to the fertile floodplains of the Peel and Cockburn Rivers. Indoors Tamworth offers cultural activities with art galleries, a Conservatorium of Music, museums and libraries

Families can keep the kids entertained with playgrounds, parks, indoor play centres, cinemas, skate and bike parks, swimming pools and ten pin bowling. Tamworth Regional Botanic Gardens adjacent to Endeavour Marsupial Park and Bird Aviary, and Tamworth miniature railway provides active entertainment for the family or stretch your legs on the Kamilaroi Walking Trail designed to offer a range of different walks over varying terrain and lengths.



The museums and heritage venues including Calala Cottage, the Powerstation Museum, Powerhouse Motorcycle Museum, Australian Country Music Foundation Museum, Gallery of Stars Wax Museum and Walk a Country exhibit.

Tamworth Regional Entertainment Centre

Tamworth has positioned itself as a major events destination. The Tamworth Regional Entertainment Centre is the largest of its kind in regional Australia, the impressive Australian Equine and Livestock Centre and a new performing arts centre in the CBD (due for completion in 2008).

Tamworth Regional Gallery

The Tamworth Regional Gallery has a year round program of local and national touring exhibitions, Weswal Gallery offers art, giftware and café, the Gamilarart Co-operative has a gallery that displays local and contemporary indigenous art, and the Tamworth Regional Craft Centre displays various creative arts from quilting, painting, woodturning through to bonsai. The Tamworth Regional Conservatorium of Music is the training ground for budding musicians from throughout the district. The conservatorium, Tamworth Arts Council, Tamworth Musical Society and other organisations ensure a vibrant year-round performing arts program.

Suggested Day Trips In The Surrounding Areas

Nundle is located 45 minutes east of Tamworth. The drive will take you past rich farming lands, picturesque picnic spots and some of the best fishing in NSW. Nundle, Woolomin and Hanging Rock are true country, visit Chaffey Dam outside Woolomin, and head to Nundle for a visit to one of the oldest working woollen mills and onto Hanging Rock.



Bendemeer is situated 42Km to the north of Tamworth at the junction of the New England and Oxley Highways and hugs the banks of the trout-infested McDonald River in the Moombi Ranges. Bendemeer is a convenient stop-over on the inland journey from Sydney to Brisbane. The Bendemeer area is also famed for its fine wool, fat lambs and prime beef. Swimming holes on the McDonald provide refreshing relief from the summer heat.

Manilla is an historic country town at the junction of the Manilla and Namoi rivers. It is situated 44 km north of Tamworth on the Fossickers Way and 456 km north of Sydney. Manilla has a population of 2110 people and is 363 m above sea-level on the North-West Slopes of NSW. It lies between two magnificent lakes – Lake Keepit to the southwest and Split Rock Dam to the north.

Barraba, 90 km north of Tamworth, in Northern NSW along the Fossickers Way is situated on the Manilla River, in the heart of the Nandewar Ranges. The 1510 metre high Extinct Volcano, Mount Kaputar lies to the west, the Geological and Fossicking area of the Peel Fault to the east. For information on Tamworth you can visit the Tamworth Shire Council website at <http://www.tamworth.nsw.gov.au>

Welcome to Tamworth

Restaurants

There are more than 50 restaurants, cafes and eating experiences waiting for you in Tamworth. You may be surprised to learn that Tamworth is home to a three-star Michelin Chef and a Culinary Olympics winning Chef. From five-star, award winning fine-dining to outdoor cafes and steakhouses... there is more than enough places to satisfy any hunger. International food on offer includes 10 Asian restaurants, 2 Indian restaurants, 2 Italian restaurants and a Mexican restaurant. Blends of tasty local produce teamed with true-country hospitality over an array of alfresco dining cafes and restaurants will leave you satisfied and surprised.

For a full listing of restaurants available at www.visittamworth.com/pages/cafes-restaurants/

Markets

Tamworth Monthly Markets	Showground, Tamworth	2nd Sunday of every month
Peel St Cottage Craft Fair & Regional Produce Markets	Peel St, Tamworth	3rd Sunday of every month
North West Regional Farm and Lifestyle market	Salvation Army Hall, Goonoo Goonoo Rd, Tamworth.	4 th Saturday of every month

Health And Fitness

Gymnasiums

Beach House Tamworth 9 B-C
Tamworth Home Space
425 Goonoo Goonoo Road
Tamworth
Ph: (02) 6762 7311

Club Synergy
106 Kable Avenue
Tamworth
Ph: (02) 6766 8388

Belmore Street
Tamworth
Ph: (02) 6762 3639
www.clubsynergy.com.au

Fitness Plus
172 Peel Street
Tamworth
Ph: (02) 6766 4665

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Swimming Pools

Tamworth War Memorial Swimming Pool
Cnr Kent & Belmore Street
South Tamworth
Ph: (02) 6765 7307

Tamworth Olympic Swimming Pool
Cnr Bridge St & Kable Avenue
Tamworth
Ph: (02) 6766 2808

Sporting Clubs

The Tamworth region boasts a full range of **premier sporting facilities** including water based hockey fields, a first class shooting facility, a national standard BMX track, international standard softball and baseball fields and acres of first class ovals. In all, there are over 60 facilities covering more than 300 hectares. Tamworth is home to over 180 sporting organisations that cater for all ages and abilities. All of these organisations are proactive and welcome new members at any time.

A full listing of sporting clubs is available at:

www.tamworth.nsw.gov.au/asp/index.asp?pgid=9289&cid=24530&id=6560

Places Of Worship

Anglican Church of Aust

Church St, Tamworth Ph: (02) 6765 8227
Carthage St, Tamworth Ph: (02) 6766 2170
44 Yarmouth Pde, Tamworth Ph: (02) 6761 7271
34 Vera St, Tamworth Ph: (02) 67659304

Australian Christian Churches

29-39 Warral Rd, Tamworth NSW 2340 Ph: (02) 6762 1929
Cnr Anne & Kathleen Sts, Tamworth South Ph: (02) 6765 6694

Baptist Church

Cnr Hillvue & Werris Creek Rd, Tamworth Ph: (02) 6762 0968

Catholic Church

Mauris St, Tamworth Ph: (02) 6766 2228
Crown St, Tamworth Ph: (02) 6765 8211
Hillvue Rd, Tamworth Ph: (02)

Christian Outreach Centre

150 Marius St, Tamworth Ph: (02) 6766 4995

Church of Jesus Christ of Latter Day Saints

463 Peel St, Tamworth Ph: (02) 6766 8064
Ridge St, Tamworth Ph: (02) 6762 2215
6 King St, Tamworth Ph: (02) 6765 4951

Churches of Christ

8 Ernest St, Tamworth Ph: (02) 6761 8944
93 Robert St, Tamworth Ph: (02) 6765 6758

Jehovah's Witnesses

Kingdom Hall, 349 Goonoo Goonoo Rd, Tamworth Ph: (02) 6765 9803

Liberty Church

501c New England Hwy, Tamworth South Ph: (02) 6762 2322

Lutheran Church

5 Nurraba St, Tamworth Ph: (02) 6766 3897

Presbyterian Church

136 Fitzroy St, Tamworth Ph: (02) 6766 9467
23 Mathew St, Tamworth Ph: (02) 6765 8754

Seventh Day Adventist Church

RMB 2018 Tamworth Ph: (02) 6760 8444

Tamworth Baha'i Community

133 Piper St, Tamworth Ph: (02) 6766 5055

Tamworth Reformed Church

14 Gidgee St, Tamworth Ph: (02) 6765 6825

Welcome to Tamworth

Trinity Church

9 Myrene Ave, Tamworth Ph: (02) 6765 4074

Uniting Church in Australia

144 Marius St, Tamworth Ph: (02) 6766 5311

176 Brisbane St, Tamworth Ph: (02) 6766 9353

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