

# The Manning Valley

*Where career and lifestyle meet*

**Manning Valley and the Great Lakes region – enter a natural paradise where summertime surfing, crystal clear rockpools and serene tidal lakes abound...**

The Great Lakes is New South Wales' water playground with its 145 kilometres of stunning coastline and glittering mosaic of inland waterways based around the impressive Wallis, Smiths and Myall lakes networks.



Taree is the major service centre of the Manning Valley. Located on the Manning River Taree and its surrounds feature beautiful riverside parks which are ideal for enjoying a picnic, feeding the seagulls and pelicans or simply sitting and enjoying the tranquil views across the river. Those wanting to enjoy boating or fishing are accommodated by easy access to the Manning River and its many tributaries. A large part of the Manning River is also a declared recreational fishing haven.



Wingham is a heritage town clearly evident with its many National trust listed Federation and Victorian buildings that surround the town green. Close to the town centre is the Wingham Brush Nature Reserve. This rainforest remnant is part of the last remaining 10 hectares of floodplain rainforest in NSW. Giant Moreton Bay figs dominate the Brush along with one of the

largest permanent populations of grey headed flying foxes in NSW, birds and native marsupials.



Great Lakes' paradise stretches north from Tea Gardens and Hawks Nest on Port Stephens, to the tidal lakes and white sand beaches of Forster and Tuncurry. Verdant farmland, country villages and native forests enhance the Great Lakes' 145 kilometres of shoreline, while the elegant town of Stroud conserves a convict-built townscape.

Nearby Crowdy Head is certainly the jewel in the Manning Valley Crown. Crowdy Head is a quaint fishing village located just 7km from Harrington. The lighthouse perched high on the headland provides stunning views of the surrounding areas. The local cuisine is a seafood lover's delight with the fresh catch of the day a tempting treat.

#### Useful websites to visit:

- [www.greatlakes.local-e.nsw.gov.au](http://www.greatlakes.local-e.nsw.gov.au)
- [www.greatlakes.org.au](http://www.greatlakes.org.au)
- [www.manningvalley.info](http://www.manningvalley.info)
- [www.hnehealth.nsw.gov.au](http://www.hnehealth.nsw.gov.au)

