

# Psychologist

## What does a Psychologist Do?

Psychology is the study of human behaviour and its relationship to society and the environment

## What do I study to become a Psychologist?

- Bachelor of Science (Psychology Major) or Bachelor of Arts (Psychology Major) – University of Newcastle, University of New South Wales & University of Wollongong
- Bachelor of Psychology – University of Sydney
- Bachelor of Psychology – Charles Sturt University – Bathurst
- Bachelor of Psychology – Southern Cross University
- Bachelor of Psychology – University of Newcastle
- Bachelor of Psychology – University of Wollongong
- Bachelor of Psychology – University of Sydney
- Bachelor of Psychology – Central Queensland University
- Bachelor of Psychology – Griffith University
- Bachelor of Psychology – James Cook University – Cairns & Townsville
- Bachelor of Science (Psychology) – Australian National University, University of Canberra
- Bachelor of Psychology (with Honours) – Monash University – Victoria
- Bachelor of Behavioral Science (Psychology) – Flinders University – South Australia

## A day in the life of a Rural Psychologist

- Face to face contact with clients
- Some Psychologists may work in specialist areas, e.g. adolescent psychology or rehabilitation
- Assessment of clients which may include psychometric testing
- Various therapies eg. Gestalt, Family Therapy, Couple Therapy, Brief Therapy
- Educational programs eg. Parenting Skills, Time Management and Stress Reduction
- Supervision requirements
- Case conferences
- Meetings with other counselling professionals
- Peer support
- Home and hospital visits

## What sort of person should I be

- Highly motivated
- Able to work independently
- Good listener and communicator
- High academic standards
- Good oral and written communication skills
- Determined to complete long term study

## Career opportunities

- Public Health
- Private practice
- Research
- Department of Community Services
- Corrective Services
- Education
- Employment & Industrial Relations
- Armed Services
- Private Enterprise such as consultancy firms