

Physiotherapist

What does a Physiotherapist Do?

Physiotherapists are trained to assess the underlying causes of joint, muscle and nerve injuries and to provide effective treatment. They use a wide range of drug free techniques to relieve pain, restore movement and prevent further problems

What do I study to become a Physiotherapist?

- Bachelor of Applied Science (Physiotherapy) – University of Sydney
- Bachelor of Physiotherapy – Charles Sturt University – Albury
- Bachelor of Physiotherapy – University of Newcastle.
- Bachelor of Physiotherapy – University of Queensland
- Bachelor of Physio/ Bachelor of Exercise Science – Griffith University – Gold Coast
- Bachelor of Physiotherapy – James Cook University - Queensland
- Bachelor of Physiotherapy – University of Melbourne
- Bachelor of Physiotherapy – Monash University, Victoria
- Bachelor of Health Sciences and Master of Physiotherapy Practice – La Trobe University – Victoria
- Bachelor of Physiotherapy – Notre Dame University
- Bachelor of Physiotherapy – University of South Australia

A day in the life of a Rural Physiotherapist

- Work with children, athletes, stroke victims, and elderly patients
- Provide chest physiotherapy to a patient in intensive care
- Perform cardiac rehabilitation
- Treat patients following orthopaedic surgery, for example, hip replacements and amputations
- Provide pre-natal and anti-natal education for women
- Education hospital staff about correct lifting technique
- Assess peoples mobility
- Apply plaster casts to immobilise a fracture
- Use hydrotherapy rehabilitation
- Train stroke patients to learn to sit, stand and walk again
- Provide head injury rehabilitation

Career opportunities

- Community health centres, public and private hospitals
- Private Physiotherapy practice
- Commonwealth Rehabilitation Service
- Department of Community Services
- Nursing Homes
- Sport Institutions
- Research
- Health Service Management

What sort of person should I be?

- Highly motivated
- Well organised
- Physically fit
- Able to achieve high academic standards
- Flexible to an ever changing work load
- Someone with excellent communication and teaching skills