

## Diversional Therapist

### What Does a Diversional Therapist Do?

Diversional Therapists provide recreational and leisure services for individuals in health care and in the community, to encourage them to take part in activities, assist in their social development, and promote a sense of well-being<sup>2</sup>

### What do I study to become a Diversional Therapist?

- Bachelor of Applied Science (Therapeutic Recreation) – University of Western Sydney – Penrith
- Bachelor of Health Science (Leisure and Health), Distance Education – Charles Sturt University, Albury
- [AustralisCollege](#) offers a range of courses related to Diversional Therapy

### A day in the life of a Rural Diversional Therapist

- Assist clients in identifying their preferred recreational activities
- Encourage and support clients to take part in activities suited to their particular needs and interests
- Provide information on available resources within the local community and from associated agencies.
- Perform administrative duties
- Arrange for the purchase of leisure and recreational supplies and equipment
- Organise leisure and recreational events
- Train and supervise volunteers
- Encourage interaction between clients and the community

### Career Opportunities

- Nursing homes
- Hostels
- Aged care facilities
- Private and public hospitals
- Allied health centres
- Retirement villages
- Rehabilitation departments
- Private and public agencies, example, Royal Society for the Blind, Red Cross

### What sort of person should I be?

- Interested in helping and interacting with people
- Interested in leisure as a way of promoting well being
- Sensitive to the needs of a wide range of individuals
- Able to work as part of a team
- Able to co-ordinate and lead group activities

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<sup>2</sup> AHPRA Website